

University of
Lethbridge



Program Planning Guide

Name: _____

ID: _____

Calendar Year: 2022/2023

Major in Addictions Counselling:

www.ulethbridge.ca/healthsciences/addictions

Academic Calendar:

www.ulethbridge.ca/ross/academic-calendar

High School Admission Requirements:

www.ulethbridge.ca/ross/admissions/undergrad/high-school

Current and Past Program Planning Guides:

www.ulethbridge.ca/ross/ppgs

Faculty of Health Sciences Advising:

www.ulethbridge.ca/healthsciences/advising

Bachelor of Health Sciences
Addictions Counselling

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and academic regulations.

Contact an Academic Advisor (www.ulethbridge.ca/ross/academic-advising) for advising information.

Name : _____

ID : _____

Program Requirements

Completion of at least 40 courses (120.0 credit hours) with a GPA of at least 2.00 on courses taken for credit towards the degree, AND a minimum cumulative GPA of 2.50 on all Aboriginal Health, Addictions Counselling, Health Sciences, and Public Health courses taken for credit towards the degree.

Major Requirements

- _____ ADCS 1000 - Introduction to Addiction Studies
- _____ ADCS 1020 - Introduction to the Counselling Interview
- _____ ADCS 1220 - Counselling I (Individual Counselling)
- _____ ADCS 2120 - Counselling II (Group Counselling)
- _____ ADCS 2140 - Drugs of Abuse
- _____ ADCS 2235 - Indigenous Perspectives on Counselling and Wellness
- _____ ADCS 2245 - Assessment of Addictions
- _____ ADCS 2275 - Trauma in Addictions Counselling
- _____ ADCS 3002 - Health Education and Promotion
- _____ ADCS 3050 - Internship in Addictions Counselling I (15.0 credit hours)
- _____ ADCS 3120 - Counselling III (Family Counselling)
- _____ ADCS 3130 - Diversity and Counselling
- _____ ADCS 3140 - Behavioural Pharmacology
- _____ ADCS 3240 - Concurrent Disorders
- _____ ADCS 3260 - Research in Addictions
- _____ ADCS 3420 - Ethics in Addictions Counselling
- _____ ADCS 4050 - Internship in Addictions Counselling II (15.0 credit hours)
- _____ ADCS 4200 - Community Development and Outreach
- _____ ABHL 1000 - Introduction to Aboriginal Health
- _____ HLSC 3150 - Abnormal Psychology
- _____ HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ LBED 1000 - Knowledge and Liberal Education

One of:

- _____ PSYC 1010 - Introduction to Psychology A: Evolution, Mechanisms, and Cognition/Perception
- _____ * PSYC 1020 - Introduction to Psychology B: Developmental, Sociocultural, and Abnormal

**Students who select Psychology 1020 must complete a course from List III: Science Courses (p. 84) as the Open Elective*

Notes

Due to the structured nature of the B.H.Sc. program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.

Electives

Courses with a subject code of ABHL, ACCT, ADCS, AGEM, EDUC, FINC, HLSC, HRLR, IGBM, IMGT, MGT, MKTG, NURS, PUBH, or TREC may not be used to fulfill the Fine Arts and Humanities Electives, Social Science Elective, or Science Electives in the Addictions Counselling major.

- _____ One 3000 or 4000-level Addictions Counselling elective
 - 1. _____
- _____ Four Fine Arts and Humanities electives
 - 1. _____
 - 2. _____
 - 3. _____
 - 4. _____
- _____ One Social Science elective
 - 1. _____
- _____ Two Science electives
 - 1. _____
 - 2. _____
- _____ One Open elective
 - 1. _____

Sample Sequencing Plan

| | |
|-----------------------------------|-----------------------------------|
| Year 1, Fall | Year 1, Spring |
| ABHL 1000 | ADCS 1220 |
| ADCS 1000 | ADCS 2235 |
| ADCS 1020 | ADCS 3002 |
| LBED 1000 | Fine Arts and Humanities elective |
| PSYC 1010 or PSYC 1020 | Science elective |
| Year 2, Fall | Year 2, Spring |
| ADCS 2120 | ADCS 2245 |
| ADCS 3420 | ADCS 3240 |
| ADCS 2140 | HLSC 3450/PSYC 3450 |
| Fine Arts and Humanities elective | 3000/4000-level ADCS Elective |
| Fine Arts and Humanities elective | Open Elective |
| Year 3, Fall | Year 3, Spring |
| ADCS 3130 | ADCS 2275 |
| ADCS 3140 | ADCS 3120 |
| HLSC 3150 | ADCS 4200 |
| ADCS 3260 | Social Science elective |
| Science elective | Fine Arts and Humanities elective |
| Year 4, Fall | Year 4, Spring |
| ADCS 3050 (15.0 credit hours) | ADCS 4050 (15.0 credit hours) |

