

University of  
Lethbridge



## Program Planning Guide

**Calendar Year:** 2020/2021

**Name:** \_\_\_\_\_

**ID:** \_\_\_\_\_

**Bachelor of Therapeutic Recreation**

**Academic Calendar:**

[www.uleth.ca/ross/academic-calendar](http://www.uleth.ca/ross/academic-calendar)

**Current and Past Program Planning Guides:**

[www.uleth.ca/ross/ppgs](http://www.uleth.ca/ross/ppgs)

**Faculty of Health Sciences Advising:**

[www.uleth.ca/healthsciences/advising](http://www.uleth.ca/healthsciences/advising)

[health.sciences@uleth.ca](mailto:health.sciences@uleth.ca)

403-329-2699

M3083

This Program Planning Guide is designed to help you plan your Bachelor of Therapeutic Recreation program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Bachelor of Therapeutic Recreation program.

**Name :** \_\_\_\_\_

**ID :** \_\_\_\_\_

**Bachelor of Therapeutic Recreation**

Completion of the equivalent of 20 courses (60.0 credit hours) with a grade point average of at least 2.50 in all Therapeutic Recreation courses.

**Course Requirements**

- \_\_\_\_\_ Health Sciences 1060 - Human Anatomy and Physiology
- \_\_\_\_\_ Health Sciences 1170 - Human Development Across the Lifespan
- \_\_\_\_\_ Health Sciences 3150 - Abnormal Psychology
- \_\_\_\_\_ Therapeutic Recreation 3000 - Foundations of Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 3100 - Program Planning in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 3200 - Introduction to Recreation and Leisure: Across the Life Course
- \_\_\_\_\_ Therapeutic Recreation 3300 - Processes and Techniques in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 3400 - Facilitation of Therapeutic Recreation Interventions
- \_\_\_\_\_ Therapeutic Recreation 3500 - Therapeutic Recreation for Special Populations
- \_\_\_\_\_ Therapeutic Recreation 4000 - Issues and Trends in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 4100 - Research Design in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 4200 - Administration in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 4550 - Practicum in Therapeutic Recreation (15.0 credit hours)
- \_\_\_\_\_ ABHL/ADCS/HLSC/PUBH/TREC Elective: \_\_\_\_\_
- \_\_\_\_\_ ABHL/ADCS/HLSC/PUBH/TREC Elective: \_\_\_\_\_

**One of:**

- \_\_\_\_\_ Aboriginal Health 3300 - Traditional Aboriginal Health Concepts
- \_\_\_\_\_ Health Sciences 2450/History 2450 - Evolution of Health and Illness Care
- \_\_\_\_\_ Health Sciences 4500/Fine Arts 4500 - Global Health, Fine Arts, and Social Change
- \_\_\_\_\_ Health Sciences 3560/History 3560 - History of Nursing: Women and the Care of the Sick
- \_\_\_\_\_ Kinesiology 2130 - Humanities Perspectives
- \_\_\_\_\_ Philosophy 2001 - Introduction to Ethics

**Sample Sequencing Plan**

**Year 1, Fall**

- Health Sciences 1170
- Health Sciences 3150
- Therapeutic Recreation 3000
- Therapeutic Recreation 3100
- Therapeutic Recreation 3200

**Year 2, Fall**

- Therapeutic Recreation 3400
- Therapeutic Recreation 4000
- Therapeutic Recreation 4200
- ABHL/ADCS/HLSC/PUBH/TREC elective
- "One of" List course

**Year 1, Spring**

- Health Sciences 1060
- Therapeutic Recreation 3300
- Therapeutic Recreation 3500
- Therapeutic Recreation 4100
- ABHL/ADCS/HLSC/PUBH/TREC elective

**Year 2, Spring**

- Therapeutic Recreation 4550 (15.0 credit hours)

**Sample Sequencing Plan for Online Students**

**Year 1, Fall**

- Health Sciences 3150
- Therapeutic Recreation 3000
- Therapeutic Recreation 3200

**Year 1, Summer**

- Therapeutic Recreation 3400\*

**Year 2, Fall**

- Therapeutic Recreation 4000
- Therapeutic Recreation 4200
- Health Sciences 2450/History 2450

**Year 3, Fall**

- Therapeutic Recreation 4550 (15.0 credit hours)

**Year 1, Spring**

- Health Sciences 1060
- Therapeutic Recreation 3100\*
- Therapeutic Recreation 3300
- Therapeutic Recreation 3500

**Year 2, Spring**

- Health Sciences 1170
- Health Sciences 3570/Psychology 3570
- Health Sciences 3800
- Therapeutic Recreation 4100

\* Summer course is blended.

**Notes**

Due to the structured nature of the B.T.R. program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.

