

University of  
Lethbridge



NESA



NURSING EDUCATION  
IN SOUTHWESTERN ALBERTA

BN PROGRAMS

## Program Planning Guide

**Calendar Year:** 2020/2021

**Name:** \_\_\_\_\_

**ID:** \_\_\_\_\_

**Bachelor of Nursing**

**Major in Nursing:**

[www.uleth.ca/healthsciences/bn](http://www.uleth.ca/healthsciences/bn)

**Academic Calendar:**

[www.uleth.ca/ross/academic-calendar](http://www.uleth.ca/ross/academic-calendar)

**High School Admission Requirements:**

[www.uleth.ca/ross/admissions/undergrad/high-school](http://www.uleth.ca/ross/admissions/undergrad/high-school)

**Faculty of Health Sciences Student Program Services:**

[www.uleth.ca/healthsciences/advising](http://www.uleth.ca/healthsciences/advising)  
[nursing@uleth.ca](mailto:nursing@uleth.ca)  
(403) 329-2220  
M3083

**Current and Past Program Planning Guides:**

[www.uleth.ca/ross/ppgs](http://www.uleth.ca/ross/ppgs)

This Program Planning Guide is designed to help you plan your Bachelor of Nursing program in the Faculty of Health Sciences at the University of Lethbridge and the Centre for Health, Justice and Human Services at Lethbridge College. The information should help you keep track of your progress.

Please remember that this is only a guide. It should be used in conjunction with the Lethbridge College and University of Lethbridge Calendars, which are the final authorities on all questions regarding program requirements and admission to the Bachelor of Nursing program.

Name : \_\_\_\_\_

ID : \_\_\_\_\_

## Bachelor of Nursing

### Major Requirements

#### Core Courses: Nursing

- \_\_\_\_\_ Nursing 1400 - Becoming a Nurse
- \_\_\_\_\_ Nursing 1410 - Personal Health and Wholeness
- \_\_\_\_\_ Nursing 1420 - Intersectionality and Health
- \_\_\_\_\_ Nursing 1500 - Caring Communication
- \_\_\_\_\_ Nursing 1521 - Assessing Health
- \_\_\_\_\_ Nursing 1522 - Introduction to Praxis
- \_\_\_\_\_ Nursing 2300 - Evidence and Praxis
- \_\_\_\_\_ Nursing 2321 - Health of Persons
- \_\_\_\_\_ Nursing 2322 - Praxis with Persons
- \_\_\_\_\_ Nursing 2421 - Health of Families
- \_\_\_\_\_ Nursing 2422 - Praxis with Families
- \_\_\_\_\_ Nursing 3021 - Community and Population Health
- \_\_\_\_\_ Nursing 3022 - Praxis in Health Promotion
- \_\_\_\_\_ Nursing 3100 - Leadership and Change
- \_\_\_\_\_ Nursing 3121 - Mental Health and Addiction
- \_\_\_\_\_ Nursing 3122 - Praxis in Mental Health
- \_\_\_\_\_ Nursing 3200 - Praxis and the Digital Age
- \_\_\_\_\_ Nursing 3300 - Nursing and Global Health
- \_\_\_\_\_ Nursing 3321 - Acute Health Disruptions
- \_\_\_\_\_ Nursing 3322 - Praxis in Acuity
- \_\_\_\_\_ Nursing 4922 - Professional Preceptorship (15.0 credit hours)

#### Core Courses: Non-Nursing

- \_\_\_\_\_ Biology 1160 - Anatomy and Physiology I (LC) or Kinesiology 1160 - Human Anatomy and Physiology I (UofL)
- \_\_\_\_\_ Biology 1161 - Anatomy and Physiology II (LC) or Kinesiology 1161 - Human Anatomy and Physiology II (UofL)
- \_\_\_\_\_ Biology 1155 - Human Nutrition (LC) or \*Biochemistry 2300 - Elements of Human Nutrition (UofL)
- \_\_\_\_\_ English 1150 - Composition (LC) or Writing 1000 - Introduction to Academic Writing (UofL)
- \_\_\_\_\_ Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice
- \_\_\_\_\_ Health Sciences 3560/History 3560 - History of Nursing: Women and the Care of the Sick
- \_\_\_\_\_ Humanities 1155 - Ethics (LC) or Philosophy 1xxx (UofL)

- \_\_\_\_\_ Indigenous Studies 1155 - Introduction to Indigenous Studies (LC) or Indigenous Studies 1000 - Introduction to Indigenous Studies (UofL)
- \_\_\_\_\_ Psychology 1160 - Introduction to Psychology (LC) or Psychology 1000 - Basic Concepts of Psychology (UofL)
- \_\_\_\_\_ Sociology 1160 - Introduction to Sociology (LC) or Sociology 1000 - Introduction to Sociology (UofL)

#### One of (UofL):

- \_\_\_\_\_ Aboriginal Health 1000 - Introduction to Aboriginal Health
- \_\_\_\_\_ Aboriginal Health 2000 - Indigenous Healing and Restoration
- \_\_\_\_\_ Aboriginal Health 3310 - Contemporary Issues in Aboriginal Health
- \_\_\_\_\_ Addictions Counselling 1000 - Introduction to Addiction Studies
- \_\_\_\_\_ Addictions Counselling 3002 - Health Education and Promotion
- \_\_\_\_\_ Health Sciences 1170 - Human Development Across the Lifespan
- \_\_\_\_\_ Health Sciences 2600/Women and Gender Studies 2100 - Women and Health
- \_\_\_\_\_ Health Sciences 2700/Sociology 2700 - Health and Society
- \_\_\_\_\_ Health Sciences 3002 - Health Promotion
- \_\_\_\_\_ Health Sciences 3125 - Pain Management
- \_\_\_\_\_ Health Sciences 3127 - Loss, Grief and Bereavement
- \_\_\_\_\_ Health Sciences 3570/Psychology 3570 - Contemporary Issues in Mental Health
- \_\_\_\_\_ Health Sciences 3802 - Gerontology
- \_\_\_\_\_ Health Sciences 3860 - Men's Health
- \_\_\_\_\_ Public Health 2000 - Population Health

#### Elective:

- \_\_\_\_\_ Social Science elective \_\_\_\_\_

### Notes

\* or Health Sciences 2310 - Human Nutrition

NESA BN Programs Handbook: [www.uleth.ca/healthsciences/handbook](http://www.uleth.ca/healthsciences/handbook)

NESA BN Policies & Guidelines: [www.uleth.ca/healthsciences/policies](http://www.uleth.ca/healthsciences/policies)

**Time Limits & Residence Requirement** - All degree requirements must be completed within seven years of the first Nursing course used for credit towards the degree. Students must complete all Year 3 and Year 4 courses at the University of Lethbridge (20 course equivalents [60 credit hours]). See Academic Regulations, Residence Requirements and Time Limits, p. 51 in the 2020/2021 Calendar.

**Minimum Grade Requirements** - A minimum grade of 'C-' is required in all Nursing courses, Biology 1160/Kinesiology 1160, and Biology 1161/Kinesiology 1161 (or equivalents). Any student who receives a grade of 'D+' or lower is required to repeat the course and achieve a grade of 'C-' or higher before being allowed to take further Nursing courses and proceed in the program.

**Note:** Due to the structured nature of the BN program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Advisor prior to declaring a minor.

**Sample Sequencing Plan**

Students **MUST** take nursing courses in the sequence indicated (see Faculty of Health Sciences, Nursing course sequence requirements, p. 172 in the 2020/2021 Calendar).

**Year 1, Fall (LC)**

Nursing 1400  
 Nursing 1410  
 Nursing 1420  
 Biology 1160/Kinesiology 1160  
 English 1150/Writing 1000  
 One of: Biology 1155/Biochemistry 2300  
           Indigenous Studies 1155/Indigenous Studies 1000

**Year 1, Winter (LC)**

Nursing 1500  
 Nursing 1521  
 Nursing 1522  
 Biology 1161/Kinesiology 1161  
 Psychology 1160/Psychology 1000  
 One of: Biology 1155/Biochemistry 2300  
           Indigenous Studies 1155/Indigenous Studies 1000

**Year 2, Fall or Winter (LC)**

Nursing 2300  
 Nursing 2321  
 Nursing 2322  
 One of: Humanities 1155/Philosophy 1xxx  
           Sociology 1160/Sociology 1000

**Year 2, Fall or Winter (LC)**

Nursing 2421  
 Nursing 2422  
 Social Science Elective  
 One of: Humanities 1155/Philosophy 1xxx  
           Sociology 1160/Sociology 1000

**Year 3, Fall (U of L)**

Nursing 3021 or Nursing 3121  
 Nursing 3022 or Nursing 3122  
 Nursing 3100 or Nursing 3200  
 Health Sciences 3450/Psychology 3450

**Year 3, Spring (U of L)**

Nursing 3021 or Nursing 3121 or Nursing 3321  
 Nursing 3022 or Nursing 3122 or Nursing 3322  
 Nursing 3100 or Nursing 3200 or Nursing 3300  
 "One of" Course

**Year 4, Fall (U of L)**

Nursing 3121 or Nursing 3321  
 Nursing 3122 or Nursing 3322  
 Nursing 3200 or Nursing 3300  
 Health Sciences 3560/History 3560

**Year 4, Spring (U of L)**

Nursing 4922

**Accelerated (Fast-Track) Course Sequencing for Years 3 & 4**

**Year 3, Fall (U of L)**

Nursing 3021 or Nursing 3121  
 Nursing 3022 or Nursing 3122  
 Nursing 3100 or Nursing 3200  
 Health Sciences 3450/Psychology 3450  
 Health Sciences 3560/History 3560

**Year 3, Spring (U of L)**

Nursing 3021 or Nursing 3121  
 Nursing 3022 or Nursing 3122  
 Nursing 3100 or Nursing 3200  
 "One of" Course

**Year 4, Summer (U of L)**

Nursing 3300  
 Nursing 3321  
 Nursing 3322

**Year 4, Fall (U of L)**

Nursing 4922



**[www.ulethbridge.ca](http://www.ulethbridge.ca)**

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