

University of
Lethbridge



Program Planning Guide

Calendar Year: 2020/2021

Name: _____

ID: _____

Bachelor of Health Sciences
Addictions Counselling

Major in Addictions Counselling:

www.uleth.ca/healthsciences/addictions

Academic Calendar:

www.uleth.ca/ross/academic-calendar

High School Admission Requirements:

www.uleth.ca/ross/admissions/undergrad/high-school

Faculty of Health Sciences Advising:

www.uleth.ca/healthsciences/advising
health.sciences@uleth.ca
403-329-2699
M3083

Current and Past Program Planning Guides:

www.uleth.ca/ross/ppgs

This Program Planning Guide is designed to help you plan your Bachelor of Health Sciences program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Addictions Counselling major in the Bachelor of Health Sciences program.

Name : _____

ID : _____

B.H.Sc. Addictions Counselling

Major Requirements

- _____ ADCS 1000 - Introduction to Addiction Studies
- _____ ADCS 1020 - Introduction to the Counselling Interview
- _____ ADCS 1220 - Counselling I (Individual Counselling)
- _____ ADCS 2120 - Counselling II (Group Counselling)
- _____ ADCS 2140 - Drugs of Abuse
- _____ ADCS 2235 - First Nations Counselling
- _____ ADCS 2245 - Assessment of Addictions
- _____ ADCS 3002 - Health Education and Promotion
- _____ ADCS 3050 - Internship in Addictions Counselling I (15.0 credits hours)
- _____ ADCS 3120 - Counselling III (Family Counselling)
- _____ ADCS 3130 - Diversity and Counselling
- _____ ADCS 3140 - Behavioural Pharmacology
- _____ ADCS 3150 - Adult Psychopathology
- _____ ADCS 3240 - Concurrent Disorders
- _____ ADCS 3260 - Research in Addictions
- _____ ADCS 3420 - Ethics in Addictions Counselling
- _____ ADCS 3729 - Studies in Specific Addictive Disorders (Series)*
- _____ ADCS 3739 - Addictions in Particular Populations (Series)**
- _____ ADCS 4050 - Internship in Addictions Counselling II (15.0 credit hours)
- _____ ADCS 4200 - Community Development and Outreach
- _____ ABHL 1000 - Introduction to Aboriginal Health
- _____ HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ LBED 1000 - Knowledge and Liberal Education
- _____ PSYC 1000 - Basic Concepts of Psychology

Electives

Courses with a subject code of ABHL, ADCS, EDUC, HLSC, MGT, NURS, PUBH, or TREC may not be used to fulfill the Fine Arts and Humanities Electives, Social Science Elective, or Science Electives in the Addictions Counselling major.

- _____ Fine Arts and Humanities Elective: _____
- _____ Fine Arts and Humanities Elective: _____
- _____ Fine Arts and Humanities Elective: _____
- _____ Fine Arts and Humanities Elective: _____
- _____ Social Science Elective: _____
- _____ Science Elective: _____
- _____ Science Elective: _____
- _____ Open Elective: _____

Sample Sequencing Plan

Year 1, Fall	Year 1, Spring
ABHL 1000	ADCS 1220
ADCS 1000	ADCS 2235
ADCS 1020	ADCS 3002
LBED 1000	Fine Arts and Humanities elective
PSYC 1000	Science elective
Year 2, Fall	Year 2, Spring
ADCS 2120	ADCS 2245
ADCS 3420	ADCS 3240
ADCS 2140	ADCS 3850
Fine Arts and Humanities elective	HLSC 3450/PSYC 3450
Fine Arts and Humanities elective	Open Elective
Year 3, Fall	Year 3, Spring
ADCS 3130	ADCS 2275
ADCS 3140	ADCS 3120
ADCS 3150	ADCS 4200
ADCS 3260	Social Science elective
Science elective	Fine Arts and Humanities elective
Year 4, Fall	Year 4, Spring
ADCS 3050	ADCS 4050

Notes

* ADCS 3729 will not be offered beyond Spring 2020. Students must take ADCS 3850 instead.

** ADCS 3739 will not be offered beyond Spring 2020. Students must take ADCS 2275 instead.

Due to the structured nature of the B.H.Sc. program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.

