

University of
Lethbridge



Program Planning Guide

Calendar Year: 2019/2020

Name: _____

ID: _____

Bachelor of Therapeutic Recreation

Academic Calendar:

www.uleth.ca/ross/academic-calendar

Current and Past Program Planning Guides:

www.uleth.ca/ross/ppgs

Faculty of Health Sciences Advising:

www.uleth.ca/healthsciences/advising
health.sciences@uleth.ca
403-329-2649
M3083

This Program Planning Guide is designed to help you plan your Bachelor of Therapeutic Recreation program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Bachelor of Therapeutic Recreation program.

Name : _____

ID : _____

Bachelor of Therapeutic Recreation

Completion of the equivalent of 20 courses (60.0 credit hours) with a grade point average of at least 2.50 in all Therapeutic Recreation courses.

Course Requirements

- _____ Health Sciences 1060 - Human Anatomy and Physiology
- _____ Health Sciences 1170 - Human Development Across the Lifespan
- _____ Health Sciences 3150 - Abnormal Psychology
- _____ Therapeutic Recreation 3000 - Foundations of Therapeutic Recreation
- _____ Therapeutic Recreation 3100 - Program Planning in Therapeutic Recreation
- _____ Therapeutic Recreation 3200 - Introduction to Recreation and Leisure: Across the Life Course
- _____ Therapeutic Recreation 3300 - Processes and Techniques in Therapeutic Recreation
- _____ Therapeutic Recreation 3400 - Facilitation of Therapeutic Recreation Interventions
- _____ Therapeutic Recreation 3500 - Therapeutic Recreation for Special Populations
- _____ Therapeutic Recreation 4000 - Issues and Trends in Therapeutic Recreation
- _____ Therapeutic Recreation 4100 - Research Design in Therapeutic Recreation
- _____ Therapeutic Recreation 4200 - Administration in Therapeutic Recreation
- _____ Therapeutic Recreation 4550 - Practicum in Therapeutic Recreation (15.0 credit hours)

One of:

- _____ Health Sciences 2450/History 2450 - Evolution of Health and Illness Care
- _____ Health Sciences 4500/Fine Arts 4500 - Global Health, Fine Arts, and Social Change
- _____ Health Sciences 3560/History 3560 - History of Nursing: Women and the Care of the Sick
- _____ Kinesiology 2130 - Humanities Perspectives
- _____ Philosophy 2001 - Introduction to Ethics

Two of:

- _____ Health Sciences 2600/Women and Gender Studies 2100 - Women and Health
- _____ Health Sciences 2700/Sociology 2700 - Health and Society
- _____ Health Sciences 3500/Management 3825 - Information in Health Care
- _____ Health Sciences 3510 - Program Planning and Evaluation
- _____ Health Sciences 3570/Psychology 3570 - Contemporary Issues in Mental Health
- _____ Health Sciences 3750 - Addictions and Youth
- _____ Health Sciences 3800 - Teaching and Learning for Health Professions
- _____ Health Sciences 3860 - Men's Health
- _____ Kinesiology 2140 - Psychological Perspectives
- _____ Kinesiology 2150 - Sociological Perspectives

Sample Sequencing Plan

Year 1, Fall

Health Sciences 1170
Health Sciences 3150
Therapeutic Recreation 3000
Therapeutic Recreation 3100
Therapeutic Recreation 3200

Year 2, Fall

Therapeutic Recreation 3400
Therapeutic Recreation 4000
Therapeutic Recreation 4200
"Two of" List course
"One of" List course

Year 1, Spring

Health Sciences 1060
Therapeutic Recreation 3300
Therapeutic Recreation 3500
Therapeutic Recreation 4100
"Two of" List course

Year 2, Spring

Therapeutic Recreation 4550 (15.0 credit hours)

Sample Sequencing Plan for Online Students

Year 1, Fall

Health Sciences 3150
Therapeutic Recreation 3000
Therapeutic Recreation 3200

Year 1, Summer

Therapeutic Recreation 3100*
Therapeutic Recreation 3400*

Year 2, Fall

Therapeutic Recreation 4000
Therapeutic Recreation 4200
Health Sciences 2450/History 2450

Year 3, Fall

Therapeutic Recreation 4550 (15.0 credit hours)

Year 1, Spring

Health Sciences 1060
Therapeutic Recreation 3300
Therapeutic Recreation 3500

Year 2, Spring

Health Sciences 1170
Health Sciences 3570/Psychology 3570
Health Sciences 3800
Therapeutic Recreation 4100

* Summer courses are blended.

