

University of
Lethbridge



Program Planning Guide

Program: Bachelor of Science/Bachelor of Education (B.Sc./B.Ed.)

Major (Arts and Science): Kinesiology

Major (Education): Physical Education

Calendar Year: 2015/2016

Name: _____

ID: _____

Major in Kinesiology:

www.uleth.ca/artsci/kinesiology

Academic Calendar:

www.uleth.ca/ross/academic-calendar

High School Prerequisites by Course:

www.uleth.ca/ross/hs_prereqs/course

Faculty of Education Admission Requirements:

www.uleth.ca/education/programs-degrees/undergraduate-studies/admission

Current and Past Program Planning Guides:

www.uleth.ca/ross/ppgs

Faculty of Arts and Science Student Program Services:

www.uleth.ca/artsci/advising
artsci.advising@uleth.ca
(403) 329-5106
SU060

Faculty of Education Student Program Services:

www.uleth.ca/education/student-advising
edu.sps@uleth.ca
(403) 329-2254
TH421

Kinesiology/Physical Education

Bachelor of Science/Bachelor of Education

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and academic regulations. Contact an Academic Advisor in the Faculty of Arts and Science or Faculty of Education for advising information.

Name : _____

ID : _____

B.Sc./B.Ed. (Kinesiology/Physical Education)

Completion of at least 30 courses (90.0 credit hours) from disciplines offered by the Faculty of Arts and Science or Faculty of Fine Arts with a grade point average of at least 2.00.

Completion of the equivalent of 20 courses (60.0 credit hours) in Education with a program grade point average of at least 2.50 in Education courses and the appropriate major.

Major Requirements (16 courses)

- _____ 1. Biology 1010 - Cellular Basis of Life
- _____ 2. Chemistry 1110 - Chemistry for Life Sciences I
- _____ 3. Kinesiology 1000 - Wellness and Physical Activity
- _____ 4. Kinesiology 2200 - Research Methodologies
- _____ 5. Kinesiology 2600 - Functional Human Anatomy
- _____ 6. Kinesiology 2610 - Human Physiology
- _____ 7. Kinesiology 2650 - Functional Biomechanics
- _____ 8. Kinesiology 3610 - Exercise Physiology
- _____ 9. Kinesiology 3630 - Growth, Development and Aging
- _____ 10. Kinesiology 3650 - Biomechanics
- _____ 11. Two courses (3.0 credit hours) in Physical Activity: ¹
 - _____ Physical Activity 2130 - Educational Dance
 - _____ Physical Activity 2135 - Educational Gymnastics
- _____ 12. Physics 1050 - Introduction to Biophysics
- _____ 13. **One of:**
 - _____ Kinesiology 2160 - Management Perspectives
 - _____ Kinesiology 3300 - Leadership Skills Development

One course (3.0 credit hours) in Kinesiology at the 4000 level with a Science designation, excluding Kinesiology 4980 (Applied Study) and Kinesiology 4990 (Independent Study)²

14. _____

Two courses (6.0 credit hours) in Physical Activity at the 3000 level

15. _____ 16. _____

Other Courses (minimum 14 courses)

Arts and Science or Fine Arts courses only

- | | |
|----------|-----------|
| 1. _____ | 8. _____ |
| 2. _____ | 9. _____ |
| 3. _____ | 10. _____ |
| 4. _____ | 11. _____ |
| 5. _____ | 12. _____ |
| 6. _____ | 13. _____ |
| 7. _____ | 14. _____ |

Education Requirements (20-course equivalent)

- _____ Education 2500 - Practicum I - Orientation to Teaching
- _____ Professional Semester I (15.0 credit hours)
- _____ Professional Semester II (15.0 credit hours)
- _____ Professional Semester III (15.0 credit hours)

Education Foundation: _____

Three Education Electives:

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | |

Notes

¹ Physical Activity 2130 and 2135 are half courses (1.5 credit hours each).

² Kinesiology 4900 (Interdisciplinary Research Dialogues) may be used in place of one Kinesiology course at the 4000 level with a Science designation.

To determine if a given course in Kinesiology has a Science designation, see List III: Science Courses (see the 2015/2016 Calendar, p. 83).

Completion of the General Liberal Education Requirement (GLER).

Only four courses (12.0 credit hours) in total may be counted from all courses offered by a single department. See the 2015/2016 Calendar, p. 83, for more information.

LIST I: Fine Arts and Humanities Courses

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

LIST II: Social Science Courses

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

LIST III: Science Courses

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

Not more than 10 courses (30.0 credit hours) may be completed at the 1000 level (or lower) [0500 - 1999] for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE).

- | | |
|----------|------------------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ (max.) |

Completion of at least 10 courses (30.0 credit hours) from disciplines offered by the Faculty of Arts and Science or the Faculty of Fine Arts at the 3000/4000 level, excluding Activity courses (labelled PHAC and MUSE).

- | | |
|----------|------------------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ (min.) |

____ Not more than three Independent Study courses (9.0 credit hours) may be completed for credit towards the degree.

____ Not more than three Disciplinary Credit Applied Studies courses (9.0 credit hours) may be completed for credit towards the degree. Students may, in addition, complete Applied Studies 2000, 2001, 2010, and 2011.

____ Not more than 17 courses (51.0 credit hours) may be completed from any one discipline for credit towards the degree.

Note: Disciplines are identified by a specific course label (e.g. KNES, ASTR, and HIST are separate disciplines).

____ Not more than six credit hours in Activity courses (i.e. courses labelled PHAC and MUSE) may be completed for credit towards the degree, except for Kinesiology majors (not more than 15.0 credit hours) and Music majors (not more than 12.0 credit hours).

____ Residence requirement:

Degree:

Art and Science: at least 15 courses (45.0 credit hours) offered by the Faculty of Arts and Science or the Faculty of Fine Arts must be completed at the University of Lethbridge.

Education: at least 15 courses (45.0 credit hours) offered by the Faculty of Education must be completed at the University of Lethbridge.

Major: at least half of the courses required in the major must be completed at the University of Lethbridge.

Education Minor (If Applicable): _____
See the 2015/2016 Calendar, p. 159, for eligible minors.

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |
- Education (methods requirement)

Education Specialization (If Applicable): _____
See the 2015/2016 Calendar, p. 163, for details.

- | | |
|----------|--------------------------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. <u>Education 4573</u> |
| 3. _____ | |

Sample Sequencing Plan

Shown below is a sample sequence of courses for your degree. If you follow this plan, you should be able to graduate in five years, provided you complete five courses per semester. This is just one example of how you could complete your major and degree requirements; you may find that a different sequence works as well as this one.

<p>Year 1, Fall Kinesiology 1000 Chemistry 1110 GLER course GLER course GLER course</p> <p>Year 2, Fall Education 2500² Kinesiology 2600 Kinesiology 2610 Kinesiology 2650 GLER course</p> <p>Year 3, Fall Professional Semester I</p> <p>Year 4, Fall Kinesiology 3650 Kinesiology 4000 level Physical Activity 3000 level Elective 3000/4000 level Elective 3000/4000 level</p> <p>Year 5, Fall Professional Semester III</p>	<p>Year 1, Spring Biology 1010 Physical Activity 2130¹ Physical Activity 2135¹ Physics 1050 GLER course GLER course</p> <p>Year 2, Spring Kinesiology 2200 Kinesiology 2160 or 3300 Elective 3000/4000 level Elective Elective</p> <p>Year 3, Spring Kinesiology 3610 Kinesiology 3630 Physical Activity 3000 level Elective 3000/4000 level Elective 3000/4000 level</p> <p>Year 4, Spring Professional Semester II</p> <p>Year 5, Spring Education Foundation course Education elective Education elective Education elective Elective 3000/4000 level</p>
<p>Elementary Education and Special/Inclusive Education students will reverse the fall and spring semesters in Year 5 and complete PS III in the spring.</p>	

¹ Physical Activity 2130 and 2135 are half-courses (1.5 credits each). Students are strongly advised to complete the Dance and Gymnastics physical activity requirements in Year Two.

² Education 2500 may also be taken in spring or summer semester.

Terms Used

GLER course: A course that could count toward the General Liberal Education Requirement. You may use courses in your major towards this 12-course requirement. See the 2015/2016 University of Lethbridge Calendar, Part 4 - Academic Regulations (p. 83) for complete information.

The Faculty of Arts and Science offers Liberal Education 1000 and 2000, specifically designed to introduce first-year students to the wide scope of human knowledge and teach essential university success skills, critical thinking, and integrative thinking (see the 2015/2016 University of Lethbridge Calendar, Part 14 - Courses, p. 301). LBED 1000 and 2000 may be used toward satisfying the GLER.

Elective: A course that you may choose freely from all those available and applicable to your program. Use courses inside or outside your major, bearing in mind any restrictions that may apply (e.g., a maximum of 17 courses from any one discipline).

Faculty of Education Admission

Admission to the Faculty of Education requires successful completion of the following:

- _____ 20 semester courses (60.0 credit hours).
- _____ Minimum cumulative grade point average of 2.50 on all UoL and transferable courses taken within the semesters containing the last 20 courses (60.0 credit hours). All courses must be graded with the exception of Education 2500.
- _____ Minimum of eight courses (24.0 credit hours) in the major.
- _____ Minimum cumulative grade point average of 2.50 on all graded courses comprising the major, including all transferable courses.
- _____ Credit in Education 2500 - Practicum I - Orientation to Teaching (or equivalent) including a favourable recommendation from the instructor.
- _____ Writing Proficiency Requirement:
See Part 13 (Combined Degrees) in the Academic Calendar:
www.uleth.ca/ross/academic-calendar
- _____ Additional admission requirements in the following majors:
Dramatic Arts, Music, Native Education and Physical Education

For specific information on admission requirements, please refer to the Combined Degrees section of the Academic Calendar:
www.uleth.ca/ross/academic-calendar/part13.pdf

Students are advised to contact Student Program Services in the Faculty of Education (TH421; tel. 403-329-2254) for guidelines regarding the requirements stated above.

For application and document deadlines please refer to:
www.uleth.ca/ross/admission-information/deadlines

Combined Degrees Program:

Students begin this program in the Faculty of Arts and Science where they progress toward completion of Arts and Science degree requirements, and prepare to meet the admission requirements for the Faculty of Education. Please note that completion of the required prerequisites does not guarantee admission to the Faculty of Education. For students of Aboriginal descent, and students with a significant shift in academic performance, please see the current Calendar for the Faculty of Education's admission policy.

