

University of  
Lethbridge



## Program Planning Guide

**Program:** Bachelor of Arts/Bachelor of Education (B.A./B.Ed.)

**Major (Arts and Science):** Kinesiology

**Major (Education):** Physical Education

**Calendar Year:** 2014/2015

**Name:** \_\_\_\_\_

**ID:** \_\_\_\_\_

**Major in Kinesiology:**

[www.uleth.ca/artsci/kinesiology](http://www.uleth.ca/artsci/kinesiology)

**Academic Calendar:**

[www.uleth.ca/ross/academic-calendar](http://www.uleth.ca/ross/academic-calendar)

**High School Prerequisites by Course:**

[www.uleth.ca/ross/hs\\_prereqs/course](http://www.uleth.ca/ross/hs_prereqs/course)

**Faculty of Education Admission Requirements:**

[www.uleth.ca/education/programs-degrees/undergraduate-studies/admission](http://www.uleth.ca/education/programs-degrees/undergraduate-studies/admission)

**Current and Past Program Planning Guides:**

[www.uleth.ca/ross/ppgs](http://www.uleth.ca/ross/ppgs)

**Faculty of Arts and Science Student Program Services:**

[www.uleth.ca/artsci/advising](http://www.uleth.ca/artsci/advising)  
[artsci.advising@uleth.ca](mailto:artsci.advising@uleth.ca)  
(403) 329-5106  
SU060

**Faculty of Education Student Program Services:**

[www.uleth.ca/education/student-advising](http://www.uleth.ca/education/student-advising)  
[edu.sps@uleth.ca](mailto:edu.sps@uleth.ca)  
(403) 329-2254  
TH421

**Kinesiology/Physical Education**

**Bachelor of Arts/Bachelor of Education**

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and academic regulations. Contact an Academic Advisor in the Faculty of Arts and Science or Faculty of Education for advising information.

**Name :** \_\_\_\_\_

**ID :** \_\_\_\_\_

**B.A./B.Ed. (Kinesiology/Physical Education)**

Completion of at least 30 courses (90.0 credit hours) from disciplines offered by the Faculty of Arts and Science or Faculty of Fine Arts with a grade point average of at least 2.00.

Completion of the equivalent of 20 courses (60.0 credit hours) in Education with a program grade point average of at least 2.50 in Education courses and the appropriate major.

**Major Requirements (13 courses)**

- \_\_\_ 1. Kinesiology 1000 - Wellness and Physical Activity
- \_\_\_ 2. Kinesiology 2110 - Biophysical Perspectives
- \_\_\_ 3. Kinesiology 2130 - Humanities Perspectives
- \_\_\_ 4. Kinesiology 2140 - Psychological Perspectives
- \_\_\_ 5. Kinesiology 2150 - Sociological Perspectives
- \_\_\_ 6. Kinesiology 2200 - Research Methodologies
- \_\_\_ 7. Kinesiology 2600 - Functional Human Anatomy
- \_\_\_ 8. Two courses (3.0 credit hours) in Physical Activity:<sup>1</sup>
  - \_\_\_ Physical Activity 2130 - Educational Dance
  - \_\_\_ Physical Activity 2135 - Educational Gymnastics
- \_\_\_ 9. **One of:**
  - \_\_\_ Kinesiology 2160 - Management Perspectives
  - \_\_\_ Kinesiology 3300 - Leadership Skills Development

One course (3.0 credit hours) in Kinesiology at the 3000/4000 level with a Humanities or Social Science designation

10. \_\_\_\_\_

One course (3.0 credit hours) in Kinesiology at the 4000 level with a Humanities or Social Science designation, excluding Kinesiology 4980 (Applied Study) and Kinesiology 4990 (Independent Study)

11. \_\_\_\_\_

Two courses (6.0 credit hours) in Physical Activity at the 3000 level

12. \_\_\_\_\_ 13. \_\_\_\_\_

**Other Courses (minimum 17 courses)**

*Arts and Science or Fine Arts courses only*

- |          |           |
|----------|-----------|
| 1. _____ | 10. _____ |
| 2. _____ | 11. _____ |
| 3. _____ | 12. _____ |
| 4. _____ | 13. _____ |
| 5. _____ | 14. _____ |
| 6. _____ | 15. _____ |
| 7. _____ | 16. _____ |
| 8. _____ | 17. _____ |
| 9. _____ |           |

**Education Requirements (20-course equivalent)**

- \_\_\_ Education 2500 - Practicum I - Orientation to Teaching
- \_\_\_ Professional Semester I (15.0 credit hours)
- \_\_\_ Professional Semester II (15.0 credit hours)
- \_\_\_ Professional Semester III (15.0 credit hours)

Education Foundation: \_\_\_\_\_

Three Education Electives:

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ |          |

**Notes**

<sup>1</sup> Physical Activity 2130 and 2135 are half courses (1.5 credit hours each).

To determine if a given course in Kinesiology has a Humanities or Social Science designation, see List I: Fine Arts and Humanities Courses and List II: Social Science Courses (see the 2014/2015 Calendar, p. 88).

**Completion of the General Liberal Education Requirement (GLER).**

Only four courses (12.0 credit hours) in total may be counted from all courses offered by a single department. See the 2014/2015 Calendar, p. 88, for more information.

**LIST I: Fine Arts and Humanities Courses**

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

**LIST II: Social Science Courses**

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

**LIST III: Science Courses**

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

Not more than 10 courses (30.0 credit hours) may be completed at the 1000 level (or lower) [0500 - 1999] for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE).

- |          |                  |
|----------|------------------|
| 1. _____ | 6. _____         |
| 2. _____ | 7. _____         |
| 3. _____ | 8. _____         |
| 4. _____ | 9. _____         |
| 5. _____ | 10. _____ (max.) |

Completion of at least 10 courses (30.0 credit hours) from disciplines offered by the Faculty of Arts and Science or the Faculty of Fine Arts at the 3000/4000 level, excluding Activity courses (labelled PHAC and MUSE).

- |          |                  |
|----------|------------------|
| 1. _____ | 6. _____         |
| 2. _____ | 7. _____         |
| 3. _____ | 8. _____         |
| 4. _____ | 9. _____         |
| 5. _____ | 10. _____ (min.) |

Not more than three Independent Study courses (9.0 credit hours) may be completed for credit towards the degree.

Not more than three Disciplinary Credit Applied Studies courses (9.0 credit hours) may be completed for credit towards the degree. Students may, in addition, complete Applied Studies 2000, 2001, 2010, and 2011.

Not more than 17 courses (51.0 credit hours) may be completed from any one discipline for credit towards the degree.

*Note: Disciplines are identified by a specific course label (e.g. KNES, ASTR, and HIST are separate disciplines).*

Not more than six credit hours in Activity courses (i.e. courses labelled PHAC and MUSE) may be completed for credit towards the degree, except for Kinesiology majors (not more than 15.0 credit hours) and Music majors (not more than 12.0 credit hours).

**Residence requirement:**

**Degree:**

Art and Science: at least 15 courses (45.0 credit hours) offered by the Faculty of Arts and Science or the Faculty of Fine Arts must be completed at the University of Lethbridge.

Education: at least 15 courses (45.0 credit hours) offered by the Faculty of Education must be completed at the University of Lethbridge.

Major: at least half of the courses required in the major must be completed at the University of Lethbridge.

**Education Minor (If Applicable):** \_\_\_\_\_

See the 2014/2015 Calendar, p. 166, for eligible minors.

- |          |                                 |
|----------|---------------------------------|
| 1. _____ | 4. _____                        |
| 2. _____ | 5. _____                        |
| 3. _____ | 6. _____                        |
|          | Education (methods requirement) |

**Specialization (If Applicable):** \_\_\_\_\_

See the 2014/2015 Calendar, p. 170, for details.

- |          |                          |
|----------|--------------------------|
| 1. _____ | 4. _____                 |
| 2. _____ | 5. <u>Education 4573</u> |
| 3. _____ |                          |

## Sample Sequencing Plan

Shown below is a sample sequence of courses for your degree. If you follow this plan, you should be able to graduate in years, provided you complete five courses per semester. This is just one example of how you could complete your major and degree requirements; you may find that a different sequence works as well as this one.

<p><b>Year 1, Fall</b> Kinesiology 1000 GLER course GLER course GLER course GLER course</p> <p><b>Year 2, Fall</b> Education 2500<sup>2</sup> Kinesiology 2000 level Kinesiology 2000 level GLER course Elective</p> <p><b>Year 3, Fall</b> Professional Semester I</p> <p><b>Year 4, Fall</b> Kinesiology 3000/4000 level Kinesiology 4000 level Physical Activity 3000 level Elective 3000/4000 level Elective 3000/4000 level</p> <p><b>Year 5, Fall</b> Professional Semester III</p> <p><b>Elementary Education and Special/Inclusive Education students will reverse the Fall and Spring semesters in Year 5 and complete PS III in the Spring.</b></p>	<p><b>Year 1, Spring</b> Kinesiology 2000 level Kinesiology 2000 level GLER course GLER course GLER course</p> <p><b>Year 2, Spring</b> Kinesiology 2200 Kinesiology 2160 or 3300 Physical Activity 2130<sup>1</sup> Physical Activity 2135<sup>1</sup> Elective 3000/4000 level Elective 3000/4000 level</p> <p><b>Year 3, Spring</b> Kinesiology 2000 level Physical Activity 3000 level Elective 3000/4000 level Elective 3000/4000 level Elective 3000/4000 level</p> <p><b>Year 4, Spring</b> Professional Semester II</p> <p><b>Year 5, Spring</b> Education Foundation course Education elective Education elective Education elective Elective 3000/4000 level</p>
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<sup>1</sup> Physical Activity 2130 and 2135 are half-courses (1.5 credits each). Students are strongly advised to complete the Dance and Gymnastics physical activity requirements in Year Two.

<sup>2</sup> Education 2500 may also be taken in Spring or Summer semester.

## Terms Used

**GLER course:** A course that could count toward the General Liberal Education Requirement. You may use courses in your major towards this 12-course requirement. See the 2014/2015 University of Lethbridge Calendar, Part 4 - Academic Regulations (p. 88) for complete information.

The Faculty of Arts and Science offers Liberal Education 1000 and 2000, specifically designed to introduce first-year students to the wide scope of human knowledge and teach essential university success skills, critical thinking, and integrative thinking (see the 2014/2015 University of Lethbridge Calendar, Part 14 - Courses, p. 315). LBED 1000 and 2000 may be used toward satisfying the GLER.

**Elective:** A course that you may choose freely from all those available and applicable to your program. Use courses inside or outside your major, bearing in mind any restrictions that may apply (e.g., a maximum of 17 courses from any one discipline).

## Faculty of Education Admission

Admission to the Faculty of Education requires successful completion of the following:

- \_\_\_ 20 semester courses (60.0 credit hours).
- \_\_\_ Minimum cumulative grade point average of 2.50 on all UofL and transferable courses taken within the semesters containing the last 20 courses (60.0 credit hours).
- \_\_\_ Minimum of eight courses (24.0 credit hours) in the major.
- \_\_\_ Minimum cumulative grade point average of 2.50 on all graded courses comprising the major, including all transferable courses.
- \_\_\_ Credit in Education 2500 - Practicum I - Orientation to Teaching (or equivalent) including a favourable recommendation from the instructor.
- \_\_\_ Writing Proficiency Requirement:  
See Part 13 (Combined Degrees) in the Academic Calendar:  
[www.uleth.ca/ross/academic-calendar](http://www.uleth.ca/ross/academic-calendar)
- \_\_\_ Additional admission requirements in the following majors:  
Dramatic Arts, Music, Native Education and Physical Education

For specific information on admission requirements, please refer to the Combined Degrees section of the Academic Calendar:  
[www.uleth.ca/ross/academic-calendar/part13.pdf](http://www.uleth.ca/ross/academic-calendar/part13.pdf)

Students are advised to contact Student Program Services in the Faculty of Education (TH421; tel. 403-329-2254) for guidelines regarding the requirements stated above.

For application and document deadlines please refer to:  
[www.uleth.ca/ross/admission-information/deadlines](http://www.uleth.ca/ross/admission-information/deadlines)

### Combined Degrees Program:

Students begin this program in the Faculty of Arts and Science where they progress toward completion of Arts and Science degree requirements, and prepare to meet the admission requirements for the Faculty of Education. Please note that completion of the required prerequisites does not guarantee admission to the Faculty of Education. For students of Aboriginal descent, and students with a significant shift in academic performance, please see the current Calendar for the Faculty of Education's admission policy.

