



Program Planning Guide

Current and past Program Planning Guides are available on the UofL website at www.uleth.ca/ross/ppgs/ppg.html

Calendar Year: 2013/2014

Faculty of Health Sciences

About the Addictions Counselling major

The Addictions Counselling major provides students with the practical skills and the theoretical knowledge needed for an effective and compassionate role in treatment, prevention and health promotion wherever addiction, or the potential for addiction, affects people's lives. The Addictions Counselling major considers a range of intervention strategies and addictive behaviours, including substance abuse, problem gambling, and sexual or eating disorders.

Admission Requirements

High school applicants applying to the Addictions Counselling program must hold a 65% high school average to be considered. Transfer applicants with eight or more transferrable courses must have an admission grade point average of 2.00 on a 4.00 point scale.

All applicants must satisfy completion of these Alberta high school courses, or equivalents:

- English Language Arts 30-1
- Biology 30 or Chemistry 30
- Two other 30-level 'academic' courses
- A fifth course at the 30-level (not including Special Projects)

Applicants must also provide an Admission Statement.

Admission Statement

All applicants must submit an Admission Statement to the Admissions Office by June 1. The mandatory Admission Statement provides the Faculty of Health Sciences with the experience, inspirations, and goals of applicants to the Addictions Counselling program. The Admission Statement form is available at:

www.uleth.ca/healthsciences/statement

Since the number of qualified applicants can exceed the number of places available, fulfillment of the minimum academic or statement requirements does not guarantee admission to the Addictions Counselling major in the B.H.Sc. program. The process is competitive and the Faculty of Health Sciences reserves the right of selection of all students for admission and readmission to the Faculty.

Application Deadline

Applications must be received by June 1 for consideration for admission to the subsequent Fall semester. An Application for Admission can be completed at ApplyAlberta.ca.

Questions?

If you have questions about this program, please contact the Faculty of Health Sciences at the University of Lethbridge (health.sciences@uleth.ca).

Program Worksheet

Name: _____ ID Number: _____

Health Sciences Courses

- _____ Health Sciences 1000 - Introduction to Addiction Studies
- _____ Health Sciences 1020 - Introduction to the Counselling Interview
- _____ Health Sciences 1220 - Counselling I (Individual Counselling)
- _____ Health Sciences 2120 - Counselling II (Group Counselling)
- _____ Health Sciences 2245 - Assessment of Addictions
- _____ Health Sciences 3002 - Health Education and Promotion
- _____ Health Sciences 3120 - Counselling III (Family Counselling)
- _____ Health Sciences 3130 - Diversity and Counselling
- _____ Health Sciences 3140 - Neurophysiology of Addictions
- _____ Health Sciences 3150 - Adult Psychopathology
- _____ Health Sciences 3240 - Issues in Addiction and Mental Health
- _____ Health Sciences 3260 - Research in Addictions
- _____ Health Sciences 3420 - Ethics in Addictions Counselling
- _____ * Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice
- _____ Health Sciences 3749 - Studies in Specific Addictive Disorders
- _____ Health Sciences 3759 - Addictions in Particular Populations
- _____ Health Sciences 4200 - Community Development and Outreach

* Or any other Statistics course approved by the Dean

Internship Courses

- _____ Health Sciences 2050 - Internship in Addictions Counselling I
- _____ Health Sciences 4050 - Internship in Addictions Counselling II

Other Course Requirements

- _____ Native American Studies 1000 - Introduction to Native American Studies
- _____ Psychology 1000 - Basic Concepts of Psychology
- _____ Sociology 1000 - Introduction to Sociology
- _____ ONE of: Sociology 2020 - Social Problems
Sociology 2500 - Deviance, Conformity and Social Control
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Social Science
- _____ GLER course - Social Science
- _____ GLER course - Science
- _____ GLER course - Science
- _____ Elective
- _____ Elective

Sample Sequencing Plan

<p>Year 1, Fall</p> <p>HLSC 1000 HLSC 1020 PSYC 1000 Fine Arts and Humanities course Social Science course</p> <p>Year 2, Fall</p> <p>HLSC 2120 HLSC 2245 HLSC 3002 HLSC 3420 One of: SOCI 2020 or SOCI 2500</p> <p>Year 3, Fall</p> <p>HLSC 3120 HLSC 3130 HLSC 3140 HLSC 3150 Science course</p> <p>Year 4, Fall</p> <p>HLSC 4050</p>	<p>Year 1, Spring</p> <p>HLSC 1220 NAS 1000 SOCI 1000 Fine Arts and Humanities course Science course</p> <p>Year 2, Spring</p> <p>HLSC 2050</p> <p>Year 3, Spring</p> <p>HLSC 3240 HLSC 3260 HLSC 3450/PSYC 3450¹ Fine Arts and Humanities course Elective</p> <p>Year 4, Spring</p> <p>HLSC 3749 HLSC 3759 HLSC 4200 Social Science course Elective</p>
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