

Name : _____

ID : _____

University of
Lethbridge



Program Planning Guide

Current and past Program Planning Guides are available on the UofL website at www.uleth.ca/ross/ppgs/ppg.html

Calendar Year: 2011/2012

Faculty of Health Sciences

About the Addictions Counselling major in the Bachelor of Health Sciences

The Addictions Counselling major in the Bachelor of Health Sciences was developed by the University of Lethbridge and Medicine Hat College. The Addictions Counselling major provides students with the practical skills and the theoretical knowledge needed for an effective and compassionate role in treatment, prevention and health promotion wherever addiction, or the potential for addiction, affects people's lives. The Addictions Counselling major considers a range of intervention strategies and addictive behaviours, including substance abuse, problem gambling, and sexual or eating disorders.

Admission Requirements

Students may enter the program directly from high school, as a transfer student from an approved post-secondary institution or as non-matriculated adults. Students holding approved diplomas in Addictions Counselling or related areas may be eligible for admission into the Addictions Counselling major in the Post-Diploma B.H.Sc. Please refer to the 2011/2012 University of Lethbridge Calendar for complete information regarding admission requirements.

Application/Document Deadlines:

Fall Semester:

Application Deadline	June 1
Document Deadline	HS August 15 PS June 15

(Current Application/Document Deadlines are available at www.uleth.ca/ross/admissions/deadlines.html)

Students currently studying in high school should follow the procedures for Early Admission (see the **2011/2012 University of Lethbridge Calendar, Part 1 - Admission, Section 3.a.3., p. 28**).

Admission Statement

All applicants must submit an Admission Statement to the Admissions Office. The mandatory Admission Statement provides the Faculty of Health Sciences with the experience, inspirations, and goals of applicants to the Addictions Counselling program. The Admission Statement form is available at: www.uleth.ca/healthsciences/statement. Admission Statements must be received by the Admissions Office by June 1.

Submit Admission Statement:

By Email: admissions@uleth.ca

By Fax: 403-329-5159

By Mail:

Addictions Counselling Admission Statement
Admissions Office
University of Lethbridge
4401 University Drive
Lethbridge, AB T1K 3M4

Since the number of qualified applicants can exceed the number of places available, fulfillment of the minimum academic or statement requirements does not guarantee admission to the B.H.Sc. Addictions Counselling major. The process is competitive and the Faculty of Health Sciences reserves the right of selection of all students for admission and readmission to the Faculty.

This Program Planning Guide is designed to help you plan your Bachelor of Health Sciences program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Addictions Counselling major in the Bachelor of Health Sciences program.

Bachelor of Health Sciences Addictions Counselling

Program Worksheet

Name: _____ ID Number: _____

Health Sciences Courses

- _____ Health Sciences 1000 - Introduction to Addiction Studies
- _____ Health Sciences 1020 - Introduction to the Counselling Interview
- _____ Health Sciences 1220 - Counselling I (Individual Counselling)
- _____ Health Sciences 1225 - Physiology and Processes of Addictions
- _____ Health Sciences 2120 - Counselling II (Group Counselling)
- _____ Health Sciences 2245 - Assessment of Addictions
- _____ Health Sciences 3002 - Health Education and Promotion
- _____ Health Sciences 3120 - Counselling III (Family Counselling)
- _____ Health Sciences 3130 - Diversity and Counselling
- _____ Health Sciences 3150 - Adult Psychopathology
- _____ Health Sciences 3240 - Issues in Addiction and Mental Health
- _____ Health Sciences 3260 - Research in Addictions
- _____ Health Sciences 3420 - Ethics in Addictions Counselling
- _____ *Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice
- _____ Health Sciences 3749 - Studies in Specific Addictive Disorders
- _____ Health Sciences 3759 - Addictions in Particular Populations
- _____ Health Sciences 4200 - Community Counselling and Development

* Or any other Statistics course approved by the Dean

Internship Courses

- _____ Health Sciences 2050 - Internship in Addictions Counselling I
- _____ Health Sciences 4050 - Internship in Addictions Counselling II

Other Course Requirements

- _____ Native American Studies 1000 - Introduction to Native American Studies
- _____ Psychology 1000 - Basic Concepts of Psychology
- _____ Sociology 1000 - Introduction to Sociology
- _____ ONE of: Sociology 2020 - Social Problems
Sociology 2500 - Deviance, Conformity and Social Control
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Social Science
- _____ GLER course - Social Science
- _____ GLER course - Science
- _____ GLER course - Science
- _____ Elective
- _____ Elective

Sample Sequencing Plan

Year 1, Fall

HLSC 1000 Introduction to Addiction Studies
 HLSC 1020 Introduction to the Counselling Interview
 PSYC 1000 Basic Concepts of Psychology
 GLER course
 GLER course

Year 2, Fall

HLSC 2120 Counselling II (Group Counselling)
 HLSC 2245 Assessment of Addictions
 HLSC 3002 Health Education and Promotion
 One of: SOCI 2020 Social Problems
 or SOCI 2500 Deviance, Conformity and Social Control
 GLER course

Year 3, Fall

HLSC 3120 Counselling III (Family Counselling)
 HLSC 3130 Diversity and Counselling
 HLSC 3150 Adult Psychopathology
 NAS 1000 Introduction to Native American Studies
 GLER course

Year 4, Fall

HLSC 4050 Internship in Addictions Counselling II

Year 1, Spring

HLSC 1220 Counselling I (Individual Counselling)
 HLSC 1225 Physiology and Processes of Addictions
 SOCI 1000 Introduction to Sociology
 GLER course
 GLER course

Year 2, Spring

HLSC 2050 Internship in Addictions Counselling I

Year 3, Spring

HLSC 3240 Issues in Addiction and Mental Health
 HLSC 3260 Research in Addictions
 HLSC 3450/PSYC 3450 Applied Statistics for Clinical Practice¹
 HLSC 3749 Studies in Specific Addictive Disorders
 HLSC 3759 Addictions in Particular Populations

Year 4, Spring

HLSC 3420 Ethics in Addictions Counselling
 HLSC 4200 Community Counselling and Development
 GLER course
 Elective
 Elective

¹ Or any other Statistics course approved by the Dean

