

Psychology 2505A - Abnormal Psychology
Fall 2015
MWF 10:00 to 10:50 a.m.
Room: PE 261



Instructor	Contact Info	Office Hours
Jennifer Arthur Psychology Department University of Lethbridge	Office: D854 (University Hall) Email: jennifer.arthur@uleth.ca Phone: (403) 394-3930	By appointment - email to schedule a mutually convenient time.

Course Description

Abnormal Psychology examines the realm of abnormal behaviour and experiences, their causes and developmental courses, and their treatments. This past decade is marked by a blossoming of research on the entire range of psychological disorders, yielding tremendous insight and the recent publication of a new Diagnostic and Statistical Manual of Mental Disorders (the DSM-5; 2013) by the American Psychiatric Association. In this course, we will investigate: historical perspectives on abnormality; a wide range of psychopathologies currently included in the DSM; major theoretical perspectives that attempt to explain mental illness; and research approaches to altering abnormal behaviour.

** Prerequisite: Psychology 1000*

Text Books

Title: ABNORMAL PSYCHOLOGY (FOURTH CANADIAN ED)

Required/Optional: Required

Author: David H. Barlow; V. Mark Durand; Sherry H. Stewart; Martin L. Lalumière

ISBN: 9780176531652

Publisher: NELSON/CN

Title: CASE STUDIES IN ABNORMAL PSYCHOLOGY

Required/Optional: Optional

Author: Thomas F. Oltmanns, Michele T. Martin, John M. Neale, Gerald C. Davison

Edition: 10

ISBN: 9781118836293

Publisher: WILEY

Comment: There is also an eText available ISBN: 9781118916476

In addition to your text books, Moodle and MindTap will be used to provide information, assignments, study material, practice exams, etc. for the course. It is your responsibility to keep up to date with both. Class lectures will be structured for a more focused study of specific areas of interest and their content is essential to successful course completion.

Moodle

Details regarding the coverage of course material throughout the semester and for exams will be provided in class and/or posted in Moodle. Students are strongly encouraged to access the course Moodle site multiple times per week as important materials, discussions, and announcements will be posted regularly throughout the semester.

MindTap

In addition to Moodle there will be course resources and/or assignments/quizzes available through MindTap. You will receive an access key with the purchase of your textbook. When there is an activity to complete in MindTap, I will make an announcement in class as well as post the assignment in Moodle.

***Note you will require the following course key to register for MindTap: **MTPQ - RJ5P - 53R2**

Copyright, Moodle, MindTap, and Intellectual Property

With the exception of information that is freely available on the Internet, all course materials should be treated as copyright-protected. You are free to make personal use of any materials posted within Moodle, and you are free to take your own notes in class (of course!). You are not permitted to distribute materials or information in any form to persons not registered in this course in this semester. Once information is in your hands, you are responsible for what you do with it; the Instructor will not be held accountable for students who choose to violate copyright law. Audio or video recording of lectures or any other in-class presentation or activity is strictly prohibited. Doing so is a serious offence as it violates intellectual property rights and the privacy of your classmates who have not consented to have their voice/questions recorded.

Grade Assessment

Your overall grade in the course will be determined by the following:

Assignments	20%
Midterm Exam 1	25%
Midterm Exam 2	25%
Final Exam	30%

- ❖ **2 Midterm Exams:** in total worth 50% of your course grade
 - Exams may consist of a combination of questions (e.g., multiple choice, true/false, &/or matching questions, fill-in-the-blank, listing, labeling questions, &/or short answer.
 - Details regarding the exact format of exams will be made available through Moodle.
 - Exams are non-cumulative and will cover material from class lectures, class activities and discussion, videos, and any additional required readings and resources. Each exam has a time limit of 50 minutes.
 - Tentative exam schedule:
 - **Midterm Exam 1** - Opens Thursday, October 8, 9:00a.m.; closes Saturday, October 10, 5:00p.m.
 - No class will be held on Friday, October 9 in order to allow students to write the exam during scheduled class time, should you so choose.
 - **Midterm Exam 2** - Opens Monday, November 16, 9:00a.m.; closes Wednesday, November 18, 9:00 p.m.
 - No class will be held on Monday, November 16 in order to allow students to write the exam during scheduled class time, should you so choose.
- ❖ **Final Exam:** worth 30% of your course grade.
 - The final exam will be administered during the **Final Examination Period** - Opens Monday, December 14, 9:00am; closes December 16, 9:00pm. The final exam will be 2 hours in length and will cover the entire course material.
 - NB: The weighting of exams will not be changed under any circumstances.
- ❖ **Mini Assignments:** quizzes, and group activities; class; and assigned homework and readings: worth 20% of your course grade (best 12 grades out of 16 assignments).
 - Ongoing throughout the semester; details to be provided in class and/or through Moodle and MindTrap.

Exam Procedures

All exams will be closed-book, written out of class at the University of Lethbridge's Testing Centre (B7 labs), using the online Moodle testing utility. Should you require assistance with Moodle or your account, please

contact the Teaching Centre staff (email: teachingcentre@uleth.ca). Students should familiarize themselves with Testing Centre procedures and hours of operation before arriving to write an exam (see: <http://www.uleth.ca/teachingcentre/testing-centre>). Access is granted on a first-come, first-serve basis. Students must submit each exam by the scheduled closing date and time, so be sure to allow yourself adequate opportunity to complete your exam. It is strongly recommended that students write the exam as early as possible during the scheduled exam period as seating in the Testing Centre is limited and demand is high.

Missed Exam / Missed Assignment Policy

If a student is unable to write an exam during the designated exam period, please contact the course Instructor as soon as possible. Medical reasons must be supported by a physician's statement that test performance would be seriously affected by the illness, along with the physician's name and contact information. Non-medical reasons must also be supported. It is the student's responsibility to contact the Instructor to set up a make-up exam. Unless a medical note, documentation of bereavement, or other acceptable documentation is presented, a grade of 0% will be assigned for any exam not written during the designated time.

***Following exams, I will be available to meet with you, discuss your test results, and review the correct answers. If you would like to discuss your exam, please email myself to arrange a mutually agreeable meeting time.

Students with Special Needs

If you have a documented condition that prevents you from fully participating in this course, including evaluation procedures, it is your responsibility to contact your Instructor regarding your individual situation. Please note that no accommodations will be given without official notification from the Accommodated Learning Centre (<http://www.uleth.ca/ross/accommodated-learning-centre/>).

Grade Ranges

Letter grades will be assigned to final course percentages according to the following scale:

Letter	GPA	Percent	Letter	GPA	Percent
A+	4.0	90 - 100%	C+	2.3	67 - 69.9%
A	4.0	85 - 89.9%	C	2.0	63 - 66.9%
A-	3.7	80 - 84.9%	C-	1.7	63 - 66.9%
B+	3.3	77 - 79.9%	D+	1.3	59 - 62.9%
B	3.0	73 - 76.9%	D	1.0	55 - 58.9%
B-	2.7	70 - 72.9%	F	0	0 - 54.9%

Experimental Research Participation and Bonus Points

Students have an opportunity to add bonus points (up to 2%) to their overall grade in this course by participating in active research of Psychology Department faculty members. This participation allows you to gain personal experience in psychology research projects, provides an opportunity to witness what goes on in the psychology labs, and introduces you to senior undergraduate and graduate students conducting their own research projects. Available studies will be listed and described on the Sona System at: <http://psychleth.sona-systems.com>. Your username will be the same one you use to access Moodle. A password (which will not be your Moodle password) will be sent to your U of L email account by the departmental Administrative Assistant on Friday, September 18.

Calls for volunteers to assist in these projects will be made throughout the semester. If you are asked to volunteer, and you accept, each project usually requires one hour or less of your time, but this will depend on

the individual research project. In recognition of your time and the fact that you are learning about the discipline of psychology beyond what you acquire in the classroom setting, an extra credit of 1% for each study in which you participate will be added to your total course grade.

Note that there is no guarantee that all students who wish to participate will be able to achieve the maximum extra credit. As these are bonus points, students who choose not to participate are not disadvantaged. There will be no transfer of credits between courses. If you are registered in another psychology course that offers credits, a second email will be sent to you with a different password. Sign up for research participation through the course to which you would like to have your credits assigned. Because research studies start at various points throughout the semester, additional projects that were not originally listed may show up, so be sure to check the system periodically. The last date to participate in research studies is December 10, 2015. If you experience problems with the Sona System, or have questions about participating in research projects, please contact Leanne Wehlage-Ellis at wehlage@uleth.ca.

University, Classroom, and Teaching Policies and Procedures

- ❖ Everyone is entitled to their own opinion, but not their own facts. Given the nature of the course material, a diversity of viewpoints will inevitably exist in the classroom. Voicing well-reasoned disagreement with others' opinions is perfectly fine; being combative, intolerant, or disrespectful towards others is not (see the University Calendar Section 5.b.1). Open-mindedness is a prerequisite for learning.
- ❖ As per the University Calendar, Section 5.h.1.: "When a student disrupts instructional activities, the instructor may exclude the student immediately from instructional space and/or from future scheduled instructional meetings of that course pending further actions by the Dean."
- ❖ When students talk &/or giggle amongst themselves during lecture, it disrupts instructional activities and, consequently, your Instructor must respond according to the University Calendar regulation. To minimize other forms of disruption, turn off your cell phone or any other noise-emitting device prior to the beginning of class. Avoid engaging in off-task Internet use (e.g., Facebook, Google, Texting) during lectures as it distracts you and others around you.
- ❖ Students are responsible for familiarizing themselves with the Academic Regulations and Policies contained within the University of Lethbridge Academic Calendar (<https://www.uleth.ca/ross/sites/ross/files/imported/academic-calendar/2015-16/part04.pdf>).
- ❖ In all email messages addressed to the Instructor or Teaching Assistant, include the course name and topic of your email in the Subject line. Address the recipient appropriately by name, and end the email by typing your full name. Adhering to this structure makes sending accurate replies and keeping track of correspondences much easier! Every effort will be made to respond to email inquiries in a timely manner during weekday 'working hours' (Monday morning through Friday afternoon). If you fail to structure your email correspondence by these guidelines, or if you email the Instructor with a question that has been clearly answered on Moodle or in this course outline, do not expect a reply.

Tips for success in PSYC 2505

- ❖ Keep your chin up. Research tells us that texting while driving increases one's risk of car accident to a degree roughly equivalent to that of driving drunk. Instructors' experience tells us that texting during class increases students' risk of failing to a degree roughly equivalent to that of coming to class drunk.
- ❖ Increase your likelihood of success - don't do either, or send a designated note-taker on your behalf. Understand that your instructor is your ally, not your adversary. As your Instructor, I want nothing more than for you to feel passionate about, engaged in, and enthralled by Abnormal Psychology as much as I am. I want you to learn, understand, and apply the material, to succeed and earn high grades in the course. I can help you achieve this goal, but I can't do it for you.
- ❖ Achieving success requires regular class attendance, showing up on time (i.e., before the lecture begins), staying until class has officially ended, paying full attention during lecture, participating in class activities, completing all assigned work, and checking Moodle frequently for valuable resources.
- ❖ If in doubt, find out. If you are unclear about any of the material presented in class or posted as assigned readings in Moodle, or if you have a question that has not been answered in any of the valuable course resources that have been provided to help you, then ASK! Your Instructor is more than happy to address any pertinent questions you may have.

