



Psychology 1000A - Basic Concepts of Psychology
Department of Psychology
The University of Lethbridge
Summer Session I, 2014

Class Schedule & Location: Mondays & Wednesdays; 1:00 to 3:50 pm; L1060

Instructor Information

Dr. Margaret Forgie
Office: University Hall, D850
Email: forgie@uleth.ca
Phone: (403) 329-2437

Course Description:

Psychology is the science of behaviour, mind, and body, in both human and non-human animals. Behaviour refers to the observable actions of an individual. Mind refers to an individual's sensations, perceptions, memories, thoughts, dreams, motives, and other subjective experiences. Both of these are inextricably linked to one's fundamental physiology. In short, psychological science is a diverse area of study, with research topics that include all aspects of behaviour and experience. During this lecture-based course you will be introduced to the multiple facets of this discipline and will be challenged to use your critical thinking skills to separate fact from fiction where human behaviour is concerned. In each lecture, a particular topic will be highlighted, accompanied by a companion reading from the required text. Readings may include an entire chapter, or a portion thereof. Students should note that each class in the SSI semester is equivalent to a full week of classes in a regular semester.

Required Text:

Gazzaniga, M., Heatherton, T.F., Halpern, D.F., & Heine, S.J. (2012). *Psychological Science* (3rd Canadian Ed.). New York, NY: W.W. Norton & Co.

Course Format:

(1) Lectures and Readings. Each class, a lecture will be presented on a particular topic/area of psychology. Although attendance at lectures is not mandatory, each student is responsible for any material that is presented in class (content, as well as any announcements), whether or not you choose to attend. Class meetings may include discussion, films, and other activities that will NOT be made available to students who do not attend class. It is up to each student to prepare for lectures by completing the assigned readings.

(2) Evaluation (100%). Your grade in the course will be based on your performance on three out-of-class exams given throughout the semester. Each exam is closed-book and non-cumulative. Each exam will be based on material from both the lectures and readings. Exams will consist of multiple-choice questions and will count equally toward your final grade. Additional work will not be assigned for those who wish to

improve their course grade and the weighting of exams will not be changed for poor performance. Due to university regulations, the third exam will be written according to the scheduled date for the final exam.

Exam 1: Wednesday May 28 to Friday, May 30

Exam 2: Wednesday, June 11 to Friday, June 13

Exam 3: Wednesday, June 25

Students with Special Needs:

If you have a documented condition that prevents you from fully participating in this course, including evaluation procedures, it is your responsibility to contact me regarding your individual situation. Please note that no accommodations will be given without official notification from the Accommodated Learning Centre (<http://www.uleth.ca/ross/accommodated-learning-centre/>).

Missed Exam Policy:

With the exception of extreme extenuating circumstances (e.g., prolonged illness, accident, or bereavement), all students must write the exams within the designated time period. Should you find yourself in an extreme situation, please contact me ASAP via email so that I may assist you with understanding your options. Medical reasons must be supported by a physician's statement that you were either unable to attend university for the entirety of the designated time period, or your performance would be seriously affected by sudden onset of illness during that time period. Your documentation must include the physician's name and contact information. Similar documentation is required for any non-medical reason (e.g., bereavement). Please see the email policy below.

NB: Without documentation, a grade of 0 (zero) will be recorded for any student who does not write the exam during the designated time period.

Course Rules and Regulations:

Students are responsible for familiarizing themselves with the Academic Regulations and Policies contained within the University of Lethbridge Academic Calendar. In particular, all students should be familiar with Sections 5 and 9. (<http://www.uleth.ca/ross/sites/ross/files/imported/academic-calendar/2013-14/part04.pdf>)

As per the University Calendar, Section 5.h.1.: *"When a student disrupts instructional activities, the instructor may exclude the student immediately from instructional space and/or from future scheduled instructional meetings of that course pending further actions by the Dean."*

When students conduct a social chit-chat session during the lecture, it disrupts instructional activities and, consequently, professors will respond according to the University Calendar regulation. To minimize other forms of disruption, cell phones **MUST** be turned off during the lecture and texting is absolutely prohibited. Students are permitted laptops or tablets for the sole purpose of taking notes. Avoid engaging in off-task internet use (e.g., facebook, google searches, texting, reading the text as an e-copy during class, and *etcetera*), because it distracts you and others around you. Unless you are a student with special needs (see below), there is no reason to be doing anything with your devices other than taking notes. Should you choose to ignore your obligations (e.g., you text through the class), you will be asked to leave the class. A diversity of viewpoints will inevitably exist in the classroom. Voicing well-reasoned disagreement with others' viewpoints is perfectly fine; being combative, intolerant, or disrespectful towards others is not (see the University Calendar Section 5.b.1).

Copyright, Moodle, and Intellectual Property:

With the exception of information that is freely available on the internet, all course information should be treated as copyright protected. You are free to download and print a **SINGLE** copy of any materials posted for your use within Moodle, and you are free to take your own notes in class and from the textbook (of course!). You are *not* permitted to distribute the information in any form to persons not registered in this course in this semester. Once the information is in your hands, you are responsible for what you do with it and your professor will not be held responsible for students who choose to violate the law. The Students'

Union and other organizations on campus maintain Note Banks for students to turn in their class notes at the end of semester. Stop and think before you turn in your "notes". You are legally responsible for what you submit. Audio or video recording of lectures or any other in-class presentation or activity is *strictly prohibited*. Doing so violates intellectual property rights and the privacy of your classmates who have not consented to have their voice/questions recorded.

Online Course Information and Testing:

It is the responsibility of all students to familiarize themselves with the Moodle LMS and to check the site on a regular basis to keep abreast of the course material. <https://moodle.uleth.ca/>
Your Moodle username is equivalent to your U of L email username (the part of your email address that comes before "@uleth.ca") and your Moodle password is your email password. Should you require assistance with Moodle, please contact the Teaching Centre staff (email: teachingcentre@uleth.ca).

(1) Course Information: All course information will be made available from the Moodle LMS system. This information includes the syllabus and updates on the projected class schedule and reading list appended to this syllabus. Students will be able to track their standing in the course by accessing the Gradebook. In addition to the lectures, running updates posted after the lecture will include a brief synopsis of the material covered during class. Students should not assume that these synopses are an adequate replacement for missed classes. **NB: The synopses will not contain a copy of the slides shown in lecture.**

(2) Examinations: Exams will be written out of class at the University of Lethbridge Testing Centre, using the online Moodle testing utility. Students should familiarize themselves with Testing Centre procedures and hours of operation before arriving to write the exams: <http://www.uleth.ca/teachingcentre/testing-centre>
Access is granted on a first-come, first-served basis. Once you enter the facility, you will be required to present valid picture ID (either your student card or a valid driver's license) and to fill out a brief form that registers your exam. All students must submit their exam by the closing date and time of the testing centre. Please allow yourself adequate time to complete your exam. It is strongly recommended that students write the exam as early as possible during the scheduled exam time because seating in the Testing Centre is limited and demand for seats is high.

(3) Email: Other than posts to Moodle, my primary method of communicating with you for general notices and points of interest to supplement course material will be via in-class announcements or by email to the class listserv. Please check your U of L email account on a regular basis, or have that account forwarded to your preferred email provider. Please do your best to remember to do regular housekeeping of your U of L account so that you do not miss important notices that relate to this course due to a full mailbox. Occasionally you will also receive emails from the account Memorandum, Department regarding Extra Credit Participation (check that your junk/spam filter allows this account to send to your U of L account).

NB: Email Policy

Please note that I will not reply to any email that is not sent from your U of L account unless it is an emergency situation. Furthermore, I will not reply to an email that does not include the course number and section, and a brief description of your request in the subject header. In the body of your email, state your request as succinctly as possible. Affix your U of L ID# and full name (as it appears on your registration) to your signature. Finally, I will not reply to email regarding basic course information that has been made available in class, has been posted on Moodle, is given within this syllabus, or if you are disrespectful.

Extra Credits for Research Participation:

In addition to the foregoing, this course provides students with an opportunity to get involved as a participant in ongoing research projects. If you volunteer to be a participant, each project usually requires about one hour of your time. In recognition of the value of your data, and in recognition that you are learning something about the discipline of psychology beyond that of the typical classroom environment, an

extra credit of 1 to 2% for each study (variable) in which you participate will be added to your final course percentage. MAXIMUM EXTRA CREDIT = 3%. These extra credits are added only after all grade cutoffs have been established for course work (see Grading Scheme), such that students who choose not to participate are not disadvantaged.

Directions for Participation: Following add/drop, you will receive an email to your U of L account with your Login name and password. It is IMPORTANT that you keep this information. The first time you login to the Sona System, you will use your user name and the password [psyc1000a]. Once you have signed in you may change your password. Please go to <http://psychleth.sona-systems.com> and sign in as soon as you receive notification to do so. Studies will then become available on May 11, 2014. NOTE: There will be NO transfer of credits between courses. If you are registered in another course that offers credits, a second email will be sent to you with a different email and password. Sign up in the course to which you want your credits to be assigned. Further studies and timeslots will be added throughout the semester, please keep checking, but remember that participation is on a first-come basis. Note that there is no guarantee that all students will be able to achieve the maximum credit. The last date to participate in studies is June 24, 2014. If you experience problems with the Sona System, or you have inquiries regarding participation, please contact Ms. Leanne Wehlage-Ellis at wehlage@uleth.ca.

Grading Scheme:

Letter grades will be assigned to final course percentages according to the following scale:

A+ ≥ 90	B+ $77 - < 80$	C+ $67 - < 70$	D+ $55 - < 60$
A $85 - < 90$	B $73 - < 77$	C $63 - < 67$	D $50 - < 55$
A- $80 - < 85$	B- $70 - < 73$	C- $60 - < 63$	F < 50

Tips for success in PSYC 1000:

Keep your chin up. Research tells us that texting while driving increases one's risk of car accident to a degree roughly equivalent to that of driving drunk. Professors' experience tells us that texting during class increases students' risk of failing to a degree roughly equivalent to that of coming to class drunk. Increase your likelihood of success - don't do either, or send a designated note-taker on your behalf.

Understand that your professor is your ally, not your adversary. I want nothing more than for you to feel passionate about, engaged in, and enthralled by psychology as much as I am. I want you to learn, understand, and apply the material, to succeed and earn high grades in the course. I can help you achieve this goal, but I can't do it for you. Achieving success requires regular class attendance, showing up on time, staying until class has officially ended, paying full attention during lecture, participating in class activities, completing all assigned work, and checking Moodle frequently for valuable resources.

If in doubt, find out. If you are unclear about any of the material presented in class or in any assigned readings, or if you have a question that has not been answered in any of the valuable course resources that have been provided to help you, then ASK! I am more than happy to address any questions you may have.

Preliminary Course Schedule and Reading List - as of May 1, 2014**Week 1**

May 7

Introductory Class – Course Information; Explanation of Exams and Requirements

Psychology as a Science: Part 1 - Chapter 1

Weeks 2 and 3

May 12

Psychology as a Science: Part 2 - Chapter 2

Biological Foundations - Chapter 3

May 14

Biological Foundations continued

The Mind and Consciousness - Chapter 4

Weeks 4 and 5

May 19

No Class - Statutory Holiday - Victoria Day

May 21

The Mind and Consciousness continued

Sensation and Perception - Chapter 5

Weeks 6 and 7

May 26

Sensation and Perception continued

May 28 - EXAM 1 OPENS AT 9:00 AM

Lecture: 2:30 to 3:50 pm

Learning, Attention and Memory: Part 1 - Chapter 6

May 30 - EXAM 1 CLOSSES AT 5:00 PM

Weeks 8 and 9

June 2

Learning, Attention and Memory: Part 2 - Chapters 6 & 7

June 4

Learning, Attention and Memory: Part 3 - Chapter 8

Weeks 10 and 11

June 9

Human Development (Early Childhood): Part 1 - Chapter 11

June 11 - TEST 2 OPENS AT 9:00 AM

Lecture: 2:30 to 3:50 pm

Human Development and Individual Differences: Part 2 - Chapters 11 & 13

June 13 - EXAM 2 CLOSSES AT 5 PM

Weeks 12 and 13

June 16

Motivation, Emotion, and Stress - Chapters 9 & 10

June 18

Psychological Disorders and Therapy - Chapters 14 & 15

Weeks 14 and Final Exam Day

June 23

Social Psychology - Chapter 12

June 25 - EXAM 3 OPENS AT 9 AM AND CLOSSES AT 9 PM