

For immediate release — Monday, April 4, 2016

University of Lethbridge highlights for the week of April 4 to 9

The University of Lethbridge has a number of events lined up this week that may be of interest to your readers, viewers and listeners. Members of the media who are interested in covering these events are encouraged to contact the individual event organizer directly.

Psychology Colloquium Series — Cognitive Biases about Alcohol and Drugs Monday, April 4, 11 a.m. to noon, C620 University Hall

Guest speaker Dr. Marvin Krank, a psychology professor at UBC Okanagan, will discuss how substance use is the main cause of the mental and physical health problems experienced by teens. Research has shown that social influence from parents, peers and popular media frequently leads to cognitive biases. Teens often overestimate how much and how often others use alcohol and drugs, have unrealistic positive expectancies about the effects of substance use and have implicit substance use associations. Krank will also talk about how new prevention approaches can target cognitive biases.

Contact: Dr. Javid Sadr, 403-332-4530, sadr@uleth.ca

Women Scholars Speaker Series — Decolonizing Methods and Minds Tuesday, April 5, noon to 1:30 p.m., AH100, Andy's Place

Dr. Janice Victor, a U of L health sciences professor in Aboriginal Health, will describe how visual and performing arts are engaging First Nations youth in Saskatchewan to coinvestigate the health issues important to their lives.

Contact: Michelle Hogue, 403-329-2088, michelle.hogue@uleth.ca

Truth and Reconciliation Campus Conversation — Reconciliation and Research Wednesday, April 6, noon to 1:30 p.m., AH100, Andy's Place

Following Dr. Leroy Little Bear's talk in February about the calls to action in the Truth and Reconciliation Commission's final report, the discussion topic moves to reconciliation and research. Martha Many Grey Horses, FNMI director, will provide guidance and share stories of successful research.

Contact: Hector MacIntyre, 403-317-2869, hector.macintyre@uleth.ca

Art NOW — Nicholas Wade

Wednesday, April 6, noon to 12:50 p.m., University Recital Hall, W570

Wade, who taught in the U of L Art Department for 18 years and has since retired to Ontario, has spent almost 20 years building structures and situations in which light can be investigated and experienced as incident and material, and as information and illumination.

Contact: Fine Arts, <u>finearts@uleth.ca</u>

Lunch and Learn — Decoding the World of Health and Nutrition Wednesday, April 6, noon to 1 p.m., TH241, Turcotte Hall

Barbara Doan, wellness coach, will cover topics such as whole food nutrition, primary foods that are often out of balance, stress, sleep, hormones, gut health and exercise.

Contact: Suzanne McIntosh, suzanne.mcintosh@uleth.ca

World University Service Canada club — Movie Night Fundraiser Wednesday, April 6, 7 to 9:30 p.m., D630, University Hall

The WUSC club is screening the film 'He Named Me Malala,' which tells the story of Nobel Peace Prize Laureate Malala Yousafzai. She was targeted by the Taliban and severely wounded as she rode home on a school bus in Pakistan. The 15-year-old and her father were targeted because of their support for girls' education. She survived and is now a leading campaigner for girls' education around the world.

Contact: Caroline Zentner, <u>caroline.zentner@uleth.ca</u>

Amalgamedia — New Media end-of-semester showcase Friday, April 8, 7 p.m., Dr. Foster James Penny Building, 324 5 St. S.

This free, family friendly exhibition opens Friday. The public is invited to view a wide range of student presentations, time-based artwork, original games and motion-capture animations on Saturday and Sunday. The exhibition runs until Wednesday, April 13, with weekend hours from 1 to 5 p.m. and weekdays from 1 to 4:30 p.m.

Contact: Katherine Wasiak, katherine.wasiak@uleth.ca

U of L Jazz Ensemble featuring special guest Al Muirhead Saturday, April 9, 7:30 to 10 p.m., University Theatre

Trumpeter Al Muirhead, Juno Award nominee, joins the U of L Jazz Ensemble for this concert.

Contact: Katherine Wasiak, <u>katherine.wasiak@uleth.ca</u>

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Contact:

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