

For immediate release — Monday, April 13

# University of Lethbridge highlights for the week of April 13 to April 18

The University of Lethbridge has a number of events lined up this week that may be of interest to your readers, viewers and listeners. Members of the media who are interested in covering these events are encouraged to contact the individual event organizer directly.

Student Success Centre — Stress Reduction, CAR DESTRUCTION

Monday, April 13, 10 a.m. to 3 p.m., the Grove (located just east of Markin Hall)

With assignments and papers due and final exams looming, the Student Success Centre is offering students a way to relieve some of their anxiety. Students will be donning safety gear and venting their stress by grabbing a sledgehammer and smashing a car.

### Music at Noon — Studio Showcase Tuesday, April 14, 12:15 to 1 p.m., W570, Recital Hall

Contact: Auburn Phillips, mental health educator, on site

In this final Music at Noon installment for the spring semester, select senior music students will perform.

Contact: Naomi Sato, satony@uleth.ca

# The Near Death Experience - Fact, Fallacy or Myth in the Making? — Prof. Anne White Wednesday, April 15, 7 to 8:30 p.m., C620, University Hall

White, a Department of Religious Studies faculty member at the University of Calgary, will talk about the varying opinions surrounding the Near Death Experience (NDE). Carl Jung once said death was just as psychologically important as birth and represents a goal, not an end. However, modern culture does little to address the anxiety many people experience when faced with their own death or that of a significant other. When it comes to NDEs, people who say they have experienced them are often transformed while many others refute such experiences. Researchers who examine NDEs in a respectful way typically find a person has experienced deep consciousness closely associated with the mystical and transcendental.

Contact: Bev Garnett, 403-380-1894, bev.garnett@uleth.ca

## Faculty of Management — 28th Annual Scholarship Dinner Thursday, April 16, 6 to 8 p.m., Coast Lethbridge Hotel

This year's scholarship dinner honours Dennis Neufeldt, president of Haul-All Equipment Systems Ltd. A prominent local businessman and strong community advocate, Neufeldt was one of several third-generation family members to become involved in Neufeldt Industries in the late 1970s. The company has flourished under their tenure and grown to include two divisions, Haul-All Equipment Systems and Sure Flame Products. Neufeldt has remained committed to the community that gave him his start and he continues to ensure his business meets the needs of southern Albertans.

Contact: Steve Craig, 403-329-5181, steve.craig@uleth.ca

### Folk Inspirations — Airdrie Robinson

#### Thursday, April 16, 8 to 11 p.m., W570, Recital Hall

Violinist Robinson (MMus '14) joins the U of L Collaborative Ensemble in a unique mix of folk music pieces. Audiences can expect interpretations of folk songs by Aaron Copland, Manuel de Falla, Béla Bartók and more.

Contact: Katherine Wasiak, 403-329-2227, katherine.wasiak@uleth.ca

## Integra Contemporary & Electroacoustics — Traffic and Waves Saturday, April 18, 8 to 11 p.m., W570, Recital Hall

Integra Contemporary and Electroacoustics pushes musical boundaries with open form electronic music compositions by students and the mixed music of Dr. Rolf Boon, U of L music professor.

Contact: Katherine Wasiak, 403-329-2227, katherine.wasiak@uleth.ca

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#### **Contact:**

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