

### What can I do with a Major in **Public Health**?



**For more information on the Public Health Major at the U of L:**

<http://www.uleth.ca/healthsciences/publichealth>

**Faculty of Health Sciences**

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Email: [health.sciences@uleth.ca](mailto:health.sciences@uleth.ca)

Academic Advising:

<http://www.uleth.ca/healthsciences/advising>

### The Public Health Program at the University of Lethbridge

Public health is focused on prevention rather than the treatment of disease. It examines the overall health of a population with the aim of developing strategies to promote and protect health. It aims to promote and protect the health of Canadians and populations across the globe.

Through course work and hands-on experience, the public health major at the U of L will provide students with the skills and tools needed to prevent disease/injury and to promote and protect the health and well-being of Canadians and populations across the globe. Students may choose to complete a practicum, co-op, or applied studies course to gain valuable experience in local, national or international public health practice.

Completion of the major of Public Health leads to a Bachelor of Health Sciences degree.

### Skills Developed

- Ability to Persuade & Influence
- Ability to Review and Apply Evidence
- Critical Thinking & Research
- Data Collection & Analysis
- Ethics In Public Health Practice
- Facilitation
- Health Awareness
- Holistic Approach to Health
- Interpersonal Relationships with Other Fields
- Leadership
- Oral & Written Communication
- Organizational
- Policy Formation
- Problem Solving
- Program Planning & Evaluation
- Public Health Science & Social Science Methodologies
- Sensitivity to Social & Cultural Diversity
- Strategies for Health Promotion & Disease Prevention
- Time Management
- Understanding of Health Systems

### Work Environments

A career in public health can include designing and implementing programs that promote health, collecting and analyzing health data, and shaping policy. Graduates in public health often work for governments, private sector, non-profit and non-governmental organizations. Graduates may also find employment in health organizations, community agencies, schools, community outreach agencies, fitness organizations and various specialized support groups for different populations/groups.

### Key Areas of Specialization:

Aboriginal and Immigrant Health, Epidemiology and Biostatistics, Environmental Health, Health Policy, Health Promotion, Health Services Administration, Infectious Disease Control, Global Health, Program Management and Evaluation, Wellbeing/Healthy Eating

## Entry Level Job Titles

These jobs are normally intended for new graduates and require 0 to 2 years of experience. It is important to note that many entry level positions require *some* related experience or demonstrated ability to perform job-related tasks. Even those positions that do not *require* experience will still prefer an experienced candidate, if one is available.

- Community Connections Coordinator
- Community Development Worker
- Community Health Educator
- Data Management/ Research Assistant
- Evaluation Assistant/ Coordinator
- Food Inspector
- Hand Hygiene/Infection Control Assistant
- Health & Safety Advisor
- Health Promotion Facilitator/ Coordinator
- Home Visitor/ Home Visitation Coordinator
- Humanitarian Worker
- Policy Analyst (AB Health)
- Program Analyst (Ministry of Health)
- Program Consultant (Alberta Health)
- Project Coordinator
- Public Health Privacy Officer
- Public Health Programs/ Services Coordinator
- Research Associate
- Volunteer Coordinator
- Wellness Coordinator

**Note:** The U of L offers various resources and programs to facilitate students in gaining work and volunteer experience. Find an entry level position on the [CES job board](#) or join the [Management](#) or [Arts & Science](#) Cooperative Education Programs. Summer jobs, part-time work, internship positions and volunteer experience help students to enhance their skillset and accumulate work experience for their future career.

## Related Job Titles

These jobs generally require extensive, relevant work experience and/or further education.

- Bioethicist
- Community Health Nurse
- Consultant
- Dietician
- Environmental Health Officer/Researcher
- Fundraising Coordinator
- Genetics Counsellor
- Global Health Advocate
- Health Care Consultant
- Health Communications Specialist
- Health Equity Strategist
- Health Ethicist
- Health Information Analyst
- Health Surveillance Analyst
- Epidemiologist
- Health Product Regulator
- Health Safety Environment Advisor
- Infection Control Manager
- Infection Control Practitioner
- Infection Prevention & Control Analyst
- International Aid Worker
- Medical Informatician
- Medical Officer of Health
- Mental Health Worker/Researcher
- Non Profit Health Agency Fundraiser
- Occupational Health & Safety Officer
- Public Health/ Environmental Health Inspector
- Public Health Ethicist
- Public Health Lawyer
- Public Health Nurse
- Public Health Policy Advisor/Analyst
- Researcher
- Social Worker
- University Professor
- Weight Loss Counsellor

## Thinking Outside the Box: Other Possible Job Titles

On average, people change their careers three to five times in their lifetime. So, no matter what major you choose, you may still be interested in opportunities totally unrelated to your program of study. We encourage you to be open to all possibilities! Your undergraduate degree can be a springboard for other educational pursuits, and your transferable skills and experience can prepare you to work in a multitude of settings.

- Acupuncturist
- Biomedical Equipment Technician
- Child Life Specialist
- Gerontologist
- Health & Benefits Administration Assistant
- Health Information Management Coordinator
- Health Information Systems Training Analyst
- Journalist
- Lab Technician/Director
- Lawyer
- Lobbyist
- Medical Lab Technician
- Medical Scientist
- Medical Writer
- Naturopath
- Pharmaceutical Representative
- Pharmacist
- Physician
- Political Advisor
- Radiologic Technologist
- Registered Nurse
- Social Service Worker
- Substance Abuse Counsellor
- Toxicologist

## Useful Resources

Recommended websites to assist in exploring the field of Public Health and its career opportunities.

Alberta Learning Information Service Occupational Profile  
[Public Health Inspector](#)

Alberta Public Health Association  
<http://www.apha.ab.ca>

Canadian Institute of Public Health Inspectors – Alberta  
<http://www.ciphi.ab.ca>

The Canadian Public Health Association  
<http://www.cpha.ca/>

Public Health Agency of Canada  
<http://www.phac-aspc.gc.ca>

Canadian Institute of Health Research  
<http://www.cihr-irsc.gc.ca/>

Canadian National Institute of Health  
<http://www.cnih.ca>

Canadian Foundation for Healthcare Improvement  
<http://www.cfhi-fcass.ca>

Canadian Academy of Health Sciences  
<http://www.caahs-acss.ca>

Canadian Association for Health Services & Policy Research  
<http://www.cahspr.ca>

Health Sciences Association  
<http://www.hsabc.org>

Health Canada  
<http://www.hc-sc.gc.ca>

Canadian Food Inspection Agency  
<http://www.inspection.gc.ca>

Public Health Physicians of Canada  
<http://nsscm.ca>

Canadian Association on Gerontology  
<http://cagacg.ca>

The Canadian Geriatrics Society  
<http://www.canadiangeriatrics.ca/>

Health Action Network Society  
<http://www.hans.org>

Global Health Council  
<http://www.globalhealth.org>

World Health Organization  
<http://www.who.int/>

## Campus Resources

Career & Employment Services (CES)  
<http://www.uleth.ca/ross/ces/>

Career Counselling (Counselling Services)  
<http://www.uleth.ca/counselling/>

Academic Advising  
<http://www.uleth.ca/ross/academic-advising>

Native Student Advising  
<http://www.uleth.ca/ross/native-student-advising>

Student Success Centre – Study Skills, Learning  
Strategies & Tutoring  
<http://www.uleth.ca/student-success-centre/>

Accommodated Learning Centre  
<http://www.uleth.ca/ross/accommodated-learning-centre/>

International Centre for Students  
<http://www.uleth.ca/international/>

Registrar Office & Student Services  
<http://www.uleth.ca/ross/>

Scholarship & Students Finance  
<http://www.uleth.ca/ross/student-finance/>

U of L Students' Union & Student Clubs  
<http://www.ulsu.ca/>

## Campus Job Resources

Career & Employment Services Job Board  
[CES Job board](#)

Arts & Science Applied Studies  
<http://www.uleth.ca/artsci/applied-studies/students>

Arts & Science Co-op Education & Internship  
<http://www.uleth.ca/artsci/coop>

Management Co-op Education  
<http://www.uleth.ca/management/co-op>

Study Abroad & Exchanges  
<http://www.uleth.ca/international/content/study-abroad-exchanges>

Management Study Abroad & Exchanges  
<http://www.uleth.ca/management/study-abroad>

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### Career & Employment Services (CES)

CES assists U of L students and graduates with their career exploration and work search needs.

AH154 Anderson Hall, Phone: 403-329-2000  
Mon- Fri: 9:00 a.m. to 12:00 p.m.  
1:00 p.m. to 4:00 p.m.