



University of
Lethbridge

Media Advisory

For immediate release — Friday, April 1, 2016

7 Cups of Tea program to be launched Monday

Media are invited to join the University of Lethbridge for a cup of tea and some conversation about a new and exciting support program available for free to students.

When: Monday, April 4, 10:30 a.m. to 1:30 p.m.

Where: University Centre for the Arts atrium

What: The launch of 7 Cups of Tea, a support program that offers free, anonymous and confidential online text chats with peers who are trained listeners.

Who: Mark Slomp, counselling services manager, University of Lethbridge Counselling and Career Services, will be available to discuss 7 Cups of Tea and what it means to students who use the service or sign up to be listeners.

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Contact:

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