

Psychology 2505A - Abnormal Psychology

Fall 2016

Wednesday 6:00 p.m. to 8:50 p.m.

Room: L1060

University of
Lethbridge



Instructor	Contact Info	Office Hours
Jennifer Arthur Psychology Department University of Lethbridge	Office: C878 (University Hall) Lab: Markin Hall 3019 Email: jennifer.arthur@uleth.ca Phone: (403) 329-2235 Dept Office; new phone # will be on Moodle soon	By appointment - email to schedule a mutually convenient time.

Teaching Assistant

Apoorva Kulkarni

Email: apoorva.kulkarni@uleth.ca

Course Description

Abnormal Psychology examines the realm of abnormal behaviour and experiences, their causes and developmental courses, and their treatments. This past decade is marked by a blossoming of research on the entire range of psychological disorders, yielding tremendous insight and the recent publication of a new Diagnostic and Statistical Manual of Mental Disorders (the DSM-5; 2013) by the American Psychiatric Association. In this course, we will investigate: historical perspectives on abnormality; a wide range of psychopathologies currently included in the DSM; major theoretical perspectives that attempt to explain mental illness; and research approaches to altering abnormal behaviour.

* *Prerequisite: Psychology 1000*

Text Books

Title: ABNORMAL PSYCHOLOGY (FOURTH CANADIAN ED)

Required/Optional: Optional

Author: David H. Barlow; V. Mark Durand; Sherry H. Stewart; Martin L. Lalumière

ISBN: 9780176531652

Publisher: NELSON/CN

In addition to your text book, Moodle will be used to provide information, assignments, study material, practice exams, etc. for the course. It is your responsibility to keep up to date. Class lectures will be structured for a more focused study of specific areas of interest and their content is essential to successful course completion.

Moodle

Details regarding the coverage of course material throughout the semester and for exams will be provided in class and/or posted in Moodle. Students are strongly encouraged to access the course Moodle site multiple times per week as important materials, discussions, and announcements will be posted regularly throughout the semester.

Copyright, Moodle, and Intellectual Property

With the exception of information that is freely available on the Internet, all course materials should be treated as copyright-protected. You are free to make personal use of any materials posted within Moodle, and you are free to take your own notes in class (of course!). You are not permitted to distribute materials or information in any form to persons not registered in this course in this semester. Once information is in your hands, you are responsible for what you do with it; the Instructor will not be held accountable for students who choose to violate copyright law. Audio or video recording of lectures or any other in-class presentation or activity is strictly prohibited. Doing so is a serious offence as it violates intellectual property rights and the

privacy of your classmates who have not consented to have their voice/questions recorded.

Grade Assessment

Your overall grade in the course will be determined by the following:

Student Evaluations	10%
Presentation	20%
Midterm Exam 1	20%
Midterm Exam 2	20%
Final Exam	30%

- ❖ **2 Midterm Exams:** in total worth 40% of your course grade.
 - Exams may consist of a combination of questions (e.g., multiple choice, true/false, &/or matching questions, fill-in-the-blank, listing, labeling questions, &/or short answer.
 - Details regarding the exact format of exams will be made available during class closer to the exam date.
 - Midterm exams are non-cumulative and will cover material from class lectures, class activities and discussion, videos, and any additional required readings and resources. Each exam has a time limit of 60 minutes.
 - Tentative midterm exam schedule:
 - Midterm Exam 1 - October 5th
 - Midterm Exam 2 - November 2nd
- ❖ **Final Exam:** worth 35% of your course grade.
 - The final exam will be administered during the Final Examination Period (December 7th to December 19th). The final exam will be 2 hours in length and will cover the entire course material. The final exam may consist of a combination of questions (e.g., multiple choice, true/false, &/or matching questions, fill-in-the-blank, listing, labeling questions, &/or short answer.
 - Details regarding the exact format of exams will be made available during class closer to the exam date.
- ❖ **Presentation and Student Evaluations:** worth 30% of your course grade. This will be a group presentation on one preapproved topic in abnormal psychology. 20% of your grade will be based on your group presentation and 10% of your grade will be based on your evaluation of other student's presentations. Each group must have a group, a presentation date, and a topic chosen by the end of class September 14th. Groups will be limited to a maximum of 5 students per group and topics will be granted on a first come, first serve basis. Presentations will be in poster format as to allow for multiple groups to present simultaneously. You will have the opportunity to walk around the room and to view your colleagues' posters, ask questions, and engage with the topic being presented. Students giving the presentation will be expected to tend their posters, be able to elaborate on their topic verbally, and answer additional questions regarding their topic. In addition to your own presentation, you will select 2 other presentations to submit a review and critique for. Further details regarding the grading rubric and poster format will be provided in class and/or through Moodle.

Exam Procedures

All exams will be closed-book, written during regularly scheduled class time. The final exam is scheduled by the registrar and will take place during the final exam period.

Missed Exam / Missed Assignment Policy

If a student is unable to write an exam during the designated exam period, please contact the course Instructor as soon as possible. Medical reasons must be supported by a physician's statement that test performance would be seriously affected by the illness, along with the physician's name and contact information. Non-medical reasons must also be supported. It is the student's responsibility to contact the Instructor to set up a make-up exam. Unless a medical note, documentation of bereavement, or other acceptable documentation is presented, a grade of 0% will be assigned for any exam not written during the designated time.

***Following exams, I will be available to meet with you, discuss your test results, and review the correct

answers. If you would like to discuss your exam, please email myself to arrange a mutually agreeable meeting time.

Students with Special Needs

If you have a documented condition that prevents you from fully participating in this course, including evaluation procedures, it is your responsibility to contact your Instructor regarding your individual situation. Please note that no accommodations will be given without official notification from the Accommodated Learning Centre (<http://www.uleth.ca/ross/accommodated-learning-centre/>)

Grade Ranges

Letter grades will be assigned to final course percentages according to the following scale:

Letter	GPA	Percent	Letter	GPA	Percent
A+	4.0	92 - 100%	C+	2.3	64 - 67.9%
A	4.0	85 - 91.9%	C	2.0	60 - 63.9%
A-	3.7	80 - 84.9%	C-	1.7	56 - 59.9%
B+	3.3	76 - 79.9%	D+	1.3	53 - 55.9%
B	3.0	72 - 75.9%	D	1.0	50 - 52.9%
B-	2.7	68 - 71.9%	F	0	0 - 49.9%

Experimental Research Participation and Bonus Points

Students have an opportunity to add bonus points (up to 2%) to their overall grade in this course by participating in active research of Psychology Department faculty members. This participation allows you to gain personal experience in psychology research projects, provides an opportunity to witness what goes on in the psychology labs, and introduces you to senior undergraduate and graduate students conducting their own research projects. Available studies will be listed and described on the Sona System at: <http://psychleth.sona-systems.com>. Your username will be the same one you use to access Moodle. A password (which will not be your Moodle password) will be sent to your U of L email account by the departmental Administrative Assistant.

Calls for volunteers to assist in these projects will be made throughout the semester. If you are asked to volunteer, and you accept, each project usually requires one hour or less of your time, but this will depend on the individual research project. In recognition of your time and the fact that you are learning about the discipline of psychology beyond what you acquire in the classroom setting, an extra credit of 1% for each study in which you participate will be added to your total course grade.

Note that there is no guarantee that all students who wish to participate will be able to achieve the maximum extra credit. As these are bonus points, students who choose not to participate are not disadvantaged. There will be no transfer of credits between courses. If you are registered in another psychology course that offers credits, a second email will be sent to you with a different password. Sign up for research participation through the course to which you would like to have your credits assigned. Because research studies start at various points throughout the semester, additional projects that were not originally listed may show up, so be sure to check the system periodically. The last date to participate in research studies is December 10, 2015. If you experience problems with the Sona System, or have questions about participating in research projects, please contact Leanne Wehlage-Ellis at wehlage@uleth.ca.

University, Classroom, and Teaching Policies and Procedures

- ❖ Everyone is entitled to their own opinion, but not their own facts. Given the nature of the course material, a diversity of viewpoints will inevitably exist in the classroom. Voicing well-reasoned disagreement with others' opinions is perfectly fine; being combative, intolerant, or disrespectful towards others is not (see the University Calendar Section 5.b.1). Open-mindedness is a prerequisite for learning.
- ❖ As per the University Calendar, Section 5.h.1.: "When a student disrupts instructional activities, the instructor may exclude the student immediately from instructional space and/or from future scheduled instructional meetings of that course pending further actions by the Dean."
- ❖ When students talk &/or giggle amongst themselves during lecture, it disrupts instructional activities and, consequently, your Instructor must respond according to the University Calendar regulation. To minimize other forms of disruption, turn off your cell phone or any other noise-emitting device prior to the beginning of class. Avoid engaging in off-task Internet use (e.g., Facebook, Google, Texting) during lectures as it distracts you and others around you.
- ❖ Students are responsible for familiarizing themselves with the Academic Regulations and Policies contained within the University of Lethbridge Academic Calendar
https://www.uleth.ca/ross/sites/ross/files/imported/academic-calendar/2016-17/cal_doc.pdf
- ❖ In all email messages addressed to the Instructor or Teaching Assistant, include the course name and topic of your email in the Subject line. Address the recipient appropriately by name, and end the email by typing your full name. Adhering to this structure makes sending accurate replies and keeping track of correspondences much easier! Every effort will be made to respond to email inquiries in a timely manner during weekday 'working hours' (Monday morning through Friday afternoon). If you fail to structure your email correspondence by these guidelines, or if you email the Instructor with a question that has been clearly answered on Moodle or in this course outline, do not expect a reply.

Tips for success in PSYC 2505

- ❖ Keep your chin up. Research tells us that texting while driving increases one's risk of car accident to a degree roughly equivalent to that of driving drunk. Instructors' experience tells us that texting during class increases students' risk of failing to a degree roughly equivalent to that of coming to class drunk.
- ❖ Increase your likelihood of success - don't do either, or send a designated note-taker on your behalf. Understand that your instructor is your ally, not your adversary. As your Instructor, I want nothing more than for you to feel passionate about, engaged in, and enthralled by Abnormal Psychology as much as I am. I want you to learn, understand, and apply the material, to succeed and earn high grades in the course. I can help you achieve this goal, but I can't do it for you.
- ❖ Achieving success requires regular class attendance, showing up on time (i.e., before the lecture begins), staying until class has officially ended, paying full attention during lecture, participating in class activities, completing all assigned work, and checking Moodle frequently for valuable resources.
- ❖ If in doubt, find out. If you are unclear about any of the material presented in class or posted as assigned readings in Moodle, or if you have a question that has not been answered in any of the valuable course resources that have been provided to help you, then ASK! Your Instructor is more than happy to address any pertinent questions you may have.

	Psychology 2505A Fall 2016 Tentative Lecture Schedule	
Sept 7	HISTORY, CLASSIFICATION, & ASSESSMENT	1, 2, 3
Sept 14	ASSESSMENT CAUSES OF PSYCHOPATHOLOGY	2, 3, 4
Sept 21	CAUSES OF PSYCHOPATHOLOGY TREATMENT OF PSYCHOPATHOLOGY	2, 3, 4
Sept 28	TREATMENT OF PSYCHOPATHOLOGY PRESENTATIONS – Mental Health Awareness	2, 3, 4
Oct 5	TEST # 1 SOMATIC SYMPTOM DISORDERS	6
Oct 12	DISSOCIATIVE DISORDERS ANXIETY DISORDERS	6, 5
Oct 19	ANXIETY DISORDERS MOOD DISORDERS	5, 7
Oct 26	EATING DISORDERS PRESENTATIONS – somatic symptom, dissociative, anxiety, mood, & eating disorders	8
Nov 2	TEST # 2 SEXUAL DISORDERS	10
Nov 9	Fall Reading Break – NO CLASS	
Nov 16	ADDICTIONS NEURODEVELOPMENTAL DISORDERS	11, 14
Nov 23	PERSONALITY DISORDERS SCHIZOPHRENIA	12, 13
Nov 30	SCHIZOPHRENIA PRESENTATIONS – addictions, neurodevelopmental, & personality disorders.	13
Dec 14 th	FINAL EXAM * TENTATIVE, please consult the final exam schedule closer to the final exam period (December 7th to 19th).	