University of Lethbridge

Media Advisory

For immediate release — November 13, 2026

Métis Week: Learn about the history of jigging

The University of Lethbridge and Iikaisskini Indigenous Services invite the community to a special workshop that will highlight an important part of Métis culture — jigging.

Jigging is a style of dance that blends elements of First Nations footwork with Scottish, Irish and French-Canadian step-dancing.

This event is presented at ULethbridge as part of Métis Week (Nov. 15-22) which celebrates the heritage, history and contributions of Métis people to Alberta and Canada.

The workshop will be hosted by Fine Arts student Jackson Paquette who is a trained Métis jigger with a background as a historic and cultural interpreter. It will feature a presentation on traditional jigging history as well as demonstrations.

WHAT: Media availability and photo opportunity with Fine Arts student Jackson Paquette

WHEN: Monday, Nov. 16, 11:45 a.m.

WHERE: Iikaisskini Gathering Centre (W650) — located at the south end of the University Centre for the Arts Atrium.

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Our University's Blackfoot name is Iniskim, meaning Sacred Buffalo Stone. The University is located in traditional Blackfoot Confederacy territory. We honour the Blackfoot people and their traditional ways of knowing in caring for this land, as well as all Indigenous Peoples who have helped shape and continue to strengthen our University community.