



Learning for Success Workshop Series

45-minute virtual workshops that focus on simple but effective student success strategies. Join us **Wednesdays at 2PM and Fridays at 11AM via Zoom.**

Zoom link for Wednesday workshops: <https://uleth.zoom.us/j/96340100208>

Zoom link for Friday workshops: <https://uleth.zoom.us/j/93146227697>

- **Study Strategies | Jan 24 & 26**
Join us to learn proven study techniques, why starting early is key and how to maximize your review time.
- **Test-Taking Skills | Jan 31 & Feb 2**
Feel more confident during your next exam as we discuss how to prepare for different types of tests, strategies to use during the exam and how to find steadiness in the stress.
- **Habits for Success | Feb 7 & 9**
Success doesn't happen overnight. Instead, it is often the result a series of small habits built up over time. Join us to learn about the power of habits and how they can support your academic goals.
- **Reading Strategies | Feb 14 & 16**
Are your articles piling up? Feel like you can't remember what you just read? Not sure what to take notes of? This week we will cover how to get more out of your textbooks in less time.
- **Building Focus | Feb 28 & Mar 1**
Maintaining focus can be challenging, especially with so many distractions around us. This week we will provide strategies to help you stay on task longer and increase productivity.
- **Effective Group Work | Mar 6 & 8**
Do you have a group project coming up? Learn how to use your time productively, navigate team dynamics, and get your projects done on time.
- **Reducing Procrastination | Mar 13 & 15**
Have you ever procrastinated by watching videos about procrastination? Join us for one of our most popular topics – how to reduce academic procrastination and just get started!
- **Top Study Skill and Test-Taking Tips | Mar 20 & 22**
We are combining our top two workshops into one! This week we will cover our best study strategies and test-taking tips.
- **Finishing the Semester Strong | Mar 27**
You are on the homestretch! Join us to learn how to finish your semester with success, including why taking care of your well-being is an important learning strategy.