# Benefits at-a-glance

The University of Lethbridge Group 21105, Core Direct Bill Issue date: January 2023

This is a summary of your Alberta Blue Cross group benefits including those benefits you may have opted out of. For a more detailed explanation of your coverage, please refer to your benefits booklet.

## Prescription drugs -

80% of the first \$1,000 of eligible submitted drug claims per participant each benefit year with remaining eligible drug claims paid at 100% for the balance of that benefit year, direct bill

#### **Extended health**

100% coverage, unless indicated otherwise

**Ambulance services** Up to the maximum as outlined in

the schedule of ambulance fees

Custom fitted braces Included

Foot orthotics 1 pair per benefit year

Hearing aids \$1,000 in a 5-year period

Home nursing care \$10,000 in a 12-month period

Medical aids Refer to your benefits booklet for

details

Medical equipment Refer to your benefits booklet for

details

Orthopaedic shoes 1 pair per benefit year

\*\*Combined maximum of \$1,000 per benefit year for the following covered practitioners:

- Acupuncturist
- Chiropodist
- Chiropractor
- Massage Therapist
- Naturopath
- Osteopath
- Physiotherapist
- Podiatrist
- Psychologist/Master of Social Work/Registered Social Worker
- Speech Language Pathologist

#### **Dental benefits**

Basic 80% coverage up to \$2,000 per participant each benefit year
 Extensive 80% coverage up to \$2,000 per participant each benefit year
 Orthodontic 50% coverage up to \$2,500 per lifetime per eligible participant

### Additional benefit(s) -

Out of province/country

100% coverage, unlimited duration per trip, reduces to 30 days per trip at age 65

emergency travel

Please refer to your benefits booklet for limitations and exclusions

Spending accounts

Health and wellness credits up to the amount allocated by your employer

Employee and family assistance

program

12 visits per participant per benefit year

<sup>\*\*</sup> Per visit maximums apply.