

## Guideline: Practice Instructor Uniform/Dress

### PURPOSE:

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The purpose of this guideline is to outline expectations regarding practice instructor attire when engaged in activities associated with the NESA BN programs.

### DEFINITIONS:

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**Business Casual Attire** is defined as clothing that is crisp, neat, pressed and never wrinkled, to project a professional, business-like image. Torn, dirty, or frayed clothing is unacceptable. Clothing that has words, slogans, or pictures, is unacceptable. Clothing that reveals cleavage, and/or the skin of your back, chest, feet, stomach, or undergarments is not appropriate. Further information and images may be accessed at <http://cpd.degroote.mcmaster.ca/student-services/mba-dress-code/business-casual-attire/>

### GUIDELINE SCOPE\*:

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This guideline applies to all practice instructors engaged in activities associated with the NESA BN programs, while in any practice placement settings, such as:

- a. Assigned practice shifts
- b. Preparing patient assignments
- c. Any activity where the practice instructor represents the NESA BN programs

### GUIDELINE STATEMENT(S):

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- I. As an ambassador for the program, the institution, and the profession of nursing, instructors are expected to convey a professional appearance and demeanour.
- II. As a health care professional, you are subject to provincial Occupational Health and Safety standards, as well as the standards and policies of the practice setting or organization in which the student placement occurs.

### SPECIFICS OF THE GUIDELINE:

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Requirements for appropriate instructor attire include:

1. The approved NESA BN Programs identification badge whenever engaged in NESA associated activities (as outlined above).
2. A clean, pressed and maintained nursing uniform. Instructors *may* choose to wear the official NESA BN Programs storm blue uniform pant and white uniform top.

3. Site appropriate business casual attire when engaged in applicable practice settings.
4. Specifically, when engaged in practice:
  - a. Secure hair away from the face and off the shoulder
  - b. No scented lotions, perfumes, or hair products
  - c. No gel nails, false nails, or nail polish are permitted
  - d. Minimal jewellery, i.e. a plain wedding band, small earrings
  - e. Wear footwear that conforms to agency/organization standards (generally, shoes must be clean, professional in appearance, with closed-toe and –heel, and non-slip soles).
  - f. Groom facial hair to comply with agency/organization standards.

**APPENDIX:**

N/A

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**RELATED POLICIES/ASSOCIATED GUIDELINES:**

NESA BN Program Policy: Student Uniform/Dress

**REFERENCES:**

Alberta Health Services. (2019). *Healthcare Attire (Scrubs and Uniforms) Information Sheet*. Retrieved from <https://www.albertahealthservices.ca/assets/healthinfo/ipc/hi-ipc-hlthcare-attire-scrubs-uniforms-info-sht-z0-bpr-pt-care.pdf>

Government of Alberta, Occupational Health & Safety Code. (2009). *Part 18, Personal*

*Protective Equipment: Section 233, Footwear*. Retrieved from

<http://www.employment.alberta.ca/SearchAARC/579.html>

Canadian Standards Association. (2009, November). *Protective Footwear* (Brief No. Z195-09). Retrieved from: <https://www.safeshoes.com/media/wysiwyg/docs/Protective-footwear-guide.pdf>

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**\*NOTE: NESA Policies exist within organizational frameworks of policy for Lethbridge College and the University of Lethbridge, and within agreements established with practice partner organizations. If**

***and when NESAs policies are found to differ from such policies and agreements, it is important to note that such policies/agreements will take precedence over NESAs program policies.***

<b>Revised By/date:</b>	<b>Approved by/date:</b>
Policy Review Committee: March 2015	NESA Joint Faculty Council: May 12, 2015
Policy Review Committee: April 2016	Not Required: no change
Policy Review Committee: April 2017	Not Required: editorial changes
Policy Review Committee: December 2017	Not Required: no change
Policy Review Committee: January 2019	Not Required: no change
Policy Review Committee: April 2020	Not Required: editorial changes
Policy Review Committee: April 2021	Not Required: editorial changes
Policy Review Committee: February 2022	Not Required: no change