**Potential Placement Sites/Agencies for Fall 2022 (September-December)**

The below information on potential sites for TR placement is NOT an exhaustive list. Students are welcome and highly encouraged to do research into other potential agencies they would be interested in being placed with. The more proactive students are, the more likely they are to secure placement. If you apply to an agency on your own, please inform the Internship Specialist ([marina.christman@uleth.ca](mailto:marina.christman@uleth.ca)) so we can ensure the agency and supervisor meets the required qualifications and we can work on an affiliation agreement.

Instructions/How to read this information:

* For the non-AHS sites listed here, students can reach out to them directly with their inquiry and application or follow their specific instructions as indicated
* Larger organizations like NSHA, VCH, etc., have their own application process, be sure to do your research into how the larger organizations accept applications. The processes in place for larger organization are often, but not always, similar to AHS processes (see below).
* For AHS sites (indicated by **AHS**) students’ applications are submitted via HSPnet by the Internship Specialist
  + Students must fill out the HSPnet Consent before applications will be submitted. This consent form is available on the TR practicum website.
  + AHS allow students to apply to up to 3 sites in the first round of applications. The due date for the first round of applications is April 28th, 2022.
  + You will notice that the name of the recreation therapist at each AHS site is not provided to you. This is intentional because students are NOT to contact them. You can address your cover letter and resume to the destination coordinators name, as indicated.
  + Email the Internship Specialist with your application
    - Be very clear in the email which site(s) you want to apply for
    - Each application must be consolidated into 1 PDF file (cover letter and resume together). If you want to apply to 3 AHS sites, you will need to send 3 application files.

# **Non- AHS sites in Alberta (private agencies)**

**AgeCare SkyPointe, Calgary, Alberta**

Description: AgeCare SkyPointe is a unique community that offers high quality, compassionate, resident-centered care in a culturally rich and diverse environment. With the capacity of 352 funded beds, the building is nestled in one of the most multi-cultural areas of Calgary. SkyPointe provides a home-like environment that will reflect the cultural preferences and tastes of its residents; including recreation and leisure programming.

At SkyPointe the recreation team supports residents from multiple care programs creating a vibrant, inclusive atmosphere for all to enjoy. The different care streams that are offered at AgeCare SkyPointe are: Long Term Care, Supportive Living Level 4, Support Living Level 4 Dementia Care (Secured), Long Term Care Mental Health (Non-Secured and Secured, 18 years old +), and Hospice Care.

* **Student Position(s):**Monday to Friday, 8:00 am to 4:30 pm [with flexibility for evenings and weekends to support special events and programs]
* **Dress Code:**Business Causal and as appropriate for assigned duties and tasks

SkyPointe is in the process of commissioning a seconded building, SkyPointe II that is dedicated to mental health. A unique opportunity to see how a facility is started, how it affects residents and an opportunity for research and development.

*All Student resumes can be directly emailed to Marlee Dukart, Recreation Therapy Manager,*[*mdukart@agecare.ca*](mailto:mdukart@agecare.ca)

**Carewest Rouleau Manor**

Rouleau Manor is a long-term care complex mental health site located in inner-city Calgary. Many of our clients have chronic mental disorders including schizophrenia, bipolar, schizo-affective, and other disorders that impede their ability to function safely out in the community. Additionally, many of our clients live with addictions and are either without any family or are estranged from family after living on the streets for many years. Our team is skilled at providing a non-judgmental Harm Reduction approach and we support clients in an environment not available in the majority of long-term care sites in the province. We have a vast age range of clients, which includes anywhere between clients in their early 20's to clients in their 90's. Approximately 75% of our current 77 clients are male. Many of our clients are working to learn the social and cognitive skills needed to hopefully transition to other housing options, but a fair percentage of our clients will need to live out their days in our safe, structured and supportive environment. 36 of our beds are on two open units, from which the clients have access to come and go. The remaining 41 beds are on our three secured floors which require staff assistance for exit or entry.

The recreation therapy team at Rouleau Manor consists of 1 CTRS and 3 therapy aides. The recreation therapy team is part of the larger multidisciplinary team and is involved in collaborative problem solving on complex resident needs. The CTRS attends complex mental health rounds, psych rounds and care conferences. They are involved in assessment, treatment planning and program development, implementation and evaluation. Volunteer management, community integration and event planning are also overseen by the CTRS. The recreation therapy program runs from a trauma informed lens and currently the CTRS runs relaxation group, smudging, gardening, a resident run Thrift Store and a social club for residents under the age of 40 called cool kids in the hall.

We are looking for a curious and passionate CTRS student to join our team who is interested in this kind of setting. This face paced, diverse placement will provide you with an opportunity to practice a variety of CTRS skills, learn from a knowledgeable team and contribute in a meaningful way.

Hours: Monday to Friday, 8:00 to 4:15

*If this sounds like a position you would like to learn more about, please connect with Emily Dukeshire, CTRS, Recreation Therapist, at 403-943-9853 or* [*Emily.dukeshire@ahs.ca*](mailto:Emily.dukeshire@ahs.ca)

# **Covenant Health**

**St. Josephs Auxiliary Hospital, Edmonton**

Description: The Community Day support program serves clients through our medical rehabilitation program. We serve adults with physical, emotional, and/or social limitations that are living in the community. Our services include nursing assessment/ monitoring and rehabilitation (physiotherapy, occupational therapy and recreation therapy). The main goal for our day program is to assist clients to continue living independently in their homes and community, while delaying placement to another home.

Placement request via HSPnet, please address your cover letter to: “St. Joseph Recreation Therapy Student Preceptor”. Similar to AHS, combine your cover letter and resume into one pdf file and give this to Marina by April 28th for her to submit your application on your behalf.

# **AHS Calgary Zone**

**~~(Claresholm) Willow Creek Continuing Care Centre~~**

~~Description: 100 bed Long Term Care~~

~~Student Activities~~

* ~~Connect Care~~

**~~Destination Coordinator: Jane Papenhuyzen~~**

**~~Calgary Forensic Adolescent Program (Sunridge)~~**

~~Description: Assessment and treatment for youth aged 12-18 who are experiencing both legal and mental health issues. This team includes Social Work, Recreation Therapy, Psychiatry, Psychology, and Nursing.~~

~~Student Activities~~

* ~~Requires some evenings.~~
* ~~SCM~~

**~~Destination Coordinator: Jane Papenhuyzen~~**

**~~Rockyview General Hospital Unit 45 - Mental Health~~**

~~Description: "Inpatient Psychiatry Unit 45 at Rockyview General Hospital (RGH) is a 20-bed unit that provides acute care for adults between 18 to 65 years of age with a principal psychiatric disorder. Patients are provided with comprehensive multidisciplinary care through nursing, medical staff, psychology, social work, and occupational/recreational therapy. Mental health needs are assessed through a variety of individual and group activities by various disciplines such as occupational therapy, recreational therapy, and Changeways (a psycho-educational program).~~

~~Highly transdisciplinary role more suited for a student specifically interested in Addiction & Mental Health and comes with experience in Addiction & Mental Health.~~

~~Student is strongly grounded in recreation therapy role so they more confidently work within a team with blurred interprofessional roles."~~

~~Student Activities~~

* ~~SCM~~

**~~Destination Coordinator: Jane Papenhuyzen~~**

**~~Sheldon M. Chumir Health Centre -- Community Accessible Rehabilitation (Central)~~**

~~Description: Outpatient rehab, primarily neuro (stroke, brain injury); highly interdisciplinary and complex. The student would need to be very independent, reliable, collaborative and have a good background in neuro diagnoses and chronic conditions. Treatments are typically 1:1. There would be limited-to no group experience. Population age is 18+.~~

~~Student Activities~~

* ~~Some client app'ts in community, can use personal vehicle or transit~~
* ~~BLS required~~
* ~~Connect Care~~

**~~Destination Coordinator: Jane Papenhuyzen~~**

**~~Sheldon M. Chumir Health Centre -- Stroke Early Support Discharge Program~~**

~~Description: In home and community rehab, stroke, brain injury population; transdisciplinary approach and complex. The student would need to be very independent, reliable, collaborative and have a good background in neuro diagnoses and chronic conditions. Treatments are typically 1:1. There would be limited-to no group experience. Population age is 18+.~~

~~Student Activities~~

* ~~Would require own vehicle or ability to use transit, high level placement due to acuity of clients.~~
* ~~BLS & N95 Fit test required.~~

**~~Destination Coordinator: Jane Papenhuyzen~~**

# **AHS Central Zone**

**~~Centennial Centre for Mental Health & Brain Injury -- Brain Injury Rehab Program~~**

~~Description: NA~~

**~~Destination Coordinator: Michelle Sharpe~~**

**~~Lacombe Hospital and Care Centre -- Recreation Therapy Long Term Care~~**

~~Description: 66 bed LTC facility - recreation therapist provides personalized intervention to address acute and time sensitive functional or behavioural needs, targeted intervention to address change or decline in function and supported opportunities to build and maintain health, well-being and quality of life. Programing includes small group and 1x1 therapeutic interventions, as well as global programing using a person centred care IDT approach.~~

~~Student Activities~~

* ~~Paper Charting~~
* ~~AHS Email Account~~

**~~Destination Coordinator: Michelle Sharpe~~**

**~~Red Deer Regional Hospital Centre -- Unit 34/36 Acute Psychiatry~~**

~~Description: NA~~

**~~Destination Coordinator: Michelle Sharpe~~**

# **AHS Edmonton Zone**

**Addictions & Mental Health Young Adult & CLSS**

Descriptions:

Eating Disorders Program: Provides acute and long term rehabilitation services for teens and adults (age 13+) with a diagnosed or suspected eating disorder causing the patient to be at or below a healthy weight. Recreation Therapy groups & 1:1 tx offered

Community Addictions & Mental Health: RecT1 placement in mental health and addictions working with young adults age 16-25. Working from a client centered approach, RecT works with individuals on a 1:1, small and large group basis. Clients are self-referred and referred from Young Adult Services. RecT1 works collaboratively with client to explore leisure interests and connect with community resources.

Student Activities

* ETS Transit Pass, tickets, or change for LRT/bus daily.
* Ability to pay for own admission to outings, etc as AHS does not reimburse.
* Own laptop/portable typing device is useful.
* Connect Care
* AHS Email Account

**Destination Coordinator: Anne Kendrick**

**Glenrose Rehabilitation Hospital**

Descriptions:

Inpatient Stroke Rehabilitation: The inpatient Stroke Rehabilitation program provides assessment and 1:1/group treatment services to the adult and older adult stroke population. Collaboration with the interdisciplinary treatment team to increase level of independence. Provide support and resources to return to living in the community.

Inpatient Geriatric Psychiatry: The inpatient Geriatric Psychiatry Program provides Ax & Tx for older adults experiencing psychiatric concerns. This program works in collaborative treatment setting to assist individuals to return to living in their community.

Inpatient Geriatric Rehab: The inpatient Geriatric Rehabilitation Program provides Ax & Tx for older adults experiencing complex medical concerns. The treatment team works collaboratively to provide the supports necessary for individuals to return to living in their community.

**Destination Coordinator: Kari Medd**

**Royal Alexandra Hospital**

Description: This Recreation Therapy Practicum provides experience in individual and group assessment, intervention, program planning, and community referral in an acute care setting. Working within a strong interprofessional environment, this practicum will provide experience primarily with clients with strokes and a variety of geriatric conditions, including a consultative service for clients with dementia.

**Destination Coordinator: Cherie Henderson**

# **AHS North Zone**

**(High Level) North West Health Centre**

Description: High Level / LaCrete / Ft. Vermillion

Requires travel to 3 rural communities weekly with Rehab Team. Staff accommodations may be available.

**Destination Coordinator: Lanigan, Patti**

**Grande Prairie Regional Hospital**

Description: NA

**Destination Coordinator: Lanigan, Patti**

**Northern Lights Regional Health Centre (Fort McMurray)**

Description: NA

**Destination Coordinator: Lanigan, Patti**

**Queen Elizabeth II Ambulatory Care Centre 1 East Mackenzie Place**

Description: A consultative role on the Seniors Health North Zone Palliative Care Team based out of Grande Prairie. Patients are referral based.

**Destination Coordinator: Lanigan, Patti**

**Westlock Healthcare Centre**

Description: 120 Bed Facility

**Destination Coordinator: Lanigan, Patti**

# **AHS South Zone**

**~~Community Health Services -- Lethbridge Community Health Services~~**

~~Description: The Community TR program provides therapeutic recreation services for 18+ year old adults for home care and non-home care individuals living in the community. The recreation therapist is accountable for assessments, individual and group and virtual care interventions, electronic documentation in Meditech, evaluation of client’s progress, building community partnerships and supervising and providing assignments to therapy assistants. Appointments are conducted in a variety of community venues, supportive living and in the client's home. Collaborating with PT for Aquatic Therapy in the community. Other informed evidence therapy offered includes but not limited to Expressive Arts, Home Support Exercise Program, Walking to Wellness, Leisure Education, Gentle and Seated Yoga, Therapeutic Writing, Equine Wellness Connection and Fit Minds. The student would need to be very independent, reliable, and collaborative and have a good background in a variety of diagnoses.~~

~~Student Activities~~

* ~~All client appointments occur in community locations anywhere in the city and in the client’s home~~
* ~~Driver’s License and personal transportation required, travel occurs daily~~
* ~~BLS required~~
* ~~Knowledge and skills required for supported exercise and aquatics~~
* ~~Fitness Alberta certification preferred~~
* ~~Student Membership with provincial TR association or CTRA~~
* ~~Strong self-management skills and ability to adapt to a busy and demanding work environment~~
* ~~Meditech~~

**~~Destination Coordinator: Annette Yunick~~**

**ONTARIO**

William Osler Health System   
Brampton and the western Toronto district of Etobicoke - Ontario

Students to email Chris directly at [chris.richard@williamoslerhs.ca](mailto:chris.richard@williamoslerhs.ca) (address cover letter to Chris). Up to a potential of 5 student placements may be available (competitive with other University students).

William Osler Health System has hospital campuses located in Brampton and Etobicoke Ontario. Clinical areas available to internship students include mental health, rehabilitation, and reactivation care unit. More details on these various areas and about doing an internship with William Osler Health System are available. Please contact Marina Christman or Aimee Douziech if you are interested in doing a placement here and more information can be made available to you.

Students who are interested in an internship at William Osler Health System will need to participate in a submission and selection process. Submission must include the following items:

1. Completed application form (ask Marina for this)  
2. Resume/curriculum vitae   
3. Cover letter describing why you want to be a recreation therapist   
4. Two letters of reference: One academic and one personal

**NEWFOUNDLAND - Eastern Health**

Multiple CTRS’s, range of placements

Please indicate to Aimee and Marina if you are interested in Eastern Health for placement. Students asked not to reach out directly. Deadline to express interest and submit resume for consideration by Eastern Health is May 14th.

Eastern Health   
St. John’s, NL, A1A 1E5

**Nova Scotia Health Authority (NSHA)**

For details, please see their webpage: <https://cdhaforms.nshealth.ca/rectherapyinternshipapplication.aspx>

**British Columbia**

Vancouver Island Health Authority - Nanaimo Regional General Hospital

Site is 20-25 bed ALC Unit, a mix of seniors awaiting placement and younger individuals who are experiencing challenges to finding housing. New unit coming soon – transitional care rehab unit.

HSPnet Request – email Marina or Aimee if questions about the site