



COVID 19 FIELD SAFETY GUIDELINES

General

- 1. Do not work in the field if you are ill or have any COVID 19 symptoms.
- If a field worker/researcher develops symptoms of COVID-19 while in the field and has contact with other field researchers, all field researchers in that group must return home and self-isolate for the required amount of days before returning back to the field site. Take the <u>COVID-19 self-assessment</u> <u>test</u>.
- 3. **Do** practice physical distancing of 2 m. <u>Health Canada Social Distancing</u>
- 4. Practice good hand hygiene, wash hands frequently and properly. Hand sanitizers may be used when hand washing is not possible. <u>Proper Handwashing Technique</u> <u>Hand Sanitizer</u>
- 5. Practice proper respiratory etiquette. Respiratory Etiquette
- 6. Frequently clean and disinfect all field equipment and tools.

Communications

- 1. All workers/researchers must:
 - a. have a communication plan to ensure others know where they are;
 - b. monitor or keep in touch with someone that can monitor updates and changes to UofL and Public Health recommendations on a daily basis;
 - c. have a means of communication to contact emergency medical services (cell phone, radio, and/or satellite device).

Travel

- 1. Ensure all drivers are U of L authorized drivers.
- 2. When traveling to work sites consider traveling in separate vehicles.
- 3. Researchers should be aware of road/area restrictions and obey these restrictions.
- 4. If more than one person in vehicle follow the 2m physical distancing standard, if not possible, all occupants should wear face masks.

Cleaning of vehicle

- a. Cleaning and disinfecting supplies should be kept in the vehicle at all times and must be visible to both the driver and the passenger.
- b. Following each trip, both the driver and the passenger-accessible surfaces including interior and exterior door handles, window and comfort controls, seat belts, both the driver and passenger seating areas as well as all field equipment used must be cleaned thoroughly with disinfecting cleaning products.
- c. Any field vehicle used by a person or persons who demonstrate COVID-19 Symptoms including cough, fever, shortness of breath, runny nose, or sore, should not be used until the entire vehicle is thoroughly sanitized.

Accommodations

- 1. Where possible, field researchers should have enough food/water/camp equipment/fuel so as reduce trips to local towns to get supplies.
- 2. If camping, make sure that there is camping available where you are going as the Provincial Parks and National Parks have closed.
- 3. If camping, all workers must maintain social distancing; using their own camping/ cooking gear, etc.
- 4. If accommodations/lodging are in motel/hotels consideration should be only one person per room.
- 5. If staying in motel/hotels workers/researchers will need to bring their own food with the closure of most restaurants. Not all places in small communities will have a drive-thru.