

# Helping You Wear it Right

## Wearing your 3M™ Half Facepiece Reusable Respirator

1



Place the respirator over your nose and mouth with bottom straps unfastened.

2



Pull the top strap over your head, placing the head cradle on the crown of your head.

3



Hook the bottom straps together behind your neck.

4



Adjust strap tension to achieve a secure fit.



### WARNING

These respirators help reduce exposures to certain airborne particulates. Before use, the wearer must read and understand the User Instructions provided as a part of the product packaging. A written respiratory protection program must be implemented meeting all the requirements of OSHA 1910.134 including training, fit testing and medical evaluation. In Canada, CSA standards Z94.4 requirements must be met and/or requirements of the applicable jurisdiction, as appropriate. **Misuse may result in sickness or death.** For proper use, see package instructions, supervisor, or call 3M OH&ESD Technical Service in USA at 1-800-243-4630 and in Canada at 1-800-267-4414.



3M™ Half Facepiece Disposable Respirator 5000 Series

3M™ Half Facepiece Reusable Respirator 6000 Series with Filters

3M™ Half Facepiece Reusable Respirator 6000 Series with Cartridges

## Check the seal of your 3M™ Half Facepiece Reusable Respirator each time you don the respirator

**Note:** Before assigning any respirator to be worn in a contaminated area, a qualitative or quantitative fit test must be performed per U.S. OSHA standard 29CFR 1910.134 or local requirements.

**Note:** Perform a positive and/or negative pressure user seal check each time the respirator is donned. If you cannot achieve a proper seal, do not enter contaminated area. See your supervisor.



### Positive Pressure User Seal Check

Place the palm of your hand over the exhalation valve cover and *exhale* gently. The facepiece should bulge slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal.\*



### Negative Pressure User Seal Check

#### Using Particulate Filters

Place your thumbs over the center of the filters and *inhale* gently. The facepiece should collapse slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal.\*



#### Using Cartridges

Place the palms of your hands over the cartridges and *inhale* gently. The facepiece should collapse slightly. If air leaks between the face and the facepiece of the respirator, reposition it and adjust the straps for a more secure seal.\*

\* If you cannot achieve a proper seal, do not enter contaminated area. See your supervisor.

**General Offices**  
3M Center  
St. Paul, MN 55144-1000

### For More Information

#### In U.S.

Technical Assistance: 1-800-243-4630  
Customer Service: 1-800-328-1667  
3M.com/PPESafety

#### In Canada

Technical Assistance: 1-800-267-4414  
Customer Service: 1-800-364-3577  
3M.CA/Safety

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