

For immediate release — Monday, October 28, 2019

## **University of Lethbridge highlights for the week of October 28 to November 3**

The University of Lethbridge has several events lined up this week that may be of interest to your readers, viewers and listeners. Members of the media who are interested in covering these events are encouraged to contact the individual event organizer directly.

### **Life Balance Fair**

**Wednesday, Oct. 30, 10 a.m. to 1:30 p.m., indoor track, 1st Choice Savings Centre**

October is Canada's Healthy Workplace Month and U of L Wellness & Recognition is hosting the Life Balance Fair to help people explore ways of finding balance in their personal and professional lives. More than 60 exhibitors will be available, including a flu immunization clinic, St. John Ambulance Therapy Dogs, a Pound fitness class demo and a mini Escape from LA, along with food and prizes.

**Contact** — Suzanne McIntosh, 403-332-5217, [suzanne.mcintosh@uleth.ca](mailto:suzanne.mcintosh@uleth.ca)

### **A Nightmare on Shred Street 4 — The Shred Master**

**Thursday, Oct. 31, 9:30 a.m. to 1 p.m., west bus loading zone outside of the 1st Choice Savings Centre**

Identity theft and fraud are nightmares indeed, and they are among the fastest growing crimes in Canada. People can protect themselves by safely disposing of items like bank statements, credit card bills, utility bills, pay stubs, medical records and store receipts. This annual shredding event is sponsored by U of L Information Technology Services in partnership with Lethbridge Mobile Shredding. People can bring in their personal papers for shredding, hard drives for degaussing and electronics for recycling. Students' Union staff will be on hand to collect donations of cash and non-perishable food items for the campus food bank.

**Contact** — Records Management, 403-329-2750, [records@uleth.ca](mailto:records@uleth.ca)

### **Halloween Costume Contest**

**Thursday, Oct. 31, noon to 1 p.m., Science Commons Atrium, Level 7**

The U of L community has some very creative types who'll be using their skills and talents to come up with ghostly, ghoulish, gruesome garb in the hopes of scaring up a prize for the best solo costume or best group costume.

**Contact** — Dr. Laura Keffer-Wilkes, 403-332-4544, [kefferwilkesl@uleth.ca](mailto:kefferwilkesl@uleth.ca)

**Art NOW — *Killmonger at the Museum: What a Hollywood Blockbuster Can Tell Us About Institutions These Days***

**Friday, Nov. 1, noon to 12:50 p.m., W570, Recital Hall**

Museums have been challenged in recent years to account for who and what they show and who's footing the bill. Starting with a key scene from *Black Panther*, Aruna D'Souza, who writes about modern and contemporary art, will explore the ways institutions are being asked to transform themselves as formerly excluded groups are staking their claims.

**Contact** — Fine Arts, 403-329-2227, [finearts@uleth.ca](mailto:finearts@uleth.ca)

**First Friday Lunch & Listen Concert Series**

**Friday, Nov. 1, 12:15 to 1 p.m., ATB Financial Community Room, Casa, 230 8 St. S.**

Brad Parker, the newest addition to the faculty of the Music Department at the U of L, will be featured in this concert titled *The Piano*.

**Contact** — Breanne Stewart, 403-329-2304, [breanne.day2@uleth.ca](mailto:breanne.day2@uleth.ca)

**southernAB19 Exhibition**

**Friday, Nov. 1, 7 p.m. to Friday, Nov. 15, 4 p.m., Dr. Foster James Penny Building, 324 5 St. S.**

The work of U of L New Media students in Dr. A. William Smith's classes, as well as works from the instructor, will be featured in this exhibition which opens at 7 p.m. Friday, Nov. 1. Their digital artworks, based on imagery in southern Alberta during September and October, will be on display in the Penny Gallery and open to the public from 9 a.m. to 4 p.m. Monday to Friday until Friday, Nov. 15. On Sunday, Nov. 3 from 1 to 3:30 p.m., the gallery is open for a screening of short animations.

**Contact** — Fine Arts, 403-329-2227, [finearts@uleth.ca](mailto:finearts@uleth.ca)

**Opera Workshop Presents Viva Italia**

**Friday and Saturday, Nov. 1 and 2, W570, Recital Hall**

Audiences will be treated to staged excerpts from some of the most beloved and celebrated operas of all time, including Verdi's *La Traviata*, Rossini's *The Barber of Seville*, and Mozart's *The Marriage of Figaro*, as well as a few unexpected Italian-inspired gems.

**Contact** — Fine Arts, 403-329-2227, [finearts@uleth.ca](mailto:finearts@uleth.ca)

**Spooky Science 2019**

**Saturday, Nov. 2, 1 to 3:30 p.m. and 5:30 to 8 p.m., Science Commons Atrium**

Children aged six to 12 get to enjoy more fun after Halloween with Spooky Science. Every year, U of L students who volunteer with Let's Talk Science organize fun, hands-on science activities like firing a vortex cannon, making ghostly boo bubbles and brewing potions to inspire students to pursue careers in science and increase public access to science.

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