



For immediate release — Monday, April 8, 2019

University of Lethbridge highlights for the week of April 8 to 14

The University of Lethbridge has several events lined up this week that may be of interest to your readers, viewers and listeners. Members of the media who are interested in covering these events are encouraged to contact the individual event organizer directly.

National Volunteer Week flag raising

Monday, April 8, 11 a.m., flagpoles by the U of L bus loop

Media are invited to join the U of L in kicking off National Volunteer Week to recognize and celebrate the contributions of community volunteers.

Contact — Caroline Zentner, 403-394-3975, caroline.zentner@uleth.ca

Institute for Child and Youth Studies — third annual student symposium

Monday, April 8, 9 a.m. to 5 p.m., Galt Museum

This one-day symposium features scholars, community members and other professionals presenting their work on the intersection of youth, children and museums.

Contact — Jenny Oseen, 403-329-2551, oseejs@uleth.ca

Open Studio Student Exhibition

Monday, April 8, 10 a.m. to 5 p.m., Level 8, University Centre for the Arts

Student work from the current academic year will be highlighted in the exhibition. The works featured includes everything from sculptures and ceramics to photography, printmaking and painting. Studios will be open to the public from 10 a.m. until 4 p.m.

Contact — Fine Arts, 403-329-2227, finearts@uleth.ca

Lunch & Learn — Researching Wellness with Dr. Roy Golsteyn

Tuesday, April 9, noon to 1 p.m., AH100, Anderson Hall

Dr. Roy Golsteyn, a biology professor, will discuss his wildflower research and the science behind the Prairie to Pharmacy Program at the U of L. More information can be found online at [The Natural Product and Cancer Cell Laboratories](#).

Contact — Suzanne McIntosh, 403-380-1876, suzanne.mcintosh@uleth.ca

Mindfulness and Meaning in Life

Thursday, April 11, noon to 1 p.m., AH100, Anderson Hall

Dr. Nikolett Eisenbeck, visiting professor from Károli Gáspár University in Hungary, will talk about how mindfulness and meaning in life contribute to psychological well-being. The session includes discussion on Acceptance and Commitment Therapy, how to integrate mindfulness and meaning, and simple exercises that can be used in daily life.

Contact — Suzanne McIntosh, 403-332-5217, suzanne.mcintosh@uleth.ca

Reflecting on Research: Conducting Oral Histories with the Queer Community in Southern Alberta

Thursday, April 11, 7:30 to 9 p.m., Dr. Foster James Penny Building, 324 5 St. S.

This presentation features the work of two U of L undergraduate students.

Contact — Dr. Suzanne Lenon, 403-380-1876, suzanne.lenon@uleth.ca

Dhillon School of Business annual scholarship dinner honours Ralph Thrall III

Friday, April 12, 6 p.m., Coast Hotel and Conference Centre

The 32nd annual scholarship dinner will shine a spotlight on Ralph Thrall III and the McIntyre Ranch. Thrall and his family have run a successful beef cattle business while remaining committed to the sustainability of the land and to making a positive difference in the community on social and environmental fronts. This event will celebrate Thrall and the legacy of the McIntyre Ranch, as well as raise funds for student scholarships. More information can be found on [UNews](#).

Contact — Liz Morgan, 403-329-2139, e.morgan@uleth.ca

Suzuki Violin Spring Concert

Saturday, April 13, 11 a.m. to 1 p.m., ATB Financial Community Room, Casa, 230 8 St. S.

Everyone is welcome to attend the Suzuki Violin School's year-end concert.

Contact — Breanne Stewart, 403-329-2304, breanne.day2@uleth.ca

Strings Year-End Recital

Saturday, April 13, 4 to 6 p.m., ATB Financial Community Room, Casa, 230 8 St. S.

The recital features Stringendo Orchestra, conducted by Mark Rodgers, and Sinfonia Allegro Orchestra, conducted by Lise Boutin.

Contact — Breanne Stewart, 403-329-2304, breanne.day2@uleth.ca

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Caroline Zentner, public affairs adviser
403-394-3975 or 403-795-5403 (cell)
caroline.zentner@uleth.ca