



For immediate release —Monday, January 15, 2018

University of Lethbridge highlights for the week of January 15 to 21

The University of Lethbridge has several events lined up this week that may be of interest to your readers, viewers and listeners. Members of the media who are interested in covering these events are encouraged to contact the individual event organizer directly.

Blue Monday

Monday, Jan. 15, 8:30 a.m. to 4:30 p.m., various locations

Blue Monday is touted as being the most depressing day of the year even though the concept has no basis in scientific research. The folks at the Student Success Centre know students can face some tough adjustments in January as they start a new semester so they'll be spreading good cheer around campus. Keep an eye out for gifts, small reminders and free coffee.

Contact — Kyra Gillert, 403-382-7123, k.gillert@uleth.ca

Club Rush Week

Monday, Jan. 15 to Friday, Jan. 19, 9 a.m. to 3 p.m., University Hall Atrium

Students who want to join a sorority or fraternity, be involved in a club devoted to a sport or discipline, celebrate geek culture, have fun drumming, curling or juggling can check out the options during Club Rush Week.

Contact — Dan Smit, 403-329-2222, su.studentaffairs@uleth.ca

Cade Community Lectures

Monday, Jan. 15, 7:30 p.m., Theatre Gallery, Lethbridge Public Library

Erin Phillips, chaplain of the Ecumenical Campus Ministry, will discuss the human need for living a life with meaning in her talk titled *Making Sense Out of Suffering: The Enduring Appeal of Victor Frankl's 'Man's Search for Meaning.'* The Cade Community Lectures are sponsored by the Ecumenical Campus Ministry, Office of the President at the U of L and the Lethbridge Public Library.

Contact: Caroline Zentner, 403-394-3975, caroline.zentner@uleth.ca

National Non-Smoking Week — Information booth

Thursday, Jan. 18, 11:30 to 2 p.m., 1st Choice Savings Centre foyer

U of L Wellness is teaming up with Alberta Health Services and Healthy Lethbridge to promote National Non-Smoking Week, Jan. 21 to 27. Information will be available about AlbertaQuits' new campaign called #ABPRACTICES. A Practice Quit is a short commitment to quitting tobacco that helps build the skills and confidence to become tobacco-free for good.

Contact — U of L Wellness, wellness@uleth.ca

Opening Reception — Meryl McMaster: Confluence

Thursday, Jan. 18, 4 to 6 p.m., Main Gallery, Level 6, Centre for the Arts

McMaster explores identity, representation, storytelling and the environment through photographic self-portraiture in this touring exhibition from Carleton University Art Gallery.

A **media sneak peek** has been scheduled for Thursday from 10 to 11 a.m. at the Main Gallery. McMaster and U of L Art Gallery director, Dr. Josephine Mills, will be available to speak to media.

Contact — Kelly Morris, 403-327-2227, kelly.morris@uleth.ca

Prentice Institute Brown Bag — Cultural Safety & Health Equity

Thursday, Jan. 19, noon to 1:30 p.m., Prentice Institute boardroom, L1102 (Library)

Dr. Sharon Yanicki, a U of L Health Sciences professor, and Dr. Vivien Suttorp, lead medical officer of health for Alberta Health Service's South Zone, will discuss the experiences of newly arrived Syrian refugees who attended refugee health clinics in Lethbridge from January to March, 2016.

Contact — Jeffrey Bingley, 403-380-1814, prentice@uleth.ca

Women's Roles in Blackfoot Society

Friday, Jan. 19, 1 to 3 p.m., Level 10 Alcove, Library

Beverly Little Bear, a Kainai Elder and author, will talk about the historical and current roles of women in Blackfoot society. This talk is presented by the Blackfoot Digital Library.

Contact — Adrienne Heavy Head, adrienne.heavyhead@uleth.ca

Are we <bleep>ed? Creativity and the Future of Humanity (if any)

Friday, Jan. 19, 4 to 5:30 p.m., B730, University Hall

Dr. Kent Peacock, a U of L professor of philosophy, will discuss creativity in humans. While creativity has gotten homo sapiens through many evolutionary bottlenecks before, can it help us through the bottleneck of the damage we've caused to the very ecosystems that support our existence? Peacock will explore what needs to happen in order for that to occur and the role that philosophers might play if they took the role of creativity more seriously. This lecture is part of the Department of Philosophy Colloquium Series.

Contact — Bev Garnett, 403-380-1894, bev.garnett@uleth.ca

—30—

Contact:

Caroline Zentner, public affairs advisor
403-394-3975 or 403-795-5403 (cell)

[caroline.](#)

zentner@uleth.ca