

University of  
Lethbridge



## Program Planning Guide

**Calendar Year:** 2018/2019

**Name:** \_\_\_\_\_

**ID:** \_\_\_\_\_

**Bachelor of Therapeutic Recreation**

**Academic Calendar:**

[www.uleth.ca/ross/academic-calendar](http://www.uleth.ca/ross/academic-calendar)

**Current and Past Program Planning Guides:**

[www.uleth.ca/ross/ppgs](http://www.uleth.ca/ross/ppgs)

**Faculty of Health Sciences Advising:**

[www.uleth.ca/healthsciences/advising](http://www.uleth.ca/healthsciences/advising)  
[health.sciences@uleth.ca](mailto:health.sciences@uleth.ca)  
403-329-2649  
M3080

This Program Planning Guide is designed to help you plan your Bachelor of Therapeutic Recreation program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Bachelor of Therapeutic Recreation program.

**Name :** \_\_\_\_\_

**ID :** \_\_\_\_\_

**Bachelor of Therapeutic Recreation**

**Course Requirements**

- \_\_\_\_\_ Therapeutic Recreation 1160 - Human Anatomy and Physiology
- \_\_\_\_\_ Therapeutic Recreation 3000 - Foundations of Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 3100 - Program Planning in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 3150 - Abnormal Psychology
- \_\_\_\_\_ Therapeutic Recreation 3200 - Introduction to Recreation and Leisure: Across the Life Course
- \_\_\_\_\_ Therapeutic Recreation 3300 - Processes and Techniques in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 3400 - Facilitation of Therapeutic Recreation Interventions
- \_\_\_\_\_ Therapeutic Recreation 3500 - Therapeutic Recreation for Special Populations
- \_\_\_\_\_ Therapeutic Recreation 4000 - Issues and Trends in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 4100 - Research Design in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 4200 - Administration in Therapeutic Recreation
- \_\_\_\_\_ Therapeutic Recreation 4550 - Practicum in Therapeutic Recreation (15.0 credit hours)
- \_\_\_\_\_ Health Sciences 1170 - Human Development Across the Lifespan

**One of:**

- \_\_\_\_\_ Health Sciences 2450/History 2450 - Evolution of Health and Illness Care
- \_\_\_\_\_ Health Sciences 4500/Fine Arts 4500 - Global Health, Fine Arts, and Social Change
- \_\_\_\_\_ Kinesiology 2130 - Humanities Perspectives
- \_\_\_\_\_ Philosophy 2001 - Introduction to Ethics

**Two of:**

- \_\_\_\_\_ Health Sciences 2600/Women and Gender Studies 2100 - Women and Health
- \_\_\_\_\_ Health Sciences 2700/Sociology 2700 - Health and Society
- \_\_\_\_\_ Health Science 3500 - Information in Health Care
- \_\_\_\_\_ Health Sciences 3510 - Program Planning and Evaluation
- \_\_\_\_\_ Health Sciences 3570/Psychology 3570 - Contemporary Issues in Mental Health
- \_\_\_\_\_ Health Sciences 3750 - Addictions and Youth
- \_\_\_\_\_ Health Sciences 3800 - Teaching and Learning for Health Professions
- \_\_\_\_\_ Health Sciences 3860 - Men's Health
- \_\_\_\_\_ Kinesiology 2140 - Psychological Perspectives
- \_\_\_\_\_ Kinesiology 2150 - Sociological Perspectives

**Sample Sequencing Plan**

<p><b>Year 1, Fall</b>                  Health Sciences 1170                  Health Sciences 3850                  Therapeutic Recreation 3000                  Therapeutic Recreation 3100                  Therapeutic Recreation 3200</p>	<p><b>Year 1, Spring</b>                  Health Sciences 1850                  Therapeutic Recreation 3300                  Therapeutic Recreation 3500                  Therapeutic Recreation 4100                  "Two of" List course</p>
<p><b>Year 2, Fall</b>                  Therapeutic Recreation 3400                  Therapeutic Recreation 4000                  Therapeutic Recreation 4200                  "Two of" List course                  "One of" List course</p>	<p><b>Year 2, Spring</b>                  Therapeutic Recreation 4550 (15.0 credit hours)</p>

**Sample Sequencing Plan for Online Students**

<p><b>Year 1, Fall</b>                  Health Sciences 3850                  Therapeutic Recreation 3000                  Therapeutic Recreation 3200</p>	<p><b>Year 1, Spring</b>                  Health Sciences 1850                  Therapeutic Recreation 3300                  Therapeutic Recreation 3500</p>
<p><b>Year 1, Summer</b>                  Therapeutic Recreation 3100*                  Therapeutic Recreation 3400*</p>	
<p><b>Year 2, Fall</b>                  Therapeutic Recreation 4000                  Therapeutic Recreation 4200                  Health Sciences 2450/History 2450</p>	<p><b>Year 2, Spring</b>                  Health Sciences 1170                  Health Sciences 3570/Psychology 3570                  Health Sciences 3800                  Therapeutic Recreation 4100</p>
<p><b>Year 3, Fall</b>                  Therapeutic Recreation 4550 (15.0 credit hours)</p>	

\* Summer courses are blended.

