

University of
Lethbridge



Program Planning Guide

Calendar Year: 2018/2019

Name: _____

ID: _____

Bachelor of Health Sciences
Addictions Counselling

Major in Addictions Counselling:

www.uleth.ca/healthsciences/addictions

Academic Calendar:

www.uleth.ca/ross/academic-calendar

High School Admission Requirements:

www.uleth.ca/ross/admissions/undergrad/high-school

Faculty of Health Sciences Advising:

www.uleth.ca/healthsciences/advising
health.sciences@uleth.ca
403-329-2649
M3080

Current and Past Program Planning Guides:

www.uleth.ca/ross/ppgs

This Program Planning Guide is designed to help you plan your Bachelor of Health Sciences program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Addictions Counselling major in the Bachelor of Health Sciences program.

Name : _____

ID : _____

B.H.Sc. Addictions Counselling

Major Requirements

- _____ ADCS 1000 - Introduction to Addiction Studies
- _____ ADCS 1020 - Introduction to the Counselling Interview
- _____ ADCS 1220 - Counselling I (Individual Counselling)
- _____ ADCS 2050 - Internship in Addictions Counselling I
- _____ ADCS 2120 - Counselling II (Group Counselling)
- _____ ADCS 2235 - First Nations Counselling
- _____ ADCS 2245 - Assessment of Addictions
- _____ ADCS 3002 - Health Education and Promotion
- _____ ADCS 3120 - Counselling III (Family Counselling)
- _____ ADCS 3130 - Diversity and Counselling
- _____ ADCS 3140 - Behavioural Pharmacology
- _____ ADCS 3150 - Adult Psychopathology
- _____ ADCS 3240 - Concurrent Disorders
- _____ ADCS 3260 - Research in Addictions
- _____ ADCS 3420 - Ethics in Addictions Counselling
- _____ ADCS 3729 - Studies in Specific Addictive Disorders (Series)
- _____ ADCS 3739 - Addictions in Particular Populations (Series)
- _____ ADCS 4050 - Internship in Addictions Counselling II
- _____ ADCS 4200 - Community Development and Outreach
- _____ HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ NAS 1000 - Introduction to Native American Studies
- _____ PSYC 1000 - Basic Concepts of Psychology
- _____ SOCI 1000 - Introduction to Sociology

One of:

- _____ SOCI 2050 - Social Inequality
- _____ SOCI 2500 - Deviance, Conformity and Social Control

Electives

A maximum of three courses with a course subject code of ABHL, ADCS, EDUC, HLSC, MGT, NURS, PUBH, or TREC may be used to fulfill the Fine Arts and Humanities Electives, Social Science Electives, or Science Electives in the Addictions Counselling major.

- _____ Fine Arts and Humanities Elective: _____
- _____ Fine Arts and Humanities Elective: _____
- _____ Fine Arts and Humanities Elective: _____
- _____ Social Science Elective: _____
- _____ Social Science Elective: _____
- _____ Science Elective: _____
- _____ Science Elective: _____
- _____ Open Elective: _____

Sample Sequencing Plan

Year 1, Fall

- ADCS 1000
- ADCS 1020
- PSYC 1000
- NAS 1000
- SOCI 1000

Year 1, Spring

- ADCS 1220
- ADCS 2235
- ADCS 3002
- Fine Arts and Humanities elective
- Science elective

Year 2, Fall

- ADCS 2120
- ADCS 3420
- One of: SOCI 2050 or SOCI 2500
- Fine Arts and Humanities elective
- Social Science elective

Year 2, Spring

- ADCS 2050

Year 3, Fall

- ADCS 3130
- ADCS 3140
- ADCS 3150
- ADCS 3260
- Science elective

Year 3, Spring

- ADCS 2245
- ADCS 3120
- ADCS 3240
- HLSC 3450/PSYC 3450
- Elective

Year 4, Fall

- ADCS 4050

Year 4, Spring

- ADCS 3729
- ADCS 3739
- ADCS 4200
- Social Science elective
- Fine Arts and Humanities elective

