

# **Program Planning Guide**

**Calendar Year: 2015/2016** 

Name:\_\_\_\_\_

ID: \_\_\_\_\_

Academic Calendar:

www.uleth.ca/ross/academic-calendar

**High School Prerequisites by Course:** 

www.uleth.ca/ross/hs\_prereqs/course

## **Current and Past Program Planning Guides:**

www.uleth.ca/ross/ppgs

### **Faculty of Health Sciences Advising:**

www.uleth.ca/healthsciences/advising health.sciences@uleth.ca 403-329-2649 M3080 ost-Diploma Bachelor of Therapeutic Recreation

This Program Planning Guide is designed to help you plan your Post-Diploma Bachelor of Therapeutic Recreation program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Post-Diploma Bachelor of Therapeutic Recreation program.

#### Name:

ID:

# **Post-Diploma Bachelor of Therapeutic Recreation**

## **Course Requirements**

- Therapeutic Recreation 3000 Foundations of Therapeutic Recreation
- Therapeutic Recreation 3100 Program Planning in Therapeutic Recreation
- Therapeutic Recreation 3200 Introduction to Recreation and Leisure: Across the Life Course
- Therapeutic Recreation 3300 Processes and Techniques in Therapeutic Recreation
- Therapeutic Recreation 3400 Facilitation in Therapeutic Recreation
- Therapeutic Recreation 3500 Therapeutic Recreation for Special Populations
- Therapeutic Recreation 4000 Issues and Trends in Therapeutic Recreation
- Therapeutic Recreation 4100 Research Design in Therapeutic Recreation
- Therapeutic Recreation 4200 Administration in Therapeutic Recreation
- Therapeutic Recreation 4550 Practicum in Therapeutic Recreation (15.0 credit hours)
- Health Sciences 1160/Kinesiology 1160 Human Anatomy and Physiology I
- Health Sciences 1170 Human Development Across the Lifespan
- Psychology 2505 Abnormal Psychology

#### One of:

- Health Sciences 2450/History 2450 Evolution of Health and Illness Care
- Health Sciences 4500/Fine Arts 4500 Global Health, Fine Arts, and Social Change
- **Kinesiology 2130 Humanities Perspectives**
- Philosophy 2001 Introduction to Ethics

#### Two of:

- Health Sciences 2600/Women and Gender Studies 2100 Women and Health
- Health Sciences 2700/Sociology 2700 Health and Society
- Health Sciences 3570/Psychology 3570 Contemporary Issues in Mental Health
- Kinesiology 2140 Psychological Perspectives
- **Kinesiology 2150 Sociological Perspectives**

# **Sample Sequencing Plan**

# Year 1, Fall

Health Sciences 1160/Kinesiology 1160 Health Sciences 1170 Therapeutic Recreation 3000 Therapeutic Recreation 3100 **Therapeutic Recreation 3200** Psychology 2505

#### Year 2, Fall

**Therapeutic Recreation 4000 Therapeutic Recreation 4100** Therapeutic Recreation 4200 "Two of" List course "Two of" List course

## Year 1, Spring

Therapeutic Recreation 3300 Therapeutic Recreation 3400 **Therapeutic Recreation 3500** "One of:" List course

Year 2, Spring Therapeutic Recreation 4550 (15.0 credit hours)

