



## Program Planning Guide

Current and past Program Planning Guides are available on the UofL website at [www.uleth.ca/ross/ppgs/ppg.html](http://www.uleth.ca/ross/ppgs/ppg.html)

Calendar Year: 2014/2015

Faculty of Health Sciences

### About the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences

The Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences program provides students with the practical skills and the theoretical knowledge needed for an effective and compassionate role in treatment, prevention and health promotion wherever addiction, or the potential for addiction, affects people's lives. The Addictions Counselling major considers a range of intervention strategies and addictive behaviours, including substance abuse, problem gambling, and sexual or eating disorders.

Successful completion of the Post-Diploma Bachelor of Health Sciences program earns the student a Bachelor of Health Sciences (B.H.Sc.) degree.

### Admission Requirements

Students holding approved diplomas may be eligible to enter the Post-Diploma B.H.Sc. (Direct Entry) program or the Post-Diploma B.H.Sc. (Extended) program.

#### 1. Direct Entry

Requirements for admission to the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences (Direct Entry) program:

- a. Completion of the Drug and Alcohol Counsellor Diploma program at Fleming College with a minimum cumulative grade point average of 3.00 in the diploma program.

OR

- b. Subject to permission of the Dean of Health Sciences, completion of an approved college diploma in Addictions Counselling, with a cumulative grade point average of 3.00 (or equivalent).

**Note:** *Applicants with extensive practice experience in the field and a GPA of less than 3.00 will be given individual consideration for admission to the Post-Diploma program.*

#### 2. Extended

Requirements for admission to the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences (Extended) program:

- a. Completion of the Child and Youth Care Diploma program at Lethbridge College, with a cumulative grade point average of 3.00 (or equivalent).

OR

- b. Subject to permission of the Dean of Health Sciences, completion of an approved college diploma in Addictions Counselling, or a related discipline, with a cumulative grade point average of 3.00 (or equivalent).

**Note:** *Students will be required to attain a GPA of 2.50 in the first semester of this program to continue into the second semester.*

*Applicants with extensive practice experience in the field and a GPA of less than 3.00 will be given individual consideration for admission to the Post-Diploma program.*

### Application Deadlines

Applications must be received by June 1 for consideration for admission to the subsequent Fall semester. An Application for Admission can be completed at [ApplyAlberta.ca](http://ApplyAlberta.ca).

### Transfer Credit

A student completing the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences program may not receive transfer credit.

Name: \_\_\_\_\_

ID Number: \_\_\_\_\_

**Post-Diploma B.H.Sc. (Direct Entry)**

**Course Requirements**

**Core Courses**

- \_\_\_\_\_ Addictions Counselling 3120 - Counselling III (Family Counselling)
- \_\_\_\_\_ Addictions Counselling 3130 - Diversity and Counselling
- \_\_\_\_\_ Addictions Counselling 3150 - Adult Psychopathology
- \_\_\_\_\_ Addictions Counselling 3240 - Issues in Addiction and Mental Health
- \_\_\_\_\_ Addictions Counselling 3260 - Research in Addictions
- \_\_\_\_\_ Addictions Counselling 3729 - Studies in Specific Addictive Disorders (Series)
- \_\_\_\_\_ Addictions Counselling 3739 - Addictions in Particular Populations (Series)
- \_\_\_\_\_ Addictions Counselling 4050 - Internship in Addictions Counselling II
- \_\_\_\_\_ Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice

**Other Course Requirements**

- \_\_\_\_\_ Fine Arts and Humanities Elective
- \_\_\_\_\_ Fine Arts and Humanities Elective
- \_\_\_\_\_ Social Science Elective
- \_\_\_\_\_ Social Science Elective
- \_\_\_\_\_ Science Elective
- \_\_\_\_\_ Open Elective

**Direct Entry**

**Year 1, Fall**

- Addictions Counselling 3120
- Addictions Counselling 3130
- Addictions Counselling 3150
- Health Sciences 3450/  
Psychology 3450
- Fine Arts and Humanities course

**Year 2, Fall**

- Addictions Counselling 4050

**Year 1, Spring**

- Addictions Counselling 3240
- Addictions Counselling 3260
- Addictions Counselling 3729
- Addictions Counselling 3739
- Health Sciences 4200

**Year 2, Spring**

- Fine Arts and Humanities course
- Social Science course
- Social Science course
- Science course
- Elective

**Post-Diploma B.H.Sc. (Extended)**

**Course Requirements**

**Core Courses**

- \_\_\_\_\_ Addictions Counselling 1000 - Introduction to Addiction Studies
- \_\_\_\_\_ Addictions Counselling 2120 - Counselling II (Group Counselling)
- \_\_\_\_\_ Addictions Counselling 2245 - Assessment of Addictions
- \_\_\_\_\_ Addictions Counselling 3002 - Health Education and Promotion
- \_\_\_\_\_ Addictions Counselling 3120 - Counselling III (Family Counselling)
- \_\_\_\_\_ Addictions Counselling 3130 - Diversity and Counselling
- \_\_\_\_\_ Addictions Counselling 3140 - Neurophysiology of Addictions
- \_\_\_\_\_ Addictions Counselling 3150 - Adult Psychopathology
- \_\_\_\_\_ Addictions Counselling 3240 - Issues in Addiction and Mental Health
- \_\_\_\_\_ Addictions Counselling 3260 - Research in Addictions
- \_\_\_\_\_ Addictions Counselling 3420 - Ethics in Addictions Counselling
- \_\_\_\_\_ Addictions Counselling 3729 - Studies in Specific Addictive Disorders (Series)
- \_\_\_\_\_ Addictions Counselling 3739 - Addictions in Particular Populations (Series)
- \_\_\_\_\_ Addictions Counselling 4050 - Internship in Addictions Counselling II
- \_\_\_\_\_ Addictions Counselling 4200 - Community Development and Outreach
- \_\_\_\_\_ Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice

**Other Course Requirements**

- \_\_\_\_\_ Sociology 1000 - Introduction to Sociology
- \_\_\_\_\_ Writing 1000 - Introduction to Academic Writing
- \_\_\_\_\_ ONE of: Sociology 2500 - Deviance, Conformity and Social Control  
Sociology 3020 - Social Problems
- \_\_\_\_\_ Fine Arts and Humanities Elective
- \_\_\_\_\_ Science Elective

*New Post-Diploma B.H.Sc. students should contact a Faculty of Health Sciences Academic Advisor for program planning.*

**Extended**

**Year 1, Fall**

- Addictions Counselling 1000
- Addictions Counselling 2120
- Addictions Counselling 2245
- Sociology 1000
- Science course

**Year 2, Fall**

- Addictions Counselling 3120
- Addictions Counselling 3130
- Addictions Counselling 3140
- Addictions Counselling 3150
- Addictions Counselling 3420

**Year 3, Fall**

- Addictions Counselling 4050

**Year 1, Spring**

- Addictions Counselling 3002
- Health Sciences 3450/  
Psychology 3450
- Sociology 2500 or Sociology 3020
- Writing 1000
- Fine Arts and Humanities course

**Year 2, Spring**

- Addictions Counselling 3240
- Addictions Counselling 3260
- Addictions Counselling 3729
- Addictions Counselling 3739
- Addictions Counselling 4200

