



Program Planning Guide

Current and past Program Planning Guides are available on the UofL website at www.uleth.ca/ross/ppgs/ppg.html

Calendar Year: 2014/2015

Faculty of Health Sciences

About the Addictions Counselling major

The Addictions Counselling major provides students with the practical skills and the theoretical knowledge needed for an effective and compassionate role in treatment, prevention and health promotion wherever addiction, or the potential for addiction, affects people's lives. The Addictions Counselling major considers a range of intervention strategies and addictive behaviours, including substance abuse, problem gambling, and sexual or eating disorders.

Admission Requirements

High school applicants applying to the Addictions Counselling program must hold a 65% high school average to be considered. Transfer applicants with eight or more transferrable courses must have an admission grade point average of 2.00 on a 4.00 point scale.

All applicants must satisfy completion of these Alberta high school courses, or equivalents:

- English Language Arts 30-1
- Biology 30 or Chemistry 30
- Two other 30-level 'academic' courses
- A fifth course at the 30-level (not including Special Projects)

Applicants must also provide an Admission Statement.

Admission Statement

All applicants must submit an Admission Statement to the Admissions Office by June 1. The mandatory Admission Statement provides the Faculty of Health Sciences with the experience, inspirations, and goals of applicants to the Addictions Counselling program. The Admission Statement form is available at:

www.uleth.ca/healthsciences/statement

Since the number of qualified applicants can exceed the number of places available, fulfillment of the minimum academic or statement requirements does not guarantee admission to the Addictions Counselling major in the B.H.Sc. program. The process is competitive and the Faculty of Health Sciences reserves the right of selection of all students for admission and readmission to the Faculty.

Application Deadline

Applications must be received by June 1 for consideration for admission to the subsequent Fall semester. An Application for Admission can be completed at ApplyAlberta.ca.

Questions?

If you have questions about this program, please contact the Faculty of Health Sciences at the University of Lethbridge (health.sciences@uleth.ca).

Program Worksheet

Name: _____ ID Number: _____

Core Courses

- _____ Addictions Counselling 1000 - Introduction to Addiction Studies
- _____ Addictions Counselling 1020 - Introduction to the Counselling Interview
- _____ Addictions Counselling 1220 - Counselling I (Individual Counselling)
- _____ Addictions Counselling 2050 - Internship in Addictions Counselling I
- _____ Addictions Counselling 2120 - Counselling II (Group Counselling)
- _____ Addictions Counselling 2245 - Assessment of Addictions
- _____ Addictions Counselling 3002 - Health Education and Promotion
- _____ Addictions Counselling 3120 - Counselling III (Family Counselling)
- _____ Addictions Counselling 3130 - Diversity and Counselling
- _____ Addictions Counselling 3140 - Neurophysiology of Addictions
- _____ Addictions Counselling 3150 - Adult Psychopathology
- _____ Addictions Counselling 3240 - Issues in Addiction and Mental Health
- _____ Addictions Counselling 3260 - Research in Addictions
- _____ Addictions Counselling 3420 - Ethics in Addictions Counselling
- _____ Addictions Counselling 3729 - Studies in Specific Addictive Disorders (Series)
- _____ Addictions Counselling 3739 - Addictions in Particular Populations (Series)
- _____ Addictions Counselling 4050 - Internship in Addictions Counselling II
- _____ Addictions Counselling 4200 - Community Development and Outreach
- _____ Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice

Other Course Requirements

- _____ Native American Studies 1000 - Introduction to Native American Studies
- _____ Psychology 1000 - Basic Concepts of Psychology
- _____ Sociology 1000 - Introduction to Sociology
- _____ ONE of: Sociology 2500 - Deviance, Conformity and Social Control
Sociology 3020 - Social Problems
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Social Science
- _____ GLER course - Social Science
- _____ GLER course - Science
- _____ GLER course - Science
- _____ Elective
- _____ Elective

Sample Sequencing Plan

Year 1, Fall

- ADCS 1000
- ADCS 1020
- PSYC 1000
- Fine Arts and Humanities course
- Science course

Year 1, Spring

- ADCS 1220
- ADCS 3002
- NAS 1000
- SOCI 1000
- Fine Arts and Humanities course

Year 2, Fall

- ADCS 2120
- ADCS 2245
- ADCS 3420
- One of: SOCI 2500 or
SOCI 3020
- Social Science course

Year 2, Spring

- ADCS 2050

Year 3, Fall

- ADCS 3120
- ADCS 3130
- ADCS 3140
- ADCS 3150
- Science course

Year 3, Spring

- ADCS 3240
- ADCS 3260
- HLSC 3450/PSYC 3450¹
- Fine Arts and Humanities course
- Elective

Year 4, Fall

- ADCS 4050

Year 4, Spring

- ADCS 3729
- ADCS 3739
- ADCS 4200
- Social Science course
- Elective