



Program Planning Guide

Current and past Program Planning Guides are available on the UofL website at www.uleth.ca/ross/ppgs/ppg.html

Calendar Year: 2013/2014

Faculty of Health Sciences

About the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences

The Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences program provides students with the practical skills and the theoretical knowledge needed for an effective and compassionate role in treatment, prevention and health promotion wherever addiction, or the potential for addiction, affects people's lives. The Addictions Counselling major considers a range of intervention strategies and addictive behaviours, including substance abuse, problem gambling, and sexual or eating disorders.

Successful completion of the Post-Diploma Bachelor of Health Sciences program earns the student a Bachelor of Health Sciences (B.H.Sc.) degree.

Admission Requirements

Students holding approved diplomas may be eligible to enter the Post-Diploma B.H.Sc. (Direct Entry) program or the Post-Diploma B.H.Sc. (Extended) program.

1. Direct Entry

Requirements for admission to the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences (Direct Entry) program:

- a. Completion of the Drug and Alcohol Counsellor Diploma program at Fleming College with a minimum cumulative grade point average of 3.00 in the diploma program.

OR

- b. Subject to permission of the Dean of Health Sciences, completion of an approved college diploma in Addictions Counselling, with a cumulative grade point average of 3.00 (or equivalent).

Note: *Applicants with extensive practice experience in the field and a GPA of less than 3.00 will be given individual consideration for admission to the Post-Diploma program.*

2. Extended

Requirements for admission to the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences (Extended) program:

- a. Completion of the Child and Youth Care Diploma program at Lethbridge College, with a cumulative grade point average of 3.00 (or equivalent).

OR

- b. Subject to permission of the Dean of Health Sciences, completion of an approved college diploma in Addictions Counselling, or a related discipline, with a cumulative grade point average of 3.00 (or equivalent).

Note: *Students will be required to attain a GPA of 2.50 in the first semester of this program to continue into the second semester.*

Applicants with extensive practice experience in the field and a GPA of less than 3.00 will be given individual consideration for admission to the Post-Diploma program.

Application Deadlines

Fall Semester: June 1
Spring Semester: November 1

An Application for Admission can be completed at ApplyAlberta.ca.

Transfer Credit

Addictions Counselling majors admitted to the Post-Diploma Bachelor of Health Sciences program will be allowed to transfer a maximum of two semester course equivalents (6.0 credit hours).

Name: _____

ID Number: _____

Post-Diploma B.H.Sc. (Direct Entry)

Course Requirements

Health Sciences Courses

- _____ HLSC 3120 - Counselling III (Family Counselling)
- _____ HLSC 3130 - Diversity and Counselling
- _____ HLSC 3150 - Adult Psychopathology
- _____ HLSC 3240 - Issues in Addiction and Mental Health
- _____ HLSC 3260 - Research in Addictions
- _____ * HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ HLSC 3749 - Studies in Specific Addictive Disorders
- _____ HLSC 3759 - Addictions in Particular Populations
- _____ HLSC 4050 - Internship in Addictions Counselling II

Other Course Requirements

- _____ HLSC 4200 - Community Development and Outreach
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Social Science
- _____ GLER course - Social Science
- _____ GLER course - Science
- _____ Open Elective

** Students with an appropriate statistics credit in their diploma will replace this requirement with an Elective that is not a Health Sciences course.*

Direct Entry

Year 1, Fall

- Health Sciences 3120
- Health Sciences 3130
- Health Sciences 3150
- Health Sciences 3749
- Fine Arts and Humanities course

Year 2, Fall

- Health Sciences 4050

Year 1, Spring

- Health Sciences 3240
- Health Sciences 3260
- Health Sciences 3450/
Psychology 3450
- Health Sciences 3759
- Health Sciences 4200

Year 2, Spring

- Fine Arts and Humanities course
- Social Science course
- Social Science course
- Science course
- Elective

Post-Diploma B.H.Sc. (Extended)

Course Requirements

Health Sciences Courses

- _____ HLSC 1000 - Introduction to Addiction Studies
- _____ HLSC 2120 - Counselling II (Group Counselling)
- _____ HLSC 2245 - Assessment of Addictions
- _____ HLSC 3002 - Health Education and Promotion
- _____ HLSC 3120 - Counselling III (Family Counselling)
- _____ HLSC 3130 - Diversity and Counselling
- _____ HLSC 3140 - Neurophysiology of Addictions
- _____ HLSC 3150 - Adult Psychopathology
- _____ HLSC 3240 - Issues in Addiction and Mental Health
- _____ HLSC 3260 - Research in Addictions
- _____ HLSC 3420 - Ethics in Addictions Counselling
- _____ ¹ HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ HLSC 3749 - Studies in Specific Addictive Disorders
- _____ HLSC 3759 - Addictions in Particular Populations
- _____ HLSC 4050 - Internship in Addictions Counselling II
- _____ HLSC 4200 - Community Development and Outreach

Other Course Requirements

- _____ SOCI 1000 - Introduction to Sociology
- _____ WRIT 1000 - Introduction to Academic Writing
- _____ ONE of: SOCI 2020 - Social Problems
SOCI 2500 - Deviance, Conformity and Social Control
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Science

¹ Or any other Statistics course approved by the Dean

Note: *New Post-Diploma B.H.Sc. students should contact a Faculty of Health Sciences Academic Advisor for program planning.*

Extended

Year 1, Fall

- Health Sciences 1000
- Health Sciences 2120
- Health Sciences 2245
- Health Sciences 3002
- Sociology 1000

Year 2, Fall

- Health Sciences 3120
- Health Sciences 3130
- Health Sciences 3140
- Health Sciences 3150
- Health Sciences 3420

Year 3, Fall

- Health Sciences 4050

Year 1, Spring

- Health Sciences 3450/
Psychology 3450
- Sociology 2020 or Sociology 2500
- Writing 1000
- Fine Arts and Humanities course
- Science course

Year 2, Spring

- Health Sciences 3240
- Health Sciences 3260
- Health Sciences 3749
- Health Sciences 3759
- Health Sciences 4200

