



Program Planning Guide

Current and past Program Planning Guides are available on the UofL website at www.uleth.ca/ross/ppgs/ppg.html

Calendar Year: 2012/2013

Faculty of Health Sciences

About the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences

The Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences program provides students with the practical skills and the theoretical knowledge needed for an effective and compassionate role in treatment, prevention and health promotion wherever addiction, or the potential for addiction, affects people's lives. The Addictions Counselling major considers a range of intervention strategies and addictive behaviours, including substance abuse, problem gambling, and sexual or eating disorders.

General Liberal Education Requirement

The program is built upon a sound liberal education foundation including courses from the areas of Fine Arts and Humanities, Social Science, and Science. The General Liberal Education Requirement is a degree requirement of all University of Lethbridge undergraduate students. It is based on the liberal education philosophy of the University and is designed to ensure that students acquire breadth of knowledge encompassing a wide range of disciplines.

Approved Two-Year Diplomas

Students holding approved diplomas may be eligible to enter the Post-Diploma B.H.Sc. (Direct Entry) program or the Post-Diploma B.H.Sc. (Extended) program:

- Graduates of Fleming College or Nova Scotia Community College will be considered for the Post-Diploma B.H.Sc. (Direct Entry) program.
- Graduates of the Keyano College Aboriginal Addictions Services Diploma or the Child and Youth Care Diploma program at Lethbridge College, will be considered only for admission into the Post-Diploma B.H.Sc. (Extended) program.
- Graduates of other college programs in addictions counselling will be considered for admission to the appropriate program.

Successful completion of the Post-Diploma Bachelor of Health Sciences (Direct Entry) program or the Post-Diploma Bachelor of Health Sciences (Extended) program earns the student a Bachelor of Health Sciences (B.H.Sc.) degree.

Admission Requirements

Requirements for admission to the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences (Direct Entry) program:

- Completion of the Drug and Alcohol Counsellor Diploma program at Fleming College or the Addictions Counselling Diploma program at Nova Scotia Community College, with a minimum cumulative grade point average of 3.00 in the diploma program.
- OR**
- Subject to permission of the Dean of Health Sciences, completion of an approved college diploma in Addictions Counselling, with a cumulative grade point average of 3.00 (or equivalent).

Note: Applicants with extensive practice experience in the field and a GPA of less than 3.00 will be given individual consideration for admission to the Post-Diploma program.

Requirements for admission to the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences (Extended) program:

- Completion of the Aboriginal Addictions Services Diploma at Keyano College or the Child and Youth Care Diploma program at Lethbridge College, with a cumulative grade point average of 3.00 (or equivalent).
- OR**
- Subject to permission of the Dean of Health Sciences, completion of an approved college diploma in Addictions Counselling, or a related discipline, with a cumulative grade point average of 3.00 (or equivalent).

Note: Students will be required to attain a GPA of 2.50 in the first semester of this program to continue into the second semester.

Applicants with extensive practice experience in the field and a GPA of less than 3.00 will be given individual consideration for admission to the Post-Diploma program.

This Program Planning Guide is designed to help you plan your Post-Diploma Bachelor of Health Sciences program in the Faculty of Health Sciences at the University of Lethbridge. The information should help you keep track of your progress. Please remember that this is only a guide. It should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and admission to the Addictions Counselling major in the Post-Diploma Bachelor of Health Sciences program.

Program Structure

Transfer Credit

Addictions Counselling majors admitted to the Post-Diploma Bachelor of Health Sciences (Direct Entry) program will be allowed to transfer a maximum of two semester course equivalents (6.0 credit hours).

Addictions Counselling majors admitted to the Post-Diploma Bachelor of Health Sciences (Extended) program will be allowed to transfer a maximum of two semester course equivalents (6.0 credit hours).

Academic Standards

Students must maintain a minimum cumulative grade point average of 2.00 for all courses and 2.50 for required Health Sciences courses.

Post-Diploma B.H.Sc. (Direct Entry) Program Requirements

1. Successful completion of at least 20 course equivalents (60.0 credit hours) with a cumulative grade point average of at least 2.00 on courses taken for credit toward the degree.
2. Attain a minimum cumulative grade point average of 2.50 on all required Health Sciences courses taken for credit toward the degree.
3. Completion of two courses from each of Lists I, II, and III for the General Liberal Education Requirement (see the 2012/2013 University of Lethbridge Calendar, Part 4 - Academic Regulations, Section 11, p. 91).
4. Attain a passing grade on the required internship course (Health Sciences 4050).
5. Not more than three Independent Study courses may be taken for credit toward the degree (see the 2012/2013 University of Lethbridge Calendar, Part 10 - Health Sciences, Section 5.b., p. 209).
6. At least six courses that are not Health Sciences courses to be taken for credit toward the degree.
7. Residence requirement: 18 courses (54.0 credit hours), including a minimum of 12 courses (36.0 credit hours) in Health Sciences.
8. All degree requirements must be completed within seven years of the first Health Sciences course used for credit toward the degree.

Post-Diploma B.H.Sc. (Extended) Program Requirements

Post-Diploma students who are not directly admissible to the Post-Diploma B.H.Sc. (Direct Entry) program will be admitted to the Post-Diploma B.H.Sc. (Extended) program and will complete the following five qualifying courses in their first semester:

- Health Sciences 2120 - Counselling II (Group Counselling)
- Health Sciences 2245 - Assessment of Addictions
- Psychology 1000 - Basic Concepts of Psychology
- Sociology 1000 - Basic Concepts in Sociology

One of:

- Library Science 2000 - Library Research and Information Systems
- Writing 1000 - Introduction to Academic Writing
- A course approved by the Dean of Health Sciences

Students in the Post-Diploma B.H.Sc. (Extended) program must successfully complete the qualifying courses with a cumulative grade point average of at least 2.50 before proceeding into the second semester of the program.

Post-Diploma B.H.Sc. (Extended) General Requirements

1. Successful completion of at least 25 course equivalents (75.0 credit hours) with a cumulative grade point average of at least 2.00 on courses taken for credit toward the degree.
2. Attain a minimum cumulative grade point average of 2.50 on all required Health Sciences courses taken for credit toward the degree.
3. Completion of two courses from each of Lists I, II, and III for the General Liberal Education Requirement (see the 2012/2013 University of Lethbridge Calendar, Part 4 - Academic Regulations, Section 11, p. 91).
4. Attain a passing grade on the required internship course (Health Sciences 4050).
5. Not more than three Independent Study courses may be taken for credit toward the degree (see the 2012/2013 University of Lethbridge Calendar, Part 10 - Health Sciences, Section 5.b., p. 209).
6. At least six courses that are not Health Sciences courses to be taken for credit toward the degree.
7. Residence requirement: 23 courses (69.0 credit hours), including a minimum of 15 (45.0 credit hours) in Health Sciences.
8. All degree requirements must be completed within seven years of the first Health Sciences course used for credit toward the degree.

Application/Document Deadlines

Fall Semester:

- Application Deadline June 1
- Document Deadline* June 15

Spring Semester:

- Application Deadline November 1
- Document Deadline* November 15

*Evidence of diploma completion, either by transcript or written advice of the diploma institution, must be received by this date. (Current Application/Document Deadlines are available at www.uleth.ca/ross/admissions/deadlines.html)

Program Worksheet

Name: _____ ID Number: _____

Diploma Information: _____ Year Admitted: _____

Post-Diploma B.H.Sc. (Direct Entry)

Course Requirements

Health Sciences Courses

- _____ HLSC 3120 - Counselling III (Family Counselling)
- _____ HLSC 3130 - Diversity and Counselling
- _____ HLSC 3150 - Adult Psychopathology
- _____ HLSC 3240 - Issues in Addiction and Mental Health
- _____ HLSC 3260 - Research in Addictions
- _____ *HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ HLSC 3749 - Studies in Specific Addictive Disorders
- _____ HLSC 3759 - Addictions in Particular Populations
- _____ HLSC 4050 - Internship in Addictions Counselling II

Other Course Requirements

- _____ ONE of: HLSC 3420 - Ethics in Addictions Counselling
HLSC 4200 - Community Counselling and Development
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Fine Arts and Humanities
- _____ GLER course - Social Science
- _____ GLER course - Social Science
- _____ GLER course - Science
- _____ Open Elective

** Students with an appropriate statistics credit in their diploma will replace this requirement with an Elective that is not a Health Sciences course.*

Post-Diploma B.H.Sc. (Extended)

Course Requirements

Health Sciences Courses

- _____ HLSC 2120 - Counselling II (Group Counselling)
- _____ HLSC 2245 - Assessment of Addictions
- _____ HLSC 3002 - Health Education and Promotion
- _____ HLSC 3120 - Counselling III (Family Counselling)
- _____ HLSC 3130 - Diversity and Counselling
- _____ HLSC 3150 - Adult Psychopathology
- _____ HLSC 3240 - Issues in Addiction and Mental Health
- _____ HLSC 3260 - Research in Addictions
- _____ HLSC 3420 - Ethics in Addictions Counselling
- _____ ¹HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ HLSC 3749 - Studies in Specific Addictive Disorders
- _____ HLSC 3759 - Addictions in Particular Populations
- _____ HLSC 4050 - Internship in Addictions Counselling II

Other Course Requirements

- _____ ²PSYC 1000 - Basic Concepts of Psychology
- _____ SOCI 1000 - Basic Concepts in Sociology
- _____ ³ONE of: LBSC 2000 - Library Research and Information Systems
WRIT 1000 - Introduction to Academic Writing
A course approved by the Dean of Health Sciences
- _____ ONE of: SOCI 2020 - Social Problems
SOCI 2500 - Deviance, Conformity and Social Control
- _____ GLER course - Fine Arts and Humanities
- _____ ⁴GLER course - Fine Arts and Humanities
- _____ ⁵Open Elective
- _____ ⁶Open Elective

¹ Or any other Statistics course approved by the Dean

² Students with a Lethbridge College Child and Youth Care Diploma must complete Health Sciences 3140 in place of Psychology 1000

³ Students with a Lethbridge College Child and Youth Care Diploma must complete Writing 1000 from this list

⁴ Students with a Lethbridge College Child and Youth Care Diploma must complete a Science Elective in place of this Fine Arts and Humanities Elective

⁵ Students with a Lethbridge College Child and Youth Care Diploma must complete Health Sciences 1000 as this Open Elective

⁶ Students with a Lethbridge College Child and Youth Care Diploma must complete Health Sciences 4200 as this Open Elective

Note: *Writing 1000 may be used to fulfill the General Liberal Education Requirement (GLER). Students choosing Writing 1000 may choose an Elective from any Faculty in place of a Fine Arts and Humanities Elective (refer to the 2012/2013 University of Lethbridge Calendar, Part 4 - Academic Regulations, Section 11, p. 91).*

New Post-Diploma B.H.Sc. students should contact a Faculty of Health Sciences Academic Advisor for program planning.

Sample Sequencing Plan

Direct Entry

<p>Year 1, Fall Health Sciences 3120 Health Sciences 3130 Health Sciences 3150 Health Sciences 3749 or Health Sciences 3759 Fine Arts and Humanities Elective</p>	<p>Year 1, Spring Health Sciences 3240 Health Sciences 3260 Health Sciences 3420 or Health Sciences 4200 Health Sciences 3450/ Psychology 3450¹ Health Sciences 3749 or Health Sciences 3759</p>
<p>Year 2, Fall Health Sciences 4050</p>	<p>Year 2, Spring Fine Arts and Humanities Elective Social Sciences Elective Social Sciences Elective Sciences Elective Elective</p>

¹ Students with an appropriate statistics credit in their diploma will replace this requirement with an Elective that is not a Health Sciences course.

Sample Sequencing Plan

Extended

<p>Year 1, Fall Health Sciences 2120 Health Sciences 2245 Psychology 1000 Sociology 1000 Library Science 2000, Writing 1000, or An approved course</p>	<p>Year 1, Spring Sociology 2020 or Sociology 2500 Fine Arts and Humanities Elective Fine Arts and Humanities Elective Elective Elective</p>
<p>Year 2, Fall Health Sciences 3002 Health Sciences 3120 Health Sciences 3130 Health Sciences 3150 Health Sciences 3749 or Health Sciences 3759</p>	<p>Year 2, Spring Health Sciences 3240 Health Sciences 3260 Health Sciences 3420 Health Sciences 3450/ Psychology 3450¹ Health Sciences 3749 or Health Sciences 3759</p>
<p>Year 3, Fall Health Sciences 4050</p>	

¹ Students with an appropriate statistics credit in their diploma will replace this requirement with an Elective that is not a Health Sciences course.

Note: Writing 1000 may be used to fulfill the General Liberal Education Requirement (GLER). Students choosing Writing 1000 may choose an Elective from any Faculty in place of a Fine Arts and Humanities Elective (refer to the 2012/2013 University of Lethbridge Calendar, Part 4 - Academic Regulations, Section 11, p. 91).

Students who completed Lethbridge College's Child and Youth Care Diploma program must consult with an Academic Advisor for a customized sample sequence plan.

