



Celebrated across Alberta, University of Lethbridge faculty, staff, and students are invited to walk around Aperture Lake for 30 minutes.

The group will leave from the south entrance of the 1<sup>st</sup> Choice Savings Building at 12:10 pm, led by President Mahon to the lake.

**The Wellness Committee will provide hot chocolate and cookies!**

**Bundle up and come out for some fresh air and exercise!**

## U of L Winter Walking Challenge

If you are participating in the January 'Let's Get Moving' Walking Challenge, this is the final walk to complete the challenge!

