



February 6, 2019

Join us at the south doors of the Sport and Wellness Centre (by the Climbing Wall) at 12:05 p.m. for Winter Walk Day!

Winter Walk Day is celebrated across Alberta and we will be walking around Aperture Lake for 30 minutes.

The Wellness Committee will provide refreshments! Bundle up and come out for some fresh air and exercise!

Register at wellness@uleth.ca

