



February 28th, 2018

Join us at Aperture Lake at 12:10 p.m. for Winter Walk Day!

The University of Lethbridge Wellness Committee and Student Success Centre invite all Staff and Students to participate in the annual U of L Winter Walk Day to be held on Wednesday, February 28th!

The group will leave from the south entrance of the 1st Choice Savings Building at 12:10 pm and will walk around Aperture Lake for 30 minutes (see below for attached map).

Bundle up and come out to join your campus community for some fresh air and exercise! Hot chocolate and cookies will be provided afterward.



Register by e-mail to Wellness@uleth.ca
Drop-ins also welcome



