Indigenous Awareness Days Presents...

THE KAIROS BLANKET EXERCISE



Sponsored by FNMI Student Affairs

Thursday, March 8, 2018 9:30am – 11:30am Markin Hall Atrium

Facilitated by Jacinda Weiss - FNMI Student Affairs & Amanda Scout - Native Counselling Services of Alberta

Everyone Welcome! And Bring a Blanket

The KAIROS Blanket Exercise is an experiential teaching tool used to raise awareness and increase the understanding of the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada.

This 1.5 hour participatory workshop will help participants understand how colonization of the land we know as Canada, has impacted the people who lived here long before the settlers arrived. Through this exercise participants will explore the nation-to-nation relationship between Indigenous and non-Indigenous peoples in Canada. They will learn how this relationship has been damaged over the years and how they can work towards reconciliation.

For more information, please contact Jacinda Weiss at 403-332-4455 or by email: jacinda.weiss@uleth.ca