



SAFETY BULLETIN

Notification: Poor Weather Conditions

Where there's Snow – there's Ice ...Walk Like A Penguin to Stay Safe

When temperatures fall, so do people as the risk of slips and trips rises. Regardless of where you encounter slippery surfaces, take a cue from an animal that lives on the ice – the Penguin!

Here's how to do the penguin walk:

- Bend slightly and walk flat-footed.
- Point your feet out slightly like a penguin.
- Watch where you are stepping
- Take shorter, shuffle-like steps
- Keep your arms at your sides (not in your pockets)
- Concentrate on keeping your balance.
- Wear footwear with good grips
- Go S-L-O-W-L-Y



Streets, sidewalks and parking lots that have been cleared of snow and ice should still be approached with caution. Look for “black ice”. It often shows up early in the morning or in areas that are shaded from the sun.

Report all slip, trip and fall hazards to safety.services@uleth.ca

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