

SU Food Bank Drive – SOS to Join Forces with the 2018 Heart Smart Challenge

The Supporting our Students (SOS) committee is proud to announce that we have partnered with the Students' Union and organized a food drive as part of the upcoming 2018 Heart Smart Challenge – Be(e) a Wellness Warrior.

Help us fill the shelves of the SU's food bank for fall and earn points towards your Heart Smart score!

Beginning Monday, April 23, non-perishable food donations to the SU Food Bank will earn you up to 10,000 additional points towards your Heart Smart score. Most donations will earn 500 points, but the following high-demand items will earn 1,000 points each:

- Canned vegetables
 - Canned fruit
 - 1+ litre juice
- Unopened package of juice boxes
 - Cereal
 - Oatmeal
- Peanut butter
 - Jam
- Unopened box of granola bars
- Canned meat, excluding tuna

Donations can be dropped off at the Students' Union office (SU180) during regular office hours (8:30 a.m. – 4:30 p.m.) where you will need to complete the donation form to track your Heart Smart points. So start shopping and get ready for the 2018 Heart Smart Challenge – Be(e) a Wellness Warrior!

