

Mini Massage

Take a 10 minute stress break

**DATE TIME LOCATION**

**Jan 29** 10:00 AM – 12:00 PM AH100

**Feb 27** 10:00 AM – 12:00 PM AH100

**Mar 13** 10:00 AM – 12:00 PM L1168

**Mar 26** 1:00 PM – 3:00 PM TH241

To register visit:

***Stay Well at U of L***

http://www.uleth.ca/hr/wellness/mini-massage-registration