



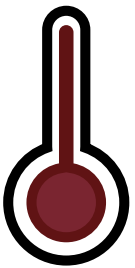
# Measles: Symptoms and Prevention

Canada is currently experiencing an increase in measles activity.

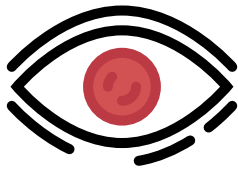
Measles is very contagious and can cause serious health complications.

Measles spreads from an infected person to others through coughing and sneezing.

## SYMPTOMS INCLUDE:



FEVER



RED WATERY  
EYES



COUGH



RUNNY  
NOSE



GENERALIZED  
RASH

If you have symptoms of measles, self isolate, call 811 & follow instructions for testing or care. Please **DO NOT** go to the UofL Health Centre or any health-care office without calling ahead first.

## MEASLES IS PREVENTABLE WITH A VACCINE:

- Having two doses of vaccine is almost 100% effective at preventing measles infection.
- Call Health Link at 811 to check your eligibility for the vaccine. Have your health card available when placing the call.
- For more information:
  - UofL Health Centre or email [health.centre@uleth.ca](mailto:health.centre@uleth.ca)
  - Scan the QR code:

