

UofL Nursing Student Association
Is Proud to Present

KAIROS BLANKET EXERCISE

A experiential teaching tool to raise awareness and increase understanding of the relationship between Indigenous and non-Indigenous people in Canada.



The KAIROS Blanket Exercise: A Workshop in Reconciliation

The KAIROS Blanket Exercise is an experiential teaching tool used to raise awareness and increase the understanding of the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada.

This 1.5 hour participatory workshop will help participants understand how colonization of the land we know as Canada, has impacted the people who lived here long before the settlers arrived. Through this exercise participants will explore the nation-to-nation relationship between Indigenous and non-Indigenous peoples in Canada. They will learn how this relationship has been damaged over the years and how they can work towards reconciliation.

FEBRUARY 28, 2018 | 6:00PM - 8:00PM

LOCATION: IKAISKINI (LOW HORN) BUILDING,

UNIVERSITY OF LETHBRIDGE

FACILITATOR: JACINDA WEISS

ALL NURSING STUDENTS AND FACULTY WELCOME!