

3 Things You Can Do to Decrease Foot, Knee and Back pain!

- Learn all about the benefits of Foot Orthotics, Compression Socks and proper foot wear.
- Information on how to claim these medical expenses through ABC

Webinar Dates:

Nov 17th 12:05pm-12:45

or

Nov 26th 12:05pm-12:45pm

Pre-register at
wellness@uleth.ca

zoom link will be sent

All Participants in Webinar will be put into a draw
for a \$50 Tim Hortons Card

Foot Orthotics



Compression Socks/Shoes



Presented By:

