



Bird Watching 101

With Samantha Krause, MSc Student and Avid Field Guide

Bring your lunch on Tuesday June 18, and join us from 12 – 1 PM in AH100

Do you enjoy birds?

Do you like getting outside?

Join us to learn the basics of bird watching. Samantha will cover the tools you need to get started, some tricks of the trade, and tips for beginners. No birding experience necessary, but birders of all levels are welcome!



Register [Online](#) or by email: Wellness@uleth.ca