

University of  
Lethbridge



# BRAIN AWARENESS WEEK 2024

Free Community  
Lecture



DR. CHELSEA EKSTRAND

There have been significant advances in brain research in recent years, increasing understanding of the brain and raising awareness and support for ongoing research.

**Join University of Lethbridge researchers, students and community partners in the lead up to Brain Awareness Week to learn more about these advances and what they mean for overall brain health.**

## Free Community Lecture **THE NEUROSCIENCE OF “NORMAL”: HOW DO OUR BRAINS SHAPE WHO WE ARE?**

**Dr. Chelsea Ekstrand**

Canadian Centre for Behavioural Neuroscience  
University of Lethbridge

**WED, FEBRUARY 28, 2024 | 6 P.M.**

Galt Museum Viewing Gallery

This talk will explore the question of normality in the human brain by examining how external factors can change our brains, the ways our personality traits influence how we see the world, and the impact of major life events on reshaping our realities.

For more information, visit:  
**[go.uleth.ca/BAW](https://go.uleth.ca/BAW)**  
403-332-4099 | [ccbn@uleth.ca](mailto:ccbn@uleth.ca)



Canadian Centre for  
Behavioural Neuroscience

