

Li Xin

li.xin@email.com

(555) 123-4567

Education

BSc Kinesiology

Sept 2020 - April 2024

University of Lethbridge, Lethbridge, AB

- Minor: Asian Studies
- Graduation GPA: 3.65/4.00
- Relevant Coursework: Exercise Physiology, Biomechanics, Motor Learning and Control, Anatomy and Physiology, Sports Nutrition
- Awards: Dean's List Spring Semester 2023, Arts and Science Achievement Award 2022

Work Experience

Provincial Basketball Referee

Jan 2023 - Present

Southern Alberta Provincial Basketball Association

- Officiate basketball games at the provincial level, ensuring fair play, enforcing rules, and maintaining a high standard of sportsmanship
- Demonstrate a thorough understanding of basketball rules and regulations, consistently applying them in a fair and impartial manner during games
- Uphold the values of sportsmanship, integrity, and fair competition, serving as a role model for athletes and spectators

Fitness Trainer

Sept 2022 - Present

University of Lethbridge Sports & Recreation, Lethbridge, AB

- Work with clients one-on-one to develop customized exercise plans based on their fitness goals and needs
- Conduct fitness assessments and provide ongoing support and guidance
- Assist in organizing group fitness classes and workshops

Volunteer Experience

Sports Event Volunteer

Sept 2021 - April 2023

Lethbridge Sport Society, Lethbridge, AB

- Supported central operational tasks, such as managing event signage, directing participants, and facilitating the flow of activities
- Assisted in coordinating logistical aspects of events, including venue setup, equipment preparation, and participant registration

- Demonstrated effective time management skills by fulfilling assigned responsibilities within specified timeframes

Certificates and Training

CPR and First Aid Certification (<i>University of Lethbridge</i>)	2023
Trauma Informed Care Initiative (<i>Alberta Health Services</i>)	2023
Non-Violent Crisis Intervention (<i>Crisis Prevention Institute</i>)	2022
Holistic Wellness Counseling Certification (<i>Holistic Medicine Canada</i>)	2021

Related Experiences

President Sept 2023 - Present

University of Lethbridge Kinesiology Club, Lethbridge, AB

- Coordinate and manage club events, meetings, and initiatives to ensure smooth operations and active member engagement
- Foster a collaborative and inclusive environment by working closely with club members, executive team, and faculty advisors to achieve collective goals
- Facilitate opportunities for members to enhance their professional skills and knowledge through workshops, networking events, and industry connections

Study Tour of Japan June 2023

Hokkai-Gakuen University, Sapporo, Hokkaido

- Engaged in a comprehensive program in Japan, involving daily lectures, language training, social and cultural events, and field visits to sites of natural and cultural significance
- Demonstrated adaptability and openness to new experiences by living with a Japanese family, actively participating in their daily routines, and integrating into the local community
- Exhibited a commitment to personal and academic growth by taking advantage of enriching opportunities provided by the exchange program

Annual Sports Nutrition Symposium Nov 2022

Saskatoon, Saskatchewan

- Attended sessions and seminars featuring leading experts in sports nutrition, gaining valuable insights into the latest research, trends, and best practices in the field
- Engaged in discussions on topics such as optimal nutrition for athletic performance, dietary strategies for endurance training, and the role of nutrition in injury prevention and recovery

- Networked with professionals, researchers, and fellow attendees to exchange ideas, share knowledge, and build connections within the sports nutrition community.

Hobbies and Interests

Starting Point Guard

Sept 2020 – April 2022

University of Lethbridge Pronghorns Basketball Team

- Played a pivotal role in defensive efforts, utilizing speed and agility to disrupt opponents' plays and create turnovers
- Contributed to offensive strategies by coordinating plays, setting up scoring opportunities, and leading fast breaks