



For immediate release —Monday, February 5, 2018

## **University of Lethbridge highlights for the week of February 5 to 11**

The University of Lethbridge has several events lined up this week that may be of interest to your readers, viewers and listeners. Members of the media who are interested in covering these events are encouraged to contact the individual event organizer directly.

### **Lunch & Learn — Resilience in Work and in Life**

**Tuesday, Feb. 6, noon to 1 p.m., AH137, Anderson Hall**

Dr. Sienna Caspar, a professor in the Faculty of Health Sciences, will introduce the concepts of resilience and self-compassion. Participants will discover how current research in resilience, self-compassion and engaging self-examination helps people learn to embrace their imperfections with kindness.

**Contact** – Wellness, [wellness@uleth.ca](mailto:wellness@uleth.ca)

### **The Greatest Trick the Devil Ever Pulled: The Enduring Ubiquity of White Supremacy** **Wednesday, Feb. 7, 7 p.m. TH201, Turcotte Hall**

Dr. Oludamini Ogunnaike, a professor of religious studies at the College of William and Mary in Williamsburg, Virginia, will discuss the apparent rise of the alt-right and the resurgence of white nationalism following the riots in Charlottesville last summer. Ogunnaike argues these developments are not new or surprising but part of an enduring trend of white supremacy in North and South American history. This talk is sponsored by the U of L African and Caribbean Student Association, the Khan Islamic Studies Endowment and the Department of Religious Studies.

**Thursday, Feb. 8, 11 a.m., AH118, Anderson Hall**

Ogunnaike will discuss an Indigenous religious tradition of Africa called Ifá. It has become one of the most popular and influential traditions that claims millions of adherents around the world. He will introduce Ifá and discuss its interactions with the neighbouring tradition of Islam.

**Contact:** Bev Garnett, 403-380-1894, [bev.garnett@uleth.ca](mailto:bev.garnett@uleth.ca)

### **Management Leadership & Innovation Speaker Series**

**Thursday, Feb. 8, 5:30 to 8 p.m., Coast Lethbridge Hotel**

Darby Allen, former regional fire chief for the Regional Municipality of Wood Buffalo, shot to global acclaim for guiding the residents of Fort McMurray to safety during a catastrophic wildfire. He worked tirelessly with first responders and volunteers and provided calm reassurance as the lead spokesperson throughout. In his keynote speech, Allen will offer guidance on how to be a stoic, quick-thinking leader in tough situations.  
**Contact** – Heather Harty, 403-380-1867, [pdp@uleth.ca](mailto:pdp@uleth.ca)

### **U PD Day Camp**

**Friday, Feb. 9, 8:30 a.m. to 4:30 p.m., 1st Choice Savings Centre**

Destination Exploration and Recreation Services have teamed up to give students in Grades 1 to 5 a place to enjoy their day off from school. Children will get to participate in hands-on STEM activities, swim in the University pool, play cooperative games and take part in physical activities.

**Contact** – Laura Keffer-Wilkes, 403-382-7121, [kefferwilkesl@uleth.ca](mailto:kefferwilkesl@uleth.ca)

### **U of L Brass Day**

**Saturday, Feb. 10, 9:30 a.m. to 8 p.m., Recital Hall (W570), W470, W480**

The Department of Music is hosting a Brass Day for high school, university and community brass players to participate, rehearse and perform. Peder MacLellan, principal tuba with the Vancouver Symphony and professor of low brass at the University of British Columbia, will present a masterclass, be featured in the last session of the day and perform in the evening.

**Contact** – Nick Sullivan, 403-329-2616, [nick.sullivan@uleth.ca](mailto:nick.sullivan@uleth.ca)

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#### **Contact:**

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