



For immediate release —Monday, November 20, 2017

University of Lethbridge highlights for the week of November 20 to 26

The University of Lethbridge has several events lined up this week that may be of interest to your readers, viewers and listeners. Members of the media who are interested in covering these events are encouraged to contact the individual event organizer directly.

Mental Health Week

Monday, Nov. 20 to Friday, Nov. 24, various times and locations

The U of L Students' Union and the Student Success Centre have lined up activities to provide some relief to the demands of academic life as the semester draws to a close. The week kicks off with an Improv Comedy Night at The Zoo from 8 to 11 p.m. on Monday. Tuesday to Friday, the University Hall Atrium will host a Calm Café from 11 a.m. to 2 p.m. where everyone can take a calming breath, have some coffee or cocoa and color a mandala. On Wednesday from 5 to 7 p.m., Art Therapy Night gets underway in the Students' Union ballrooms.

Contact – Sandeep Parmar, 403-329-2222, su.academic@uleth.ca; Kyra Gillert, 403-382-7123, k.gillert@uleth.ca

ART NOW — Andrew Hunter

Monday, Nov. 20, noon to 12:50 p.m., Recital Hall, W570

Andrew Hunter's lecture features works from the exhibitions *Every. Now. Then: Reframing Nationhood* (Art Gallery of Ontario) and *150 Acts: Art, Activism, Impact* (Art Gallery of Guelph). These projects critique the Canada 150 year and serve as a lens to consider the state of public galleries and museums in Canada and the challenge to transform and decolonize these institutions.

Contact – Fine Arts, finearts@uleth.ca

Snacks: A Canadian Food History

Monday, Nov. 20, 3 to 5:30 p.m., C 674, University Hall

Snacks can be both comfort foods and foods eaten at celebrations large and small. What birthday party is complete without a bowl of potato chips? Professor Janis Thiessen, a professor of history and associate director of the Oral History Centre at the University of Winnipeg, has delved into the snack food industry and found a variety of business

models. Some snack foods are prepared in large factories while others are prepared on a small scale and only seasonally. Thiessen will talk about the production and consumption of Canadian snack foods from a historical standpoint.

Contact – Bev Garnett, 403-380-1894, bev.garnett@uleth.ca

Una Ridley Lecture 2017 — Dr. Charlotte Loppie

Monday, Nov. 20, 3 p.m., Students' Union Ballroom

Dr. Loppie, a professor in the School of Public Health and Social Policy at the University of Victoria, will discuss university-community engagement to take action on Indigenous determinants of health. As director of the Centre for Indigenous Research and Community-Led Engagement, Loppie collaborates on Indigenous-focused initiatives to develop research capacity, undertake research projects, mentor, train and share knowledge with diverse communities and organizations locally, nationally and internationally.

Contact – Sharon Lawson, 403-329-2699, sharon.lawson@uleth.ca

Wellness Lunch & Learn — Dr. Jennifer Copeland

Tuesday, Nov. 21, noon to 1 p.m., AH137, Anderson Hall (Human Resources Department)

Copeland, a professor in the Department of Kinesiology & Physical Education, studies the effect of physical activity and sedentary behaviour on health across the lifespan. Copeland will talk about the problems that come with too much sitting and provide tips on how to avoid it.

Contact – Wellness, wellness@uleth.ca

Addressing Healthy Food Options on Campus

Wednesday, Nov. 22, 11 a.m., Andy's Place, AH100

Dr. Kim Raine, a professor in the School of Public Health at the University of Alberta, will discuss the healthy food options on campus, food inequities and how to build capacity to make change.

Contact – Suzanne McIntosh, 403-332-5217, suzanne.mcintosh@uleth.ca

Women Scholars' Speakers Series

Wednesday, Nov. 22, 7 to 9 p.m., Dr. Foster James Penny Building, 324 5 St. S.

Five faculty members will take up the challenge to use only the 1,000 most-used words to introduce their area of study, including Christine Clark, Dr. Elizabeth Galway, Dr. Habiba Kadiri, Dr. Darlene St. Georges and Dr. Amy Shaw. They will further discuss how they came to study in that area, using whatever words they want.

Contact – Josephine Mills, josephine.mills@uleth.ca

Dr. Alex Johnston Lecture Series — The Vast Green Ocean of Canada: Frontier in the National Imagination and the "National Interest"

Thursday, Nov. 23, 7 p.m., Lethbridge Public Library main branch

Dr. Claire Campbell, a history professor at Bucknell University in Lewisburg, Pennsylvania, is the author of *Nature, Place, and Story, Rethinking Historic Sites in Canada*. Campbell is interested in the environmental history of North America. In her new book, she discusses how national historic sites commemorate decisive moments in the making of Canada and how they are also artifacts of the occupation and transformation of nature into nation. This lecture series is presented in cooperation with the U of L, the Lethbridge Historical Society and the Lethbridge Public Library.
Contact – Jenny Oseen, 403-329-2551, oseejs@uleth.ca

Take Two Series: Exploring Indigenous Experiences

Thursday, Nov. 23, 3:30 p.m., Markin Hall Atrium

This session of Take Two presents two U of L researchers and professors in Native American Studies who take different approaches but seek to understand issues of identity and equity. Maura Hanrahan will discuss Indigenous health research and how it replicates and maintains the subordinate position of Métis in Canada's political landscape. Monique Giroux will talk about the 2017 revival of the opera *Louis Riel* and how it sought to address the original production's lack of Indigenous perspectives by adding a silent chorus and Métis artists. Giroux argues this revived version failed to amend Canada's legacy of marginalizing Métis people.

Contact – Rachel Clarke, 403-329-2431, rachel.clarke@uleth.ca

PUBLIC Professor — Global Climate Archives in Mud and Rock: the magnetic recorder is always on (somewhere)!

Thursday, Nov. 23, 7 to 9 p.m., Lethbridge Lodge, 320 Scenic Drive S.

Prepare to go 20,000 leagues under the sea with Dr. René Berendregt as he describes the ways geologists learned about global climate cycles by measuring the ocean sediment record. Berendregt is more interested in how these warmer and colder periods manifested on land. He uses sediment and rock sequences to learn more about the climate record and develop an archive of past climates. Berendregt will provide examples of these archives, talk about the natural variability in climates and how 7.5 billion people can affect that natural variability.

Contact – Catharine Reader, 403-382-7154, catharine.reader@uleth.ca

Beginner Community Oral History Workshop

Friday, Nov. 24, 9:30 a.m. to 4:30 p.m., Galt Museum & Archives

The U of L's Centre for Oral History and Tradition and the Galt Museum have teamed up to provide a full day workshop to anyone interested in doing an oral history project for their family or community. Workshop participants will learn the basics of preparation for an oral history project, including interviewing and transcribing.

Contact – Dr. Carol Williams, 403-380-1818, coht@uleth.ca

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