



For immediate release — Tuesday, October 10, 2017

## **University of Lethbridge highlights for the week of October 10 to 15**

The University of Lethbridge has several events lined up this week that may be of interest to your readers, viewers and listeners. Members of the media who are interested in covering these events are encouraged to contact the individual event organizer directly.

### **World Mental Health Day**

**Tuesday, Oct. 10, 10 a.m. to 3 p.m., Atrium, University Hall**

The U of L campus community is encouraged to wear purple in honour of World Mental Health Day. The Light Up Purple campaign was created in honour of Amanda Todd, a 15-year-old Canadian girl who committed suicide after being sexually exploited online and cyberbullied. The Student Success Centre will host a table in the Atrium with mental health resources, a Plinko game, a whiteboard campaign and ingredients to make a stress ball.

**Contact:** Kyra Gillert, 403-382-7123, [k.gillert@uleth.ca](mailto:k.gillert@uleth.ca)

### **Rough and Tumble Play**

**Wednesday, Oct. 11, 6:30 to 8 p.m., Theatre Gallery, Lethbridge Public Library, Main Branch**

Dr. Jeffrey MacCormack, a professor in the Faculty of Education and a core member of the Institute for Child and Youth Studies, will discuss the benefits and dangers of rough-and-tumble play in this talk hosted by The Lethbridge Early Years Coalition.

**Contact:** Victoria Holec, [victoria.holec@uleth.ca](mailto:victoria.holec@uleth.ca)

### **Fall 2017 Convocation**

**Saturday, Oct. 14, 10 a.m., 1st Choice Savings Centre**

The U of L will celebrate the accomplishments of its most recent graduates during fall convocation. During this year's ceremonies, the U of L will confer an honorary doctor of laws degree upon Buffy Sainte-Marie, singer-songwriter, activist, educator, visual artist and philanthropist.

**Contact:** Heather Fudge, [convocation@uleth.ca](mailto:convocation@uleth.ca)

**Contact:**

Caroline Zentner, public affairs advisor  
403-394-3975 or 403-795-5403 (cell)

[caroline.zentner@uleth.ca](mailto:caroline.zentner@uleth.ca)